

# Sack Lunch Ingredient List

## Bread

### Wheat Pullman

Wheat Flour, Water, Whole Wheat Flour, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following: Soybean Oil,

Salt, Wheat Gluten, Caramel Color, Sodium Stearoyl Lactylate, Calcium Sulfate, Ammonium Sulfate, Calcium Propionate

(Preservative), Monocalcium Phosphate, Corn Starch, Ascorbic Acid, Monoglycerides, Calcium Peroxide, Diammonium

Phosphate, Tricalcium Phosphate, Soy Lecithin.

CONTAINS: WHEAT, SOY

### Hamburg bun

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water,

High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Wheat Gluten,

Calcium Propionate (Preservative), Sodium Stearoyl Lactylate, Calcium Sulfate, Ammonium Sulfate, Monoglycerides,

Enzymes, Ascorbic Acid.

CONTAINS: WHEAT

### White bread

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup,

Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Calcium Sulfate, Calcium Propionate (Preservative), Monocalcium Phosphate,

Corn Starch, Ammonium Sulfate, Ascorbic Acid, Monoglycerides, Sodium Stearoyl Lactylate, Soy Lecithin.

CONTAINS: WHEAT, SOY

### Naan Mini Dippers

Enriched Wheat Flour (wheat Flour, Niacin, Reduced Iron, Ascorbic Acid Added As A Dough Conditioner, Thiamine Mononitrate, Riboflavin, Enzyme, Folic Acid), Water, Buttermilk (skim Milk, Dry Buttermilk, Bacterial Culture), Soybean And/or Canola Oil, Modified Wheat Starch, Cultured Wheat Flour, Sugar, Salt, Ghee (clarified Butter), Dextrose, Acacia, Leavening (sodium Acid Pyrophosphate, Sodium Bicarbonate), Yeast, Mono- And Diglycerides, Enzymes. Contains: Milk, wheat.

## Meat

Turkey Breast, Turkey Broth, Contains 2% Or Less of Salt, Dextrose, Potassium Lactate, Carrageenan, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite.

Turkey Breast, Turkey Broth, Honey, Salt, Brown Sugar, Potassium Lactate, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite.

Ital turkey combo, Ingredients: Turkey, Pepperoni Seasoning (corn Syrup, Spices (mustard), Paprika, Dextrose, Paprika Oleoresin, Garlic Powder, Spice Extractives, Smoke Flavoring), Water, Contains 2% Or Less Salt, Citric Acid, Dextrose, Carrageenan, Pepper, Sodium Nitrite.&#xd; &#xd; Ingredients: Turkey, Mechanically Separated Turkey, Water, Seasoning (dextrose, Corn Syrup Solids, Spices, Garlic Powder, Sodium Erythorbate), Contains 2% Or Less Salt, Natural Smoke Flavoring, Sodium Nitrite.&#xd; &#xd; &#xd; Ingredients: Turkey Thigh Meat, Water, Contains 2% Or Less Lite Salt (potassium Chloride, Sodium Chloride), Sugar, Sodium Phosphate, Salt, Carrageen

Turkey pastrami, Turkey Meat, Water, Seasoning (salt, Sugar, Spices, Sodium Erythorbate, Garlic Powder), Potassium Lactate, Sodium Phosphate, Sodium Diacetate, Sodium Nitrite.

Beef bologna, Beef, Water, Corn Syrup, Salt, Contains 2% Or Less Of: Flavorings, Beef Collagen, Sodium Propionate, Sodium Phosphate, Dextrose, Sodium Erythorbate, Extractives of Paprika, Sodium Nitrite.

Roast beef, Coated with Salt, Sugar, Dextrose, Caramel Color, Garlic Powder, Onion Powder, Spices. Ingredients: Beef, Water, Potassium Lactate, Isolated Soy Protein, Salt, Sodium Phosphates, Sugar, Sodium Diacetate, Flavoring. Contains: Soy

Bologna salad, beef bologna, Beef, Water, Corn Syrup, Salt, Contains 2% Or Less Of: Flavorings, Beef Collagen, Sodium Propionate, Sodium Phosphate, Dextrose, Sodium Erythorbate, Extractives Of Paprika, Sodium Nitrite. eggs, sweet pickle relish, Pickles, fructose, Vinegar, Water, Salt, Natural Flavors, Xanthan Gum, Calcium Chloride (firming Agent), Polysorbate 80, Sodium Benzoate (preservative), Fd&c Yellow #5 And Turmeric (for Color). Mayonnaise, Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Contains Less Than 2% Of High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium Edta Added To Protect Flavor, Garlic\*, Onion\*. \*dehydrated Contains: Egg.

