


June

2026

Traditional Wellness – Meals on Wheels Northeast Ohio

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Fried Rice Vegetable Spring Rolls/sweet & sour sauce Asian Blend Veg Juice Fruit Cocktail 01	Salisbury Steak w/MOW Mushroom Gravy over Mashed Potatoes Buttered Peas Dinner Roll Craisins 02	MOW Egg Salad/ Bite Size Naan (5) MOW Broccoli Salad MOW Macaroni Salad Juice Peaches 03	Pancakes/Sausage Link 2oz#/ SF Syrup MOW Baked Apples Juice Fruited Yogurt 04	MOW Roast Beef w/ Gravy over Mashed Potatoes Green Beans Dinner Roll Applesauce 05
Chicken Corn Dog w/Honey Mustard Loaded Mashed Potatoes # MOW Baked Beans# Fresh Fruit 08	MOW Sloppy Joe/Bun Potato Wedges Buttered Corn Juice MOW Cookie 09	Breaded Chicken Patty/Pickles/Bun Ranch Sauce Sliced Carrots Bean Medley Pineapple Tidbits 10	MOW BBQ Chicken Cheesy Vegetable Risotto Chef Cut Vegetable Juice Fruited Gelatin 11	Beef Hot Dog/Bun Hash Browns MOW Mexican Street Corn Juice Blueberry Lemon Cookie Bites 12
Chicken Fajita w/Onions/Peppers /Tortilla Yellow Rice Seasoned Black Beans Juice Fresh Fruit 15	Baked Penne w/MOW Meatsauce Carrots Italian Green Beans Tropical Fruit 16	Meatloaf w/ MOW Meatloaf Sauce over Mashed Potatoes Lima Beans Dinner Roll Raisins 17	MOW Chicken Alfredo over Cavatappi Broccoli MOW Glazed Carrots Fruited Fluff 18	CLOSED  19
Cheeseburger/Pickles/Tomato/Bun Baby Bakers Green Beans Vanilla Pudding 22	MOW Breakfast Casserole # Biscuit/Honey Warm Peaches Juice Animal Crackers 23	Grilled Chicken Breast Bun/Pickles Diced Carrots Bu Peas Mixed Fruit 24	Braut#/Bun Seasoned Potatoes Italian Blend Veggie Fresh Fruit 25	MOW Chicken Salad MOW Pasta Salad MOW Bean Salad 3 pkgs of Crackers Juice Tropical Fruit 26
Sweet & Tangy Meatballs # over Rice Zucchini Cauliflower Papaya 29	Philly Cheese Steak w/Peppers/onions/hotdog bun Broccoli Mixed Veggies Peaches 30			Sack lunch for Juneteenth will be: MOW Ham Salad# MOW Corn Relish MOW Garden Cottage Cheese 3 pkgs Ritz Crackers Peaches

MOW = Made from scratch menu items.

pork in recipe

All hot meals = No Added Salt

Entrée – 3oz
 Casserole/Soup 6oz or 8oz
 Fruit/Vegetable 4oz
 Milk – 8oz
 Dessert – 1 svg

Please call 2 working days in advance to cancel your meal

330-832-7220

Substitutions may be made due to availability

Nora Lagsdon, LD
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