

Fall 2024

Sept-Nov

Salisbury steak/ mushroom gravy/ mashed pot/ Mediterranean Blend Veg/ wheat bread/ juice/ Blueberry lemon cookie

Salis: Mechanically Separated Chicken, Water, Beef, Vegetable Protein Product [soy Protein Concentrate, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (b1), Pyridoxine Hydrochloride (b6), Riboflavin (b2), Cyanocobalamin (b12)], Bleached Enriched Wheat Flour (wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin And Folic Acid), Seasoning [dehydrated Onion, Dextrose, Autolyzed Yeast Extract, Spice Extractive], Bread Crumbs [bleached Wheat Flour, Soybean Oil, Dextrose, Leavening (sodium Acid Pyrophosphate, Sodium Bicarbonate), Whey, Oleoresin Paprika], Bell Peppers, Salt, Sodium Phosphate, Caramel Color. Contains milk, wheat, soy.

Mashed pot: Ingredients: Gold Potatoes, Potatoes, Vegetable Oils (canola Oil, Palm Oil, And/or Sunflower Oil), Salt, Creamer (corn Syrup Solids, Canola Oil, Mono And Diglycerides, Milk Protein Concentrate), Contains 2% Or Less Of: Mono And Diglycerides, Colors (riboflavin, Titanium Dioxide, Annatto Extract), Whey, Butter (cream, Salt), Natural Flavors, Freshness Preserved With (sodium Bisulfite, Mixed Tocopherols, Sodium Acid Pyrophosphate, Bht, Citric Acid). Contains: Milk

Mushroom gravy: Mushrooms, Water, Salt, Citric Acid And Ascorbic Acid. Maltodextrin, Modified Cornstarch, Bleached Enriched Flour (wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Hydrolyzed Corn, Soy And Wheat Proteins, Cornstarch, Beef Fat (beef Fat, Tocopherol, Citric Acid), Whey, Onion Powder, 2% Or Less Of Caramel Color, Sugar, Soy Sauce (soybeans, Wheat, Salt), Xanthan Gum, Yeast Extract, Garlic Powder, Dextrose, Disodium Inosinate, Natural Flavors, Salt, Spices, Citric Acid, Disodium Guanylate. Contains: milk, soy, wheat.

Wheat Slices Ind Wrapped

Ingredients:

Wheat Flour, Water, Whole Wheat Flour, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following:

Soybean Oil, Salt, Wheat Gluten, Caramel Color, Calcium Propionate (Preservative), Sodium Stearoyl Lactylate,

Enzymes, Ascorbic Acid, Soy Lecithin.

CONTAINS: WHEAT, SOY

Pacific veg: Broccoli, carrots, yellow carrots, sugar snap peas.

Blueberry lemon cookie: Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Dextrose, Blueberry Flavored Bits (Sugar, Vegetable Oil [Palm, Palm Kernel], Enriched Wheat Flour [Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Natural Flavor, Malic Acid, Fruit and Vegetable Juice for Color, Soy Lecithin, Sodium Citrate), Soy Lecithin, Natural Flavor (Contains Milk), Soluble Corn Fiber, Applesauce (Apples, Ascorbic Acid), Salt, Baking Soda. COMMON ALLERGENS PRESENT: Milk, Soy, Wheat.

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**Cheese omelet/ sausage links/warm peaches/blueberry muffin/ juice/
fruited yogurt.**

Cheese omelet: Egg Patty: Whole Eggs, Whey, Nonfat Milk, Pasteurized Cream Cheese (pasteurized Milk And Cream, Cheese Culture, Salt, Carob Bean Gum, Guar Gum And/or Xanthan Gum), Contains 2% Or Less Of The Following:vegetable Oil (corn And/or Soybean Oil), Modified Food Starch, Salt, Xanthan Gum, Guar Gum, Pepper, Natural Butter Flavor. filling: Cheddar Cheese (pasteurized Milk, Cheese Culture, Salt, Enzymes), Water, Milkfat, Whey, Enzyme Modified Cheese (pasteurized Milk, Water, Sodium Phosphate, Milkfat, Salt, Cheese Culture, Enzymes), Sodium Phosphate, Food Starch-modified, Salt, Lactic Acid, Sodium Alginate, Sorbic Acid (as A Preservative), Apocarotenal (color). contains: Eggs, Milk.