Chicken or Turkey salad: Sysco reliance smoked: Turkey Breast, Turkey Broth, Contains 2% Or Less Of Salt, Dextrose, Potassium Lactate, Carrageenan, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite. Block and barrel imperial Turkey Breast, Turkey Broth, Honey, Salt, Brown Sugar, Potassium Lactate, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite. Smoked chicken, Made With Dark Meat Ingredients: Dark Chicken Meat, Water, Tomatoes (water, Tomato Paste), Seasoning (salt, Sugar, Spices, Dehydrated Garlic, Xanthan Gum, Mustard, Dehydrated Onion, Corn Syrup Solids, Paprika, Canola Oil, Chili Pepper, Lemon Juice Solids, Natural Flavors, Garlic

Powder), Chicken Fat, Sodium Phosphates, Rice Flour, Chicken Type Flavor (autolyzed Yeast Extract, Flavors, Salt, Chicken Fat), Chili Powder (chili Peppers, Flavoring), Curry Powder (spices, Turmeric).Egg, celery, onion, dill pickle, Vinegar, Salt, Spices, Xanthan Gum, Sodium Benzoate (preservative), Yellow 5, Potassium Sorbate (preservative), Polysorbate 80Eggs, celery, onion, sweet relish Pickle, fructose, Vinegar, Water, Salt, Natural Flavors, Xanthan Gum, Calcium Chloride (firming Agent), Polysorbate 80, Sodium Benzoate (preservative), Fd&c Yellow #5 And Turmeric (for Color).Dill relish: Cucumbers, Vinegar, Salt, Spices, Xanthan Gum, Sodium Benzoate (preservative), Yellow 5, Potassium Sorbate (preservative), Polysorbate 80Parsley, celery seed, whiter pepper, salt free Ingredients: Onion, Garlic, Spices (black Pepper, Parsley, Celery Seed, Basil, Bay Leaf, Marjoram, Mustard Seed, Rosemary, Sage, Oregano, Red Pepper, Savory, Thyme, Coriander Seed, Cumin), Orange Peel, Red Bell Pepper, Carrot, Corn Syrup Solids, Citric Acid, Lemon Juice Powder & Lemon Oil. Dried Onion, Garlic Powder, Black Pepper, Dried Carrot, Marjoram, Thyme, Rosemary, Savory, Sage, Oregano, And Basil lemon Juice Solids, Dried Orange Peel, Parsley, Tomato Powder, Citric Acid, Lemon Oil, Celery Seed, Basil, Bay Leaves, Marjoram, Oregano, Thyme, Savory, Cumin, Mustard Flour, Cayenne Pepper, Rosemary, Coriander. Yellow mustard: Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices. Salad dressing: Water, Soybean Oil, Distilled White Vinegar, High Fructose Corn Syrup, Modified Food Starch, Egg Yolks, Salt, Contains Less Than 2% Of Natural Flavor, Calcium Disodium Edta (to Preserve Flavor), Paprika. contains: Egg. Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Contains Less Than 2% Of High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium Edta Added to Protect Flavor, Garlic\*, Onion\*. \*dehydrated Contains: Egg.

Egg salad: Hard Cooked Eggs, Water. Citric Acid, Sodium Benzoate, Nisin Preparation (as Preservatives). contains: Eggs. Egg, celery, onion, dill pickle: Vinegar, Salt, Spices, Xanthan Gum, Sodium Benzoate (preservative), Yellow 5, Potassium Sorbate (preservative), Polysorbate 80

Eggs, celery, onion, sweet relish, Pickles, fructose, Vinegar, Water, Salt, Natural Flavors, Xanthan Gum, Calcium Chloride (firming Agent), Polysorbate 80, Sodium Benzoate (preservative), Fd&c Yellow #5 And Turmeric (for Color).

