

October

2025

Sack Lunch – Meals on Wheels Northeast Ohio -330-832-7220

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		Sliced turkey/Cheese Wrap Pickled Beet Salad Fruit Dessert Juice	Turkey Pastrami Sandwich Garbanzo Bean Salad Fruit Dessert Juice	Cook's Choice
Egg Salad 3 Pkgs Ritz Crackers Garden Cottage Cheese Fruit Juice Dessert	Beef Bologna/Cheese Sandwich Bean Salad Fruit Juice Dessert	Italian Meat Sandwich Coleslaw Fruit Dessert Juice	Roast Beef Sandwich Macaroni Salad Fruit Dessert Juice	Cook's Choice
Chicken Salad Sandwich Pea & Cheese Salad Fruit Dessert Juice	PBJ Uncrustable Potato Salad Fruit Dessert Juice	Sliced turkey/Cheese Wrap Pickled Beet Salad Fruit Dessert Juice	Turkey Pastrami Sandwich Garbanzo Bean Salad Fruit Dessert Juice	Cook's Choice
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If you need to cancel due to an appt, we can send you an early sack lunch the day before.

If you don't care for the hot meal of the day, instead of cancelling, call and ask for a sack lunch. You must call 2 business days in advance by 11am to make this change.

*Nora Logsdon, LD
Carla Winter, RD,LD*