

2024 Fall Breakfast Menu Ingredient List

Cheese omelet/ sausage links/warm peaches/blueberry muffin/ juice/ fruited yogurt.

Cheese omelet: Egg Patty: Whole Eggs, Whey, Nonfat Milk, Pasteurized Cream Cheese (pasteurized Milk And Cream, Cheese Culture, Salt, Carob Bean Gum, Guar Gum And/or Xanthan Gum), Contains 2% Or Less Of The Following:vegetable Oil (corn And/or Soybean Oil), Modified Food Starch, Salt, Xanthan Gum, Guar Gum, Pepper, Natural Butter Flavor. filling: Cheddar Cheese (pasteurized Milk, Cheese Culture, Salt, Enzymes), Water, Milkfat, Whey, Enzyme Modified Cheese (pasteurized Milk, Water, Sodium Phosphate, Milkfat, Salt, Cheese Culture, Enzymes), Sodium Phosphate, Food Starch-modified, Salt, Lactic Acid, Sodium Alginate, Sorbic Acid (as A Preservative), Apocarotenal (color). contains: Eggs, Milk.

Sausage links: Pork, Water, Salt, Contains 2% Or Less Of: Sugar, Spices, Chili Pepper, Flavoring, smoke flavor.

Warm peaches: peaches, water, sugar, cinnamon.

Blueberry muffin: Enriched Bleached Flour (wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Blueberries, Water, Soybean Oil, Eggs, Nonfat Milk, Contains 2% Or Less Of The Following: Modified Corn Starch, Leavening (sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Salt, High Fructose Corn Syrup, Natural Flavors, Potassium Sorbate And Sodium Propionate (preservatives), Xanthan Gum. contains: Wheat, Egg, Milk.

Juice

Fruited yogurt

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Sausage gravy/biscuit/ hash browns/ baked apples/ juice/ teddy grahams

Sausage Gravy

Pork, water, contains 2% or less of: salt, sugar, spices, flavoring.

Margarine: Vegetable Oil Blend (palm Oil, Soybean Oil), Water, Contains 2% Or Less Of: Salt, Soybean Lecithin (soy), Vegetable Monoglycerides, Citric Acid (preservative), Beta Carotene (color), Natural Flavor And Vitamin A Palmitate Added. Contains: Soy.

Flour: Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. Contains: Wheat.

Onion

Milk: milk, vitamin D

Dash salt free: ***Dash Salt Free Seasoning: dried ONION, GARLIC, SPICES (BLACK PEPPER, PARSLEY, CELERY SEED, BASIL, BAY, MARJORAM, OREGANO, SAVORY, THYME, MUSTARD, CUMIN, ROSEMARY, CAYENNE PEPPER, CORIANDER, DRIED GARLIC, DRIED CARROTS, DRIED ORANGE PEEL, DRIED TOMATO, LEMON JUICE POWDER, CITRIC ACID, OIL OF LEMON.**

Beef base: * Low Sodium Beef Base (Roasted Beef with Juices, maltodextrin, beef stock, sugar, hydrolyzed soy, corn and wheat protein, onion powder, caramel color, hydrolyzed corn gluten protein, yeast extract, contains less than 2% of garlic powder, corn syrup solids, disodium insolate, disodium guanylate, salt, natural flavorings, oleoresin paprika, thiamine hydrochloride, beef fat(bha, propyl gallate, and citric acid added to improve stability), hydrolyzed wheat gluten protein. Contains Soy, Wheat.

Chicken base:

Roasted Chicken Dark Meat with Chicken Juices, Maltodextrin, Sugar, Chicken Fat, Salt, Hydrolyzed Corn Protein, Contains Less Than 2% Of Yeast Extract, Onion Powder, Turmeric, Flavorings, Disodium Inosinate, Disodium Guanylate, Natural Flavorings, Chicken Broth, Hydrolyzed Soy Protein, Caramel Color. Contains: Soy.

Biscuit:

Easy split Ingredients: Enriched Flour Bleached (wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Buttermilk, Sugar, Palm Kernel Oil, Calcium Acid Pyrophosphate, Baking Soda,

Salt, Sodium Aluminum Phosphate, Pectin, Natural And Artificial Flavor. Contains: milk, wheat.

Southern biscuit: Enriched Flour Bleached (wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Palm oil, Palm Kernel Oil, Sugar, Salt, Baking Soda , Buttermilk, Sodium Aluminum Phosphate, Sodium Acid Pyrophosphate, Nonfat Milk, Whey Protein Concentrate, Whey. Contains Wheat And Milk Ingredients.

Potato Hash Brown Diced Butter Crispy:

Ingredients: Potatoes, Enriched Wheat Flour (flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (contains One Or More Of The Following: Canola, Palm, Soybean, Sunflower), Salt, Modified Corn Starch, Spices, Corn Meal, Leavening (disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Garlic Powder, Onion Powder, Dried Yeast, Oleoresin Paprika. Contains: Wheat

Baked apples: apples, cinnamon

Juice

Teddy graham

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Egg patty/ sausage patty, O'Brien potatoes, warm peaches, wheat bread, raisins.

Peppered egg patty: Egg Whites, Egg Yolks, Soybean Oil, Water, Contains 2% Or Less of The Following: Modified Corn Starch, Black Pepper, Salt, Natural Butter Flavor, Cellulose Gum, Xanthan Gum, Citric Acid.

Sausage patty: Pork, Water, Contains 2% Or Less: Salt, Dextrose, Spices, Sugar, Natural Flavor, Corn Starch.

O'Brien pot: Potatoes, Red Bell Pepper, Onion, Green Bell Pepper, Olive Oil, Contains Less Than 2% Of Citric Acid, Dehydrated Garlic and Onion, Natural Flavors (including Grill and Smoke Flavors), Paprika, Salt, Sugar, Spices.

Warm peaches: peaches, water, sugar, cinnamon

Wheat bread:

Wheat Flour, Water, Whole Wheat Flour, High Fructose Corn Syrup, Yeast,
Contains 2% or less of the following:

Soybean Oil, Salt, Wheat Gluten, Caramel Color, Calcium Propionate
(Preservative), Sodium Stearoyl Lactylate,
Enzymes, Ascorbic Acid, Soy Lecithin.

CONTAINS: WHEAT, SOY

Raisins
