## AUGUST 2025

Sack Lunch – Meals on Wheels Northeast Ohio – 330-832-7220

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY              |
|---|--|--|--|---------------------|
| <sup>2</sup> Egg Salad<br>3 Pkgs Ritz Crackers<br>Garden Cottage Chees<br>Fruit<br>Juice<br>Dessert | Beef Bologna/Cheese<br>Sandwich<br>& Bean Salad<br>Fruit<br>Juice<br>Dessert | Italian Meat Sandwich<br>Coleslaw<br>Fruit<br>Dessert<br>Juice                   | Roast Beef Sandwich<br>Macaroni Salad<br>Fruit<br>Dessert<br>Juice                       | 1 Cook's Choice     |
| 4 Chicken Salad Sandwid Pea & Cheese Salad Fruit Dessert Juice                                      | 5  | 6Sliced turkey/Cheese<br>Wrap<br>Pickled Beet Salad<br>Fruit<br>Dessert<br>Juice | <b>7</b> Turkey Pastrami<br>Sandwich<br>Garbanzo Bean Salad<br>Fruit<br>Dessert<br>Juice | 8<br>Cook's Choice  |
| Egg Salad<br>3 Pkgs Ritz Crackers<br>Garden Cottage Cheese<br>Fruit<br>Juice<br>Dessert             | Beef Bologna/Cheese<br>Sandwich  | Halian Meat Sandwich<br>Coleslaw<br>Fruit<br>Dessert<br>Juice                    | Call at 1  | 15 Cook's Choice    |
| Chicken Salad Sandwick<br>Pea & Cheese Salad<br>Fruit<br>Dessert<br>Juice                           | 19<br>PBJ Uncrustable<br>Potato Salad<br>Fruit<br>Dessert<br>Juice           | Slided turkey/Cheese<br>Wrap<br>Pickled Beet Salad<br>Fruit<br>Dessert<br>Juice  | 2Turkey Pastrami<br>Sandwich<br>Garbanzo Bean Salad<br>Fruit<br>Dessert<br>Juice         | 22 Cook's Choice    |
| Egg Salad<br>3 Pkgs Ritz Crackers<br>Garden Cottage Cheese<br>Fruit<br>Juice<br>Dessert             | Beef Bologna/Cheese<br>Sandwich  | Italian Meat Sandwich Coleslaw Fruit Dessert Juice                               |  | 29<br>Cook's Choice |

If you need to cancel due to an appt, we can send you an early sack lunch the day before. If you don't care for the hot meal of the day, instead of cancelling, call and ask for a sack lunch. You must call 2 business days in advance by 11am to make this change. Nora Logsdon, LD

Carla Winter, RD,LD