Dill relish: Cucumbers, Vinegar, Salt, Spices, Xanthan Gum, Sodium Benzoate (preservative), Yellow 5, Potassium Sorbate (preservative), Polysorbate 80

Parsley, celery seed, whiter pepper, salt free Ingredients: Onion, Garlic, Spices (black Pepper, Parsley, Celery Seed, Basil, Bay Leaf, Marjoram, Mustard Seed, Rosemary, Sage, Oregano, Red Pepper, Savory, Thyme, Coriander Seed, Cumin), Orange Peel, Red Bell Pepper, Carrot, Corn Syrup Solids, Citric Acid, Lemon Juice Powder & Lemon Oil.

Dried Onion, Garlic Powder, Black Pepper, Dried Carrot, Marjoram, Thyme, Rosemary, Savory, Sage, Oregano, And Basil

lemon Juice Solids, Dried Orange Peel, Parsley, Tomato Powder, Citric Acid, Lemon Oil, Celery Seed, Basil, Bay Leaves, Marjoram, Oregano, Thyme, Savory, Cumin, Mustard Flour, Cayenne Pepper, Rosemary, Coriander.

Yellow mustard: Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices.

Salad dressing: Water, Soybean Oil, Distilled White Vinegar, High Fructose Corn Syrup, Modified Food Starch, Egg Yolks, Salt, Contains Less Than 2% Of Natural Flavor, Calcium Disodium Edta (to Preserve Flavor), Paprika. contains: Egg.

Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Contains Less Than 2% Of High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium Edta Added To Protect Flavor, Garlic\*, Onion\*.  
\*dehydrated Contains: Egg.

### **Cheese**

Swiss, Pasteurized Part-skim Milk, Cheese Culture, Salt, Enzymes. contains: Milk.

American, Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid (preservative), Citric Acid, Enzymes, Soy Lecithin, Apo Carotenal And Beta Carotene (color). contains: Milk, Soy

Provolone, Pasteurized Milk, Cheese Culture, Salt, Enzymes. contains: Milk.

### **Sides**

Macaroni Salad: Cooked Macaroni (water, Durum Wheat Semolina [enriched With Iron {ferrous Sulfate} And B Vitamins {niacin, Thiamin Mononitrate, Riboflavin, Folic Acid}]), Mayonnaise (soybean Oil, Water, Egg Yolks, Vinegar, Salt), Sour Cream (milk, Cream, Sugar, Whey, Modified Corn Starch, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Calcium Sulfate, Locust Bean Gum, Cultures, Potassium Sorbate [preservative]), Water, Celery, Sugar, Cheddar Cheese (pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Color), Green Onion, Carrots, Salt, Mustard (water, Vinegar, Mustard Seed, Salt, Sugar, Turmeric, Paprika, Garlic Powder, Spices, Xanthan Gum, Annatto Extract Color, Natural Flavor, Citric Acid), Vinegar, Red Bell Pepper (bell Peppers, Water, Citric Acid), Natural Cultured Cream Flavor (cream, Salt, Cultures, Nonfat Dry Milk), Flavor (dextrose, Salt, Onion Powder, Disodium Inosinate), Flavoring (yeast Extract, Salt), Modified Corn Starch, Soybean Oil, Potassium Sorbate (preservative), Sodium Benzoate (preservative), Natural Flavor, Onion Powder, Xanthan Gum, Celery Seed, Oleoresin Paprika. Contains, egg, milk, wheat.

Coleslaw: Cabbage, Soybean Oil, Fructose, Sugar, Carrots, Contains Less Than 2% Of Egg Yolks (egg Yolks, Salt), High Fructose Corn Syrup, White Distilled Vinegar, Mustard (water, Distilled Vinegar, Mustard Seed, Salt, Spices), Salt, Pea Fiber, Erythorbic Acid (to Retain Color), Water, Potassium Sorbate (to Retard Spoilage), Natural Flavors, Sodium Acid Sulfate, Citric Acid, Xanthan Gum, Color (water, Yellow 5 And 6, Blue 1, Citric Acid, Sodium Benzoate [preservative]).

