

NOVEMBER | 2024



MEALS ON WHEELS NORTHEAST OHIO – 330-832-7220

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28</p> 	<p>29</p>	<p>30</p>	<p>31</p>	<p>1 MOW Cheesy Chicken Broccoli Rice Casserole (8oz) MOW Warm Peaches Corn Muffin Juice Granola Bar</p>
<p>4 MOW Sweet & Sour Meatballs over Buttered Rice Cauliflower Diced Carrots MOW Reg/Uns Fruited Gelatin</p>	<p>5 Cavatappi w/MOW Meatsauce Green Beans Warm Applesauce Juice Brownie *Lorna Doones</p>	<p>6 MOW Popcorn Chicken Bowl Mashed Potatoes Corn/Gravy Dinner Roll Fruit Cocktail</p>	<p>7 MOW Loaded Baked Potato Soup # Peanut Butter Crackers MOW Pea & Cheese Salad Mandarin Oranges</p>	<p>8 MOW Italian Baked Chicken Thigh Rosemary Potatoes California Blend Vegetable Dinner Roll Applesauce</p>
<p>11 Salisbury Steak/ MOW Mushroom gravy Mashed Potatoes Mediterranean Blend Veg Wheat Bread Juice Blueberry Lemon Cookie Bites</p>	<p>12 Cheese Omelet Sausage Links# MOW Warm Peaches Blueberry Muffin Juice Fruited Yogurt</p>	<p>13 Breaded Chicken/Swiss Cheese Scalloped Potatoes German Blend Veg Applesauce</p>	<p>14 Pizza Burger Patty/Marinara Sauce Baby Bakers Italian Mixed Veg Dinner Roll Pears</p>	<p>15 MOW Macaroni & Cheese MOW Stewed Tomatoes San Fran Veg Blend Peaches</p>
<p>16 Meatloaf w/MOW Sauce Pierogies w/Sauteed Onions Brussel Sprouts Juice Fresh Fruit</p>	<p>17 MOW Sloppy Joe on Bun Augratin Potatoes 5 Way Mix Veg Fruited Fluff w/pineapple</p>	<p>18 MOW Sausage Gravy #over Biscuit Hashbrowns Baked Apples Juice Teddy Grahams</p>	<p>21 Enchilada Chicken Spanish Rice Fire Roasted Corn Juice Mandarin Oranges</p>	<p>22 Italian Sausage #//Marinara Sauce MOW Cheesy Potatoes Bu Green Beans Peaches</p>
<p>23 MOW BBQ Ranch Chicken Casserole Pacific Veg Blend Dinner Roll Juice Applesauce</p>	<p>24 Chicken Fried Beef Patty w/Country Gravy Peas Sliced Carrots Fruit Cocktail</p>	<p>25 Turkey W/Gravy Mashed Potatoes Green Bean Casserole Dinner Roll MOW Pumpkin Pudding</p>	<p>28 CLOSED</p> 	<p>29 CLOSED</p> 

MOW = Made from scratch menu items.

pork in recipe

* Diabetic meal = low sugar dessert

All hot meals = No Added Salt

**Entrée – 3oz
Casserole/Soup 6oz
or 8oz
Fruit/Vegetable 4oz
Milk – 8oz
Dessert – 1 svg**

**Please call 2 working days in advance to cancel your meal
330-832-7220**

Substitutions may be made due to availability

Nora Logsdon, LD