Sausage links: Pork, Water, Salt, Contains 2% Or Less Of: Sugar, Spices, Chili Pepper, Flavoring, smoke flavor.

Warm peaches: peaches, water, sugar, cinnamon.

Blueberry muffin: Enriched Bleached Flour (wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Blueberries, Water, Soybean Oil, Eggs, Nonfat Milk, Contains 2% Or Less Of The Following: Modified Corn Starch, Leavening (sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Salt, High Fructose Corn Syrup, Natural Flavors, Potassium Sorbate And Sodium Propionate (preservatives), Xanthan Gum. contains: Wheat, Egg, Milk.

Juice

Fruited yogurt

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Breaded chicken patty/ swiss cheese/scalloped pot/ german blend veg/applesauce

Chicken patty: Boneless, Skinless Chicken Breast With Rib Meat, Water, Salt, Sodium Phosphates, Seasoning [flavors, Maltodextrin, Sugar, Salt, Vegetable Stock (carrot, Onion, Celery), Garlic Powder], Modified Food Starch. Breaded With: Bleached Wheat Flour, Water, Wheat Flour, Contains 2% Or Less Of: Dextrose, Disodium Inosinate And Disodium Guanylate, Extractives Of Paprika, Annatto, And Turmeric, Garlic Powder, Leavening (sodium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Leavening (sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Onion Powder, Salt, Spice, Sugar, Wheat Gluten, Yeast, Yeast Extract, Yellow Corn Flour. Breeding Set In Vegetable Oil.

Swiss: Pasteurized Part-skim Milk, Cheese Culture, Salt, Enzymes. contains: Milk.

Scalloped pot: Potatoes, Modified Food Starch, Whey, Lactose, Contains 2% Or Less Of: Corn Syrup Solids, Onion, Sunflower Oil, Potassium Chloride, Salt, Mono And Diglycerides, Color (annatto Extract), Cheddar Cheese (pasteurized Milk, Cultures, Salt, Enzymes), Cream Cheese (pasteurized Cream, Cheese Culture, Salt, Carob Bean Gum, Guar Gum), Dipotassium Phosphate, Garlic, Green Onion, Maltodextrin, Natural Flavor, Nonfat Milk, Soybean Oil, Spice, Yeast Extract, Freshness Preserved With (sodium Bisulfite). contains: Milk

German blend veg: Green beans, wax beans, carrots

Applesauce: Apples, Water, Ascorbic Acid (vitamin C) added (to Maintain Color).

Cinnamon applesauce: Apples, wager, cinnamon, ascorbic acid (vitamin c) and natural flavor.

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**Pizza burger patty/ marinara sauce/ baby bakers/ ital veg/ dinner roll/
pear**

Pattie Ingredients: Beef, Pasteurized Processed Mozzarella and American Cheese (Milk, Cheese Cultures, Salt Enzymes), Water, Cream Sodium Phosphates, Salt, Lactic Acid, and Sorbic Acid (Preservative), Powdered Cellulose (to Prevent Caking), Potassium Sorbate and/or Natamycin (preservatives). Water, soy protein concentrate (fortified with zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate(B1), pyridoxine hydrochloride(B6), riboflavin(B2), cyanocobalamin(B12)), ketchup (contains: tomato concentrate, high fructose corn syrup, distilled vinegar, corn syrup, salt, less than 2% of spice, onion powder, natural flavors.), dextrose, salt, spices, onion powder, paprika, garlic powder. Imported Parmesan Cheese (Contains: Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes), Powdered Cellulose, (Anti-Caking Agent). COMMON ALLERGENS PRESENT: Soy, Wheat.

Marinara: Tomato Puree (water, Tomato Paste), Diced Tomatoes, Less Than 2% Of: Soybean Oil, Salt, Sugar, Spice, Dried Garlic, Dried Onion, Natural Flavor, Olive Oil, Citric Acid.

Baby bakers: Potatoes, Olive Oil, Contains Less Than 2% Of Garlic Powder, Maltodextrin, Natural Flavor, Onion Powder, Salt, Spice, Sugar, Vinegar Powder (maltodextrin, Vinegar).