Potato salad: Cooked Red Skin Potato (red Skin Potato, Water), Mayonnaise (soybean Oil, Water, Egg Yolks, Vinegar, Salt), Onion, Water, Vinegar, Salt, Modified Corn Starch, Black Pepper, Dehydrated Parsley, Sugar, Potassium Sorbate (preservative), Sodium Benzoate (preservative), Xanthan Gum.  
Contains: Egg

Pasta salad: Cooked Enriched Tri-color Rotini (durum Wheat Semolina, Tomato Solids, Dried Spinach, Enriched With Iron, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Celery, Red Bell Pepper, Soybean Oil, Black Olives (olives, Water, Salt, Ferrous Gluconate Added To Stabilize Color), Carrots,

Vinegar, Olive Oil, Seasoning (sugar, Dehydrated Garlic, Dehydrated Onion, Autolyzed Yeast Extract, Dehydrated Bell Peppers, Spices), Salt, Burgundy Cooking Wine (wine, Salt, Potassium Sorbate [preservative], Potassium Metabisulfite [preservative]), Romano Cheese (pasteurized Part-skim Cow's Milk, Cheese Culture, Salt, Enzymes), Sugar, Xanthan Gum, Garlic Powder, Sodium Benzoate (preservative), Potassium Sorbate (preservative), Oregano, Basil, Dehydrated Parsley, Annatto Extract (color), Oleoresin Paprika. Contains, eggs, milk, wheat. Cooked Macaroni (semolina Wheat Flour [enriched With Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Egg White), Water, Red Pepper (red Sweet Pepper, Water, Citric Acid), Zucchini, Sugar, Celery, Vinegar, Carrots, Soybean Oil, Onion, Salt, Xanthan Gum, Modified Corn Starch, Potassium Sorbate (preservative), Sodium Benzoate (preservative), Garlic Powder, Celery Seed, Cooked Enriched Tri-color Rotini (durum Wheat Semolina, Tomato Solids, Dried Spinach, Enriched With Iron, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid). Contains, eggs, wheat.

Cottage cheese: Cultured Nonfat Milk, Milk, Cream, Contains Less Than 2% Of: Nonfat Milk, Whey, Salt, Maltodextrin, Guar Gum, Citric Acid, Carrageenan, Mono and Diglycerides, Locust Bean Gum, Natural Flavor, Potassium Sorbate and Carbon Dioxide (to Preserve Freshness), Vitamin A Palmitate, Enzyme. contains: Milk.

Bean salad: green beans, wax beans, kidney beans, carrots, lima beans, ital dressing, Water, Soybean Oil, Distilled Vinegar, Sugar, Salt, Contains Less Than 2% Of Garlic\*, Onion\*, Red Bell Pepper\*, Xanthan Gum, Lemon Juice Concentrate, Propylene Glycol Alginate, Spices, Oleoresin Turmeric & Annatto Extract and Oleoresin Paprika (color), Calcium Disodium Edta Added to Protect Flavor. \*dehydrated. Onion, celery, salt free, Ingredients: Dried Onion, Garlic Powder, Black Pepper, Dried Carrot, Lemon Juice Solids, Dried Orange Peel, Parsley, Tomato Powder, Citric Acid, Lemon Oil, Celery Seed, Basil, Bay Leaves, Marjoram, Oregano, Thyme, Savory, Cumin, Mustard Flour, Cayenne Pepper, Rosemary, Coriander.

Italian seasoning, Marjoram, Thyme, Rosemary, Savory, Sage, Oregano, And Basil, black pepper, celery seed, sugar

Pea and cheese salad: peas, mayonnaise, Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Contains Less Than 2% Of High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium Edta Added To Protect Flavor, Garlic\*, Onion\*. \*dehydrated Contains: Egg. Salad dressing, Water, Soybean Oil, Distilled White Vinegar, High Fructose Corn Syrup, Modified Food Starch, Egg Yolks, Salt, Contains Less Than 2% Of Natural Flavor, Calcium Disodium Edta (to Preserve Flavor), Paprika. contains: Egg. Cheddar Cheese (pasteurized Milk, Cheese Culture, Salt, Enzymes, Color Added), Potato Starch Added to Prevent Caking, Natamycin (a Natural Mold Inhibitor). Contains: Milk. Italian dressing, Water, Soybean Oil, Distilled Vinegar, Sugar, Salt, Contains Less Than 2% Of Garlic\*, Onion\*, Red Bell Pepper\*, Xanthan Gum, Lemon Juice Concentrate, Propylene Glycol Alginate, Spices, Oleoresin Turmeric & Annatto Extract and Oleoresin Paprika (color), Calcium Disodium Edta Added to Protect Flavor. \*dehydrated. Onion, celery, mustard, Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices. Eggs, Sweet relish: Pickles, fructose, Vinegar, Water, Salt, Natural Flavors, Xanthan Gum, Calcium Chloride (firming Agent), Polysorbate 80, Sodium Benzoate (preservative), Fd&c Yellow #5 And Turmeric (for Color).

Cucumber salad: cucumbers, onion, sugar, salad dressing: Water, Soybean Oil, Distilled White Vinegar, High Fructose Corn Syrup, Modified Food Starch, Egg Yolks, Salt, Contains Less Than 2% Of Natural Flavor, Calcium Disodium Edta (to Preserve Flavor), Paprika. contains: Egg.

Garbanzo bean salad: garbanzo beans, tomato, cucumber, red onion, Italian dressing, Water, Soybean Oil, Distilled Vinegar, Sugar, Salt, Contains Less Than 2% Of Garlic\*, Onion\*, Red Bell Pepper\*, Xanthan Gum, Lemon Juice Concentrate, Propylene Glycol Alginate, Spices, Oleoresin Turmeric & Annatto Extract and Oleoresin Paprika (color), Calcium Disodium Edta Added to Protect Flavor. \*dehydrated.

MOW Pasta salad: Spiral Garden Rotini: Semolina (wheat), Durum Flour (wheat), Spinach Powder, Niacin, Ferrous Sulfate (iron), Thiamin Mononitrate, Riboflavin, Folic Acid. Contains Wheat, celery, green peppers, onion, white pepper, ital season: Marjoram, Thyme, Rosemary, Savory, Sage, Oregano, And Basil. Salt free: Ingredients: Dried Onion, Garlic Powder, Black Pepper, Dried Carrot, Lemon Juice Solids, Dried Orange Peel, Parsley, Tomato Powder, Citric Acid, Lemon Oil, Celery Seed, Basil, Bay Leaves, Marjoram, Oregano, Thyme, Savory, Cumin, Mustard Flour, Cayenne Pepper, Rosemary, Coriander.

White sugar, vinegar: apple cider vinegar diluted with water to 5% acidity. Italian dressing: Water, Soybean Oil, Distilled Vinegar, Sugar, Salt, Contains Less Than 2% Of Garlic\*, Onion\*, Red Bell Pepper\*, Xanthan Gum, Lemon Juice Concentrate, Propylene Glycol Alginate, Spices, Oleoresin Turmeric & Annatto Extract and Oleoresin Paprika (color), Calcium Disodium Edta Added To Protect Flavor.

\*dehydrated Ranch dressing: Soybean Oil, Water, Distilled Vinegar, High Fructose Corn Syrup, Cultured Low fat Buttermilk, Salt, Contains Less Than 2% Of Nonfat Dry Milk, Egg Yolks, Mustard Seed, Garlic\*, Onion\*, Torula Yeast\*, Autolyzed Yeast Extract, Xanthan Gum, Sodium Benzoate (a Preservative), Calcium Disodium Edta Added to Protect Flavor, Polysorbate 60, Spice, Parsley\*, Lactic Acid, Disodium Inosinate & Disodium Guanylate. \*dehydrated Contains: Egg, Milk. Diced tomatoes, cucumbers, cheddar cheese: Cheddar Cheese (pasteurized Milk, Cheese Culture, Salt, Enzymes, Color Added), Potato Starch Added to Prevent Caking, Natamycin (a Natural Mold Inhibitor). Contains: Milk.

Kidney bean salad: Dark Red Kidney Beans, Water, Sugar, Salt, Calcium Chloride, Disodium Edta (to Preserve Color), celery, onion, sweet pickle relish: Pickles, fructose, Vinegar, Water, Salt, Natural Flavors, Xanthan Gum, Calcium Chloride (firming Agent), Polysorbate 80, Sodium Benzoate (preservative), Fd&c Yellow #5 And Turmeric (for Color). White pepper, mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Contains Less Than 2% Of High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium Edta Added to Protect Flavor, Garlic\*, Onion\*. \*dehydrated Contains: Egg.

#### Corn relish

Corn, white sugar, green pepper, onion, celery, dill relish: Cucumbers, Vinegar, Salt, Xanthan Gum, Sodium Benzoate (preservative), Yellow 5, Natural Flavors, Polysorbate 80. Sweet relish: Pickles, fructose, Vinegar, Water, Salt, Natural Flavors, Xanthan Gum, Calcium Chloride (firming Agent), Polysorbate 80, Sodium Benzoate (preservative), Fd&c Yellow #5 And Turmeric (for Color). Salt free: Dried Onion, Garlic Powder, Black Pepper, Dried Carrot, Lemon Juice Solids, Dried Orange Peel, Parsley, Tomato Powder, Citric Acid, Lemon Oil, Celery Seed, Basil, Bay Leaves, Marjoram, Oregano, Thyme, Savory, Cumin, Mustard Flour, Cayenne Pepper, Rosemary, Coriander. Black pepper, celery seed, garlic, parsley, Italian dressing: Water, Soybean Oil, Distilled Vinegar, Sugar, Salt, Contains Less Than 2% Of Garlic\*, Onion\*, Red Bell Pepper\*, Xanthan Gum, Lemon Juice Concentrate, Propylene Glycol Alginate, Spices, Oleoresin Turmeric & Annatto Extract and Oleoresin Paprika (color), Calcium Disodium Edta Added to Protect Flavor. \*dehydrated.

Beet salad: beets, water, salt. Onion, salt free: Dried Onion, Garlic Powder, Black Pepper, Dried Carrot, Lemon Juice Solids, Dried Orange Peel, Parsley, Tomato Powder, Citric Acid, Lemon Oil, Celery Seed,

Basil, Bay Leaves, Marjoram, Oregano, Thyme, Savory, Cumin, Mustard Flour, Cayenne Pepper, Rosemary, Coriander. Sugar, apple cider vinegar: Apple Cider Vinegar, Diluted with Water To 5% Acidity.

#### Black bean salad

Black beans, water, corn, fire roasted tomatoes: Fire Roasted Diced Tomatoes, Tomato Juice, Sea Salt, Citric Acid. Onion, green peppers, cilantro, cumin, Super sweet Corn, Black Beans, Poblano Peppers, Red Peppers, Red Onion, Oil Blend (olive Oil, Canola Oil), Sea Salt, Spices.

#### Carrot salad

Carrots, tomato soup: Tomato Puree (water, Tomato Paste), Wheat Flour, Sugar, Water, Contains Less Than 2% Of: Salt, Citric Acid, Ascorbic Acid (vitamin C), Flavoring, Celery Extract, Garlic Oil. Contains: Wheat. Celery, vinegar: Apple Cider Vinegar, Diluted with Water To 5% Acidity. Onion, green pepper, white sugar, mustard: Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices. Italian seasoning: Marjoram, Thyme, Rosemary, Savory, Sage, Oregano, And Basil. Black pepper, celery seed, Italian dressing: Water, Soybean Oil, Distilled Vinegar, Sugar, Salt, Contains Less Than 2% Of Garlic\*, Onion\*, Red Bell Pepper\*, Xanthan Gum, Lemon Juice Concentrate, Propylene Glycol Alginate, Spices, Oleoresin Turmeric & Annatto Extract and Oleoresin Paprika (color), Calcium Disodium Edta Added to Protect Flavor. \*dehydrated.

#### Fruit

Assorted prepackaged fruit

Fresh fruit in season

#### Cookie

Prepackaged cookies

All desserts on the ingredient list.