

OCTOBER 2026

Sack Lunch – Meals on Wheels Northeast Ohio

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Roast Beef Sandwich
Pasta Salad
Fruit
Dessert
Juice

2 Cook's Choice

5 Egg Salad
3 Pkgs Ritz Crackers
Garden Cottage Cheese
Fruit
Juice
Dessert

6 Beef Bologna/Cheese Sandwich
Anthe's Bean Salad
Fruit
Juice
Dessert

7 PBJ Uncrustable
Cucumber Salad
Fruit
Dessert
Juice

8 Salami/Provolone Cheese Sandwich
Garbanzo Bean Salad
Fruit
Dessert
Juice

9 Cook's Choice

12 Slice Turkey/Cheese/ Wrap
Pickled Beet Salad
Fruit
Dessert
Juice

13 Chicken Salad Sandwich
Potato Salad
Fruit
Dessert
Juice

14 Sliced Ham/Swiss Cheese Wrap
Black Bean & Corn Salad
Fruit
Dessert
Juice

15 Roast Beef Sandwich
Pasta Salad
Fruit
Dessert
Juice

16 Cook's Choice

19 Egg Salad
3 Pkgs Ritz Crackers
Garden Cottage Cheese
Fruit
Juice
Dessert

20 Beef Bologna/Cheese Sandwich
Anthe's Bean Salad
Fruit
Juice
Dessert

21 PBJ Uncrustable
Cucumber Salad
Fruit
Dessert
Juice

22 Salami/Provolone Cheese Sandwich
Garbanzo Bean Salad
Fruit
Dessert
Juice

23 Cook's Choice

26 Slice Turkey/Cheese/ Wrap
Pickled Beet Salad
Fruit
Dessert
Juice

27 Chicken Salad Sandwich
Potato Salad
Fruit
Dessert
Juice

28 Sliced Ham/Swiss Cheese Wrap
Black Bean & Corn Salad
Fruit
Dessert
Juice

29 Roast Beef Sandwich
Pasta Salad
Fruit
Dessert
Juice

30 Cook's Choice

One sack lunch per week contains pork.

All Early, Alternate and Cook's Choice Sacks will be Pork Free

**If you do not wish to receive pork in your sack lunch please call two days in advance to request a hot meal or an Alt Sack lunch.
330-832-7220**