Italian veg blend: Zucchini, Carrots, Cauliflower, Italian Beans, Lima Beans

Dinner roll

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water,

High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Wheat Gluten,

Calcium Propionate (Preservative), Sodium Stearoyl Lactylate, Calcium Sulfate, Ammonium Sulfate, Monoglycerides,

Enzymes, Ascorbic Acid, Sesame Seeds.

CONTAINS: WHEAT, SESAME

IW Dinner Roll: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Corn Syrup, Wheat Gluten, Yeast, Soy Oil, Salt, Contains 2% or less of the following: Mono-Diglycerides, Calcium Sulfate, Monocalcium Phosphate, Calcium Propionate (A Preservative), Corn Flour, Spice Oils, (Paprika, Turmeric), Lecithin, Ammonium Sulfate, Enzyme, Ascorbic Acid, Soy Lecithin. CONTAINS: WHEAT, SOY

Pears



Macaroni & cheese/ Stewed tomatoes/ san fran veg blend/ peaches

MOW MACARONI & CHEESE: Macaroni Pasta (Durum Semolina, Niacin, Ferrous Sulfate (Iron), Thiamine Mononitrate, Riboflavin, Folic Acid.), Cheese Sauce

(Swiss Cheese (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES. CONTAINS: Milk.),

Cheddar Cheese (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, COLOR ADDED). POTATO STARCH ADDED TO PREVENT CAKING. NATAMYCIN (A NATURAL MOLD INHIBITOR) CONTAINS: Milk

Pepper Jack Cheese (Pasteurized milk, jalapeno peppers, cheese culture, salt, enzymes. COMMON ALLERGENS PRESENT: Milk

Grate Parmesan Cheese (Pasteurized part skim milk, cheese culture, salt, enzymes, potato starch, powdered cellulose added to prevent caking. CONTAINS: MILK

Colby Jack Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Color (in Colby Cheese). CONTAINS: Milk.

Dry Mustard, Egg Shade Food Coloring (Water, FD&C Yellow #5, Yellow #6, citric acid and sodium benzoate. White Pepper,

DASH Salt Free: dried ONION, GARLIC, SPICES (BLACK PEPPER, PARSLEY, CELERY SEED, BASIL, BAY, MARJORAM, OREGANO, SAVORY, THYME, MUSTARD, CUMIN, ROSEMARY, CAYENNE PEPPER, CORIANDER, DRIED GARLIC, DRIED CARROTS, DRIED ORANGE PEEL, DRIED TOMATO, LEMON JUICE POWDER, CITRIC ACID, OIL OF LEMON.

Chicken Soup Base (Roasted Chicken Dark Meat with Chicken Juices, Sugar, Maltodextrin, sugar, chicken fat, salt, hydrolyzed corn protein, contains less than 2% yeast extract, onion powder, turmeric, flavorings, disodium inosinate, disodium guanylate, natural flavorings, chicken broth, hydrolyzed soy protein, caramel color. Contains Soy.

Margarine: Vegetable Oil Blend (palm Oil, Soybean Oil), Water, contains 2% Or Less Of: Salt, Soybean Lecithin (soy), Vegetable Monoglycerides, Citric Acid (preservative), Beta Carotene (color), Natural Flavor and Vitamin A Palmitate Added. Contains: Soy.

Flour: Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. Contains: Wheat

Milk: milk, vitamin D

Stewed Tomatoes: Fire Roasted Diced Tomatoes, Tomato Juice, Sea Salt, Citric Acid.

***Dash Salt Free Seasoning: dried ONION, GARLIC, SPICES (BLACK PEPPER, PARSLEY, CELERY SEED, BASIL, BAY, MARJORAM, OREGANO, SAVORY, THYME, MUSTARD, CUMIN, ROSEMARY, CAYENNE PEPPER, CORIANDER, DRIED GARLIC, DRIED CARROTS, DRIED ORANGE PEEL, DRIED TOMATO, LEMON JUICE POWDER, CITRIC ACID, OIL OF LEMON.**

Low Sodium Beef (Roasted Beef with Juices, maltodextrin, beef stock, sugar, hydrolyzed soy, corn and wheat protein, onion powder, caramel color, hydrolyzed corn gluten protein, yeast extract, contains less than 2% of garlic powder, corn syrup solids, disodium insolate, disodium guanylate, salt, natural flavorings, oleoresin paprika, thiamine hydrochloride, beef fat(bha, propyl gallate, and citric acid added to improve stability), hydrolyzed wheat gluten protein. Contains Soy, Wheat.

Tomato Paste: vine ripened tomatoes, citric acid.

Celery, onions, green peppers, black pepper

Ital season: Marjoram, Thyme, Rosemary, Savory, Sage, Oregano, And Basil

Hot sauce: aged c cayenne red peppers, distilled vinegar, water, salt and garlic powder.

Granulated sugar, garlic powder

San Fran veg blend: Broccoli Florets, Yellow Carrots, Carrots, Red Pepper.

Peaches

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Meatloaf w/ sauce/ pierogis/sautéed onion/brussel sprouts/ juice/ oranges/ apples

Meatloaf: Beef, Water, Vegetable Protein Product [Soy Protein Concentrate, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Tomato Ketchup (Tomato Concentrate, Corn Syrup, Distilled Vinegar, Salt, Natural Flavorings, Onion Powder, Spice, Garlic Powder), Onions, Bread Crumbs [Bleached Wheat Flour, Soybean Oil, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Whey, Oleoresin Paprika], Bell Peppers, Seasoning (Dehydrated Onion, Dextrose, Autolyzed Yeast Extract, Spice Extractive), Salt, Dried Whole Eggs, Sodium Phosphate. **CONTAINS: Milk, Egg, Soy, Wheat**

MOW SPICY RED MEATLOAF SAUCE:

Fire Roasted Diced Tomatoes, Tomato Juice, Sea Salt, Citric Acid
Paste: Vine Ripened Tomatoes, Citric Acid.

Ketchup: Tomato concentrate from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, salt, spice, onion powder, natural flavoring.

Onion, green peppers

*Beef soup base: **(Roasted Beef with Juices, maltodextrin, beef stock, sugar, hydrolyzed soy, corn and wheat protein, onion powder, caramel color, hydrolyzed corn gluten protein, yeast extract, contains less than 2% of garlic powder, corn syrup solids, disodium insolate, disodium guanylate, salt, natural flavorings, oleoresin paprika, thiamine hydrochloride, beef fat(bha, propyl gallate, and citric acid added to improve stability), hydrolyzed wheat gluten protein. Contains Soy, Wheat.**

Garlic powder,

chili powder: Chile Pepper, Salt, Spices, Silicon Dioxide (added To Make Free Flowing), And Garlic.

Brown sugar: Brown Sugar (when Produced At Chalmette Or Crockett Facilities) sugar, Molasses (when Produced At South Bay Facility)

Pierogi: Water, Enriched Flour (wheat Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Potato Flakes (potatoes, Mono and Diglycerides, Sodium Acid Pyrophosphate, Citric Acid), Soybean Oil, Dehydrated Cheddar Cheese (cheddar Cheese [pasteurized Milk, Cheese Cultures, Salt, Enzymes], Disodium Phosphate), Salt, Onion, Natural Flavor, Eggs, Yeast Extract, Whey, Spice, Annatto and Turmeric (color) contains: Wheat, Soy, Milk, Egg. contains A Bioengineered Food Ingredient.

Onions

Margarine: Vegetable Oil Blend (palm Oil, Soybean Oil), Water, Contains 2% Or Less Of: Salt, Soybean Lecithin (soy), Vegetable Monoglycerides, Citric Acid (preservative), Beta Carotene (color), Natural Flavor And Vitamin A Palmitate Added. Contains: Soy.

Brussel sprouts

Juice

Apples/ oranges

Sloppy joe/ bun/ au gratin pot/ mixed veg/ pineapple fluff

Sloppy Joe: Sloppy Joe: ground beef, onions, green peppers, celery.

***Dash Salt Free Seasoning: dried ONION, GARLIC, SPICES (BLACK PEPPER, PARSLEY, CELERY SEED, BASIL, BAY, MARJORAM, OREGANO, SAVORY, THYME, MUSTARD, CUMIN, ROSEMARY, CAYENNE PEPPER, CORIANDER, DRIED GARLIC, DRIED CARROTS, DRIED ORANGE PEEL, DRIED TOMATO, LEMON JUICE POWDER, CITRIC ACID, OIL OF LEMON.**

Tomato Puree (Water, Tomato Paste), Citric Acid.

Hot Sauce, Ingredients: Aged Cayenne Red Peppers, Distilled Vinegar, Water, Salt & Garlic Powder.

Tomato Paste vine ripened tomatoes, citric acid.

Ketchup: Tomato concentrate from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, salt, spice, onion powder, natural flavoring.

brown sugar: Brown Sugar (when Produced at Chalmette Or Crockett Facilities) sugar, Molasses (when Produced at South Bay Facility)

black pepper.

yellow mustard: Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices.

* Low Sodium Beef Base (Roasted Beef with Juices, maltodextrin, beef stock, sugar, hydrolyzed soy, corn and wheat protein, onion powder, caramel color, hydrolyzed corn gluten protein, yeast extract, contains less than 2% of garlic powder, corn syrup solids, disodium insolate, disodium guanylate, salt, natural flavorings, oleoresin paprika, thiamine hydrochloride, beef fat(bha, propyl gallate, and citric acid added to improve stability), hydrolyzed wheat gluten protein. Contains Soy, Wheat.

Cider Vinegar: Apple Cider Vinegar, Diluted with Water To 5% Acidity

*Hamburg bun: Enriched wheat flour, wheat flour malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid, water, high fructose

corn syrup, yeast, wheat gluten, monoglycerides, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, calcium propionate, preservative, sodium stearoyl lactylate, calcium sulfate, calcium peroxide, diammonium phosphate, tricalcium phosphate. Contains wheat. Contains bioengineered food ingredient.

Au gratin Potato: Potatoes, Modified Food Starch, Whey, Maltodextrin, Onion, Potassium Chloride, Sugar, Sunflower Oil, Contains 2% Or Less Of: Natural Flavor, Salt, Colors (annatto Extract, Turmeric Extract), Mono And Diglycerides, Autolyzed Yeast Extract, Cheddar Cheese (pasteurized Milk, Cultures, Salt, Enzymes), Corn Syrup Solids, Green Onion, Nonfat Milk, Soybean Oil, Spices, Torcula Yeast, Freshness Preserved With (sodium Bisulfite). Contains: milk.

Mixed veg: Corn, Carrots, Peas, Green Beans, Lima Beans

Fruited fluff: Water, Maltitol Syrup, Hydrogenated Vegetable Oil (palm, Palm Kernel, Coconut And/or Cottonseed), Contains Less Than 2% Of The Following: *sodium Caseinate (a Milk Derivative), Natural Flavor, Maltodextrin, Polysorbate 60, Sorbian Monostearate, Guar Gum, Xanthan Gum, Colored With Turmeric And Annatto Extracts. *not A Source Of Lactose. Contains: Milk

Pineapple and pineapple juice.

Sausage gravy/biscuit/ hash browns/ baked apples/ juice/ teddy grahams

Sausage Gravy

Pork, water, contains 2% or less of: salt, sugar, spices, flavoring.

Margarine: Vegetable Oil Blend (palm Oil, Soybean Oil), Water, Contains 2% Or Less Of: Salt, Soybean Lecithin (soy), Vegetable Monoglycerides, Citric Acid (preservative), Beta Carotene (color), Natural Flavor And Vitamin A Palmitate Added. Contains: Soy.

Flour: Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. Contains: Wheat.

Onion

Milk: milk, vitamin D

Dash salt free: ***Dash Salt Free Seasoning: dried ONION, GARLIC, SPICES (BLACK PEPPER, PARSLEY, CELERY SEED, BASIL, BAY, MARJORAM, OREGANO, SAVORY, THYME, MUSTARD, CUMIN, ROSEMARY, CAYENNE PEPPER, CORIANDER, DRIED GARLIC, DRIED CARROTS, DRIED ORANGE PEEL, DRIED TOMATO, LEMON JUICE POWDER, CITRIC ACID, OIL OF LEMON.**

Beef base: * Low Sodium Beef Base (Roasted Beef with Juices, maltodextrin, beef stock, sugar, hydrolyzed soy, corn and wheat protein, onion powder, caramel color, hydrolyzed corn gluten protein, yeast extract, contains less than 2% of garlic powder, corn syrup solids, disodium insolate, disodium guanylate, salt, natural flavorings, oleoresin paprika, thiamine hydrochloride, beef fat(bha, propyl gallate, and citric acid added to improve stability), hydrolyzed wheat gluten protein. Contains Soy, Wheat.

Chicken base:

Roasted Chicken Dark Meat with Chicken Juices, Maltodextrin, Sugar, Chicken Fat, Salt, Hydrolyzed Corn Protein, Contains Less Than 2% Of Yeast Extract, Onion Powder, Turmeric, Flavorings, Disodium Inosinate, Disodium

Guanylate, Natural Flavorings, Chicken Broth, Hydrolyzed Soy Protein, Caramel Color. Contains: Soy.

Biscuit:

Easy split Ingredients: Enriched Flour Bleached (wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Buttermilk, Sugar, Palm Kernel Oil, Calcium Acid Pyrophosphate, Baking Soda, Salt, Sodium Aluminum Phosphate, Pectin, Natural And Artificial Flavor. Contains: milk, wheat.

Southern biscuit: Enriched Flour Bleached (wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Palm oil, Palm Kernel Oil, Sugar, Salt, Baking Soda , Buttermilk, Sodium Aluminum Phosphate, Sodium Acid Pyrophosphate, Nonfat Milk, Whey Protein Concentrate, Whey. Contains Wheat And Milk Ingredients.

Potato Hash Brown Diced Butter Crispy:

Ingredients: Potatoes, Enriched Wheat Flour (flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (contains One Or More Of The Following: Canola, Palm, Soybean, Sunflower), Salt, Modified Corn Starch, Spices, Corn Meal, Leavening (disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Garlic Powder, Onion Powder, Dried Yeast, Oleoresin Paprika. Contains: Wheat

Baked apples: apples, cinnamon

Juice

Teddy graham



Enchilada chicken/ Spanish rice/ fire roasted corn/ juice/ mandarin oranges

Chicken thigh

Enchilada sauce: Tomato Puree (water & Tomato Paste), Chili Powder, Distilled Vinegar, Modified Corn Starch, Canola Oil, Salt, Dehydrated Garlic, Sugar, Cumin, Citric Acid

Spanish rice: Enriched Long Grain Parboiled Rice, (enriched With Ferric Phosphate, Niacin, Thiamine Mononitrate And Folic Acid), Maltodextrin, Dehydrated Vegetables (tomato, Green Bell Pepper, Garlic, Onion, Chili Pepper), Sea Salt, Potassium Chloride, Sugar, Paprika, Citric Acid, Soybean Oil, Cooked Chicken Meat (bha, Propyl Gallate And Citric Acid Added To Protect Flavor), Disodium Inosinate And Disodium Guanylate.

Fire roasted corn: Super sweet Corn, Black Beans, Poblano Peppers, Red Peppers, Red Onion, Oil Blend (olive Oil, Canola Oil), Sea Salt, Spices.

Juice

Mandarin oranges

Ital sausage/ marinara sauce/ cheesy pot/ buttered green beans/ peaches

Italian Sausage: pork, green pepper, onion, water, spices, salt.

Marinara Sauce: Tomato Puree (water, Tomato Paste), Diced Tomatoes, Less Than 2% Of: Soybean Oil, Salt, Sugar, Spice, Dried Garlic, Dried Onion, Natural Flavor, Olive Oil, Citric Acid.

Cheesy Potatoes: Diced White Cooked Russet Skinless (Potatoes, Dextrose, Disodium Pyrophosphate (added To Maintain Color), Potassium Sorbate (added To Maintain Freshness)

Cream of chicken soup: Ingredients: Chicken Stock, Water, Vegetable Oil, Modified Food Starch, Wheat Flour, Cream (milk), Contains Less Than 2% Of: Salt, Chicken*, Soy Protein Concentrate, Chicken Fat, Yeast Extract, Beta Carotene (for Color), Chicken Broth*, Flavoring, Cane Sugar, Onions*, Cornstarch, Celery Extract, Onion Extract, Xanthan Gum. *dried. Contains: Wheat, Milk, Soy

Cheddar cheese sauce: Water, Vegetable Oil (contains One Or More Of The Following: High Oleic Canola Oil, High Oleic Sunflower Oil, Soybean Oil), Modified Food Starch, Cheddar Cheese (pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Extract [color]), Whey, Contains Less Than 2% Of Cornstarch, Salt, Cellulose Gum, Sodium Hexametaphosphate, Mono- And Diglycerides, Yeast Extract, natural Flavors, Lactic Acid, Sodium Hydroxide, Annatto Extract (color), Sodium Phosphate, Yellow 6. contains: Milk.

Sour Cream (Cultured Non-Fat Milk, Cream, Contains Less Than 2% Of Whey, Food Starch-modified (corn), Sodium Phosphate (sodium, Tripolyphosphate), Guar Gum, Carrageenan, Calcium Sulfate, Locust Bean Gum, Potassium Sorbate (preservative). Onion. **contains Milk**
Onions

Buttered green beans: Vegetable Oil Blend (palm Oil, Soybean Oil), Water, contains 2% Or Less Of: Salt, Soybean Lecithin (soy), Vegetable Monoglycerides, Citric Acid (preservative), Beta Carotene (color), Natural Flavor and Vitamin A Palmitate Added. Contains: Soy.

Peaches

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MOW BBQ ranch chicken casserole/ pacific blend veg/ dinner roll/ juice/ applesauce

BBQ Ranch Chicken Casserole

Chicken

Penne pasta: Durum wheat semolina, niacin, iron, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid. Contains wheat, may contain egg.

Bacon: Cured With: Water, Salt, Sodium Nitrite, Contains One Or More Of The Following: Sugar, Brown Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, Sodium Ascorbate, Apple Flavor (may Contain Water, Sugar, Dextrose, Natural Flavoring), Flavoring.

Cheddar cheese: Cheddar Cheese (pasteurized Milk, Cheese Culture, Salt, Enzymes, Color Added), Potato Starch Added To Prevent Caking, Natamycin (a Natural Mold Inhibitor). Contains: Milk

Corn

Fire roasted tomatoes: Fire Roasted Diced Tomatoes, Tomato Juice, Sea Salt, Citric Acid.

Green chilies: Green Chiles, Salt, Citric Acid, Calcium Chloride

Ranch Dressing: Soybean Oil, Water, Distilled Vinegar, High Fructose Corn Syrup, Cultured Low-fat Buttermilk, Salt, Contains Less Than 2% Of Nonfat Dry Milk, Egg Yolks, Mustard Seed, Garlic*, Onion*, Torula Yeast*, Autolyzed Yeast Extract, Xanthan Gum, Sodium Benzoate (a Preservative), Calcium Disodium Edta Added to Protect Flavor, Polysorbate 60, Spice, Parsley*, Lactic Acid, Disodium Inosinate & Disodium Guanylate.

*dehydrated Contains: Egg, Milk.

BBQ sauce: High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Modified Corn Starch, Contains Less Than 2% Of Salt, Pineapple Juice Concentrate, Natural Smoke Flavor, Spice, Caramel Color, Molasses, Sodium Benzoate (preservative), Garlic, * Mustard Flour, Corn Syrup, Sugar, Tamarind, Natural Flavor, Celery Seed. *dried

Onion

Pacific blend vegs: Broccoli, yellow carrots, carrots, sugar snap peas.

Dinner roll:

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid),
Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following:
Salt, Honey, Calcium Propionate (Preservative), Corn Flour, Spices (Turmeric & Paprika), Natural Flavors,
Sodium Stearoyl Lactylate, Calcium Sulfate, Ammonium Sulfate, Monoglycerides, Sorbic Acid, Diammonium
Phosphate, Calcium Peroxide, Tricalcium Phosphate, Ascorbic Acid, Sesame Seeds, Enzymes.
CONTAINS: Wheat, Sesame

Juice

applesauce

Chicken fried beef patty/ Country gravy/ peas/ sliced carrots/ fruit cocktail

Chicken fried beef patty: Beef, water, textured vegetable protein product [soy flour, soy protein concentrate, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin a palmitate, calcium pantothenate, thiamine mononitrate (b1), pyridoxine hydrochloride (b6), riboflavin (b2), cyanocobalamin (b12)], contains 2% or less of: salt, soy sauce powder [fermented soybeans and wheat, salt], sugar, maltodextrin, natural flavors, hydrolyzed vegetable protein [corn gluten, soy protein, wheat gluten], onions, sodium phosphate, spices, soybean oil, autolyzed yeast extract, safflower oil [added to reduce dusting], thiamine HCl, disodium inosinate and disodium guanylate, dextrose, extractive of paprika, nonfat dry milk, lactic acid. Breaded and battered with: enriched bleached wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, contains 2% or less of: dextrose, yellow corn flour, modified corn starch, salt, natural flavorings, leavening (sodium acid pyrophosphate, sodium bicarbonate), soybean oil, potato flour, caramel color, extractives of paprika, soy flour, spices, kosher gelatin, methylcellulose, guar gum. Set in vegetable oil. COMMON ALLERGENS PRESENT: Milk, Wheat, Soy.

Country gravy: Maltodextrin, Enriched Bleached Flour (wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Food Starch-modified, Palm Oil, Corn Syrup Solids, Salt Contains Allergens: Milk, Soy, Wheat contains Less Than 2%: Black Pepper, Chicken Fat, Bacon Fat, Chicken, Garlic, Spice, Sugar, Nonfat Milk, Natural Flavors, Soy Flour, Sodium Caseinate, Whey, Whey Protein Concentrate, Hydrolyzed Vegetable Protein (corn, Soy, And/or Wheat), Autolyzed Yeast Extract, Mono & Diglycerides, Turmeric, Disodium Guanylate, Disodium Inosinate. Contains: Wheat, Soy, Milk

Peas

Carrots

Fruit cocktail

Beef hot dog/ MOW Coney sauce/ bun/ cheesy pot/ baked beans/ juice/
reg and unsweetened fruited gelatin

Hot dog: Beef, Water, Contains 2% Or Less Of Salt, Spices, Sorbitol, Sodium Phosphates, Paprika, Sodium Erythorbate, Flavorings, Sodium Nitrite.

Coney sauce: ground beef, onions, green peppers, celery.

***Dash Salt Free Seasoning: dried ONION, GARLIC, SPICES (BLACK PEPPER, PARSLEY, CELERY SEED, BASIL, BAY, MARJORAM, OREGANO, SAVORY, THYME, MUSTARD, CUMIN, ROSEMARY, CAYENNE PEPPER, CORIANDER, DRIED GARLIC, DRIED CARROTS, DRIED ORANGE PEEL, DRIED TOMATO, LEMON JUICE POWDER, CITRIC ACID, OIL OF LEMON.**

Tomato Puree (Water, Tomato Paste), Citric Acid.

Hot Sauce, Ingredients: Aged Cayenne Red Peppers, Distilled Vinegar, Water, Salt & Garlic Powder.

Tomato Paste vine ripened tomatoes, citric acid.

Ketchup: Tomato concentrate from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, salt, spice, onion powder, natural flavoring.

brown sugar: Brown Sugar (when Produced at Chalmette Or Crockett Facilities) sugar, Molasses (when Produced at South Bay Facility)

black pepper.

yellow mustard: Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices.

* Low Sodium Beef Base (Roasted Beef with Juices, maltodextrin, beef stock, sugar, hydrolyzed soy, corn and wheat protein, onion powder, caramel color, hydrolyzed corn gluten protein, yeast extract, contains less than 2% of garlic powder, corn syrup solids, disodium insolate, disodium guanylate, salt, natural flavorings, oleoresin paprika, thiamine hydrochloride, beef fat(bha, propyl gallate, and citric acid added to improve stability), hydrolyzed wheat gluten protein. Contains Soy, Wheat.

Cider Vinegar: Apple Cider Vinegar, Diluted with Water To 5% Acidity

Hot dog bun:

Ingredients:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Wheat Gluten, Salt, Calcium Propionate (Preservative), Sodium Stearoyl Lactylate, Calcium Sulfate, Monoