



FEBRUARY | 2025

Meals on Wheels Northeast Ohio 330-832-7220

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Fried Egg Patty /Sausage Links# (2) Cinnamon Peaches Juice Fruited Yogurt</p>	<p>4 MOW Tomato Soup Grilled Cheese Sandwich Juice Mandarin Oranges</p>	<p>5 Baked Ham/Pineapple Buttered Carrots Peas Juice Dinner Roll Blueberry Lemon Crisp cookies</p>	<p>6 Chicken Tenders w/dipping sauce Au gratin Potatoes California Blend Veg Dinner Roll Juice Lemon Cookie</p>	<p>7 Pulled Pork BBQ Sauce PKT Mashed Potatoes Green Beans Bun Fruited Gelatin</p>
<p>10 MOW Broccoli & Cheese Soup Beef Bologna Salad Bun Juice Applesauce</p>	<p>11 MOW Baked Chicken Thigh w/Mushroom Gravy Au gratin Potatoes 5 way Mixed Veggies Fresh Fruit</p>	<p>12 Meatloaf/MOW Sauce Diced Rosemary Garlic Potatoes Buttered Carrots Wheat Bread Pears</p>	<p>13 MOW Breaded Pork Chop Scalloped Potatoes Broccoli Wheat Bread Fruited Fluff</p>	<p>14 MOW Swedish Meatballs over Noodles Beets Peas Pineapple</p>
<p>17 MOW Cheesy Beef and Bow Ties Cauliflower Green Beans Juice MOW Choc Chip Cookie</p>	<p>18 Cheese Omelet Bacon Hashbrowns Apple Muffin Juice Baked Apples</p>	<p>19 MOW Sloppy Joe on Bun Cheesy Potatoes Corn O'Brien Juice Applesauce</p>	<p>20 MOW Ham & Bean Soup Corn Muffin Cottage Cheese Juice Tropical Fruit</p>	<p>21 Meatballs in Marinara Over Bowtie Pasta Italian Green Beans Cauliflower Juice Teddy Grahams</p>
<p>24 Smothered Beef Patty Stewed Tomatoes Wax Beans Juice Oatmeal Cookie</p>	<p>25 Salisbury Steak/Gravy Over Mashed Potatoes Cauliflower Dinner Roll Peaches</p>	<p>26 Swiss Steak w/Gravy Baby Bakers Broccoli White Bread Juice Animal Crackers</p>	<p>27 MOW Pizza Casserole #6oz Bean Medley Warm Peaches Juice Nutty Buddy Bar</p>	<p>28 MOW Chicken Pot Pie 8oz Biscuit Brussel Sprouts Tropical Fruit</p>

MOW = Made from scratch menu items.

pork in recipe

All hot meals = No Added Salt

Entrée – 3oz
Casserole/Soup 6oz or 8oz
Fruit/Vegetable 4oz
Milk – 8oz
Dessert – 1 svg

Please call 2 working days in advance to cancel your meal 330-832-7220

Substitutions may be made due to availability

Nora Logsdon, LD