



JANUARY | 2025

Meals on Wheels Northeast Ohio – 330-832-7220

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 AGENCY CLOSED 12.24.24 – 1.1.25

6 MOW Baked Chicken Thigh w/Mushroom Gravy
Augratin Potatoes
5 way Mixed Veggies
Fresh Fruit

7 Meatloaf/MOW Sauce
Diced Rosemary Garlic Potatoes
Buttered Carrots
Wheat Bread
Pears

8 MOW Breaded Pork Chop #
Scalloped Potatoes
Broccoli
Wheat Bread
Fruited Fluff

9 MOW Swedish Meatballs over
Noodles
Beets
Peas
Pineapple

10 MOW Cheesy Beef and Bow Ties
Cauliflower
Green Beans
Juice
MOW Choc Chip Cookie

13 Cheese Omelet
Bacon
Hashbrowns
Apple Muffin
Juice
Peaches

14 MOW Sloppy Joe on Bun
Cheesy Potatoes
Corn O'Brien
Juice
Applesauce

15 MOW Ham & Bean Soup #
Corn Muffin
Cottage Cheese
Juice
Tropical Fruit

16 Meatballs in Marinara Over Bowtie Pasta
Italian Green Beans
Cauliflower
Juice
Teddy Grahams

17 Smothered Beef Patty
Stewed Tomatoes
Wax Beans
Juice
Oatmeal Cookie

20 Closed



21 Salisbury Steak/Gravy Over Mashed Potatoes
Cauliflower
Dinner Roll
Juice
Baked Apples

22 Swiss Steak w/Gravy
Baby Bakers
Broccoli
White Bread
Juice
Animal Crackers

23 MOW Pizza Casserole #6oz
Bean Medley
Warm Peaches
Juice
Nutty Buddy Bar

24 MOW Chicken Pot Pie 8oz over Biscuit
Brussel Sprouts
Tropical Fruit

27 MOW Southwest Chicken
Chili 8oz
Cheese Crackers
Peaches
Juice

28 Polish Sausage#/Sauerkraut
Mashed Potatoes
Green Beans
Juice
Shortbread Cookie

29 MOW Stuffed Pepper Casserole
Carrots
Broccoli
Pears

30 Cheeseburger on Bun
Pickle Chips
Baked Beans #
Bean Medley
Juice
MOW Carnival Cookie

31 Ground Beef Taco/ Mild Salsa,
Cheese, guacamole
Hearty Grain Tortilla
Fiereroasted Black bean/Corn Veg
Juice

Peaches

MOW = Made from scratch menu items.

pork in recipe

All hot meals = No Added Salt

**Entrée – 3oz
Casserole/Soup 6oz
or 8oz
Fruit/Vegetable 4oz
Milk – 8oz
Dessert – 1 svg**

**Please call 2 working days in advance to cancel your meal
330-832-7220**

Substitutions may be made due to availability

Nora Logsdon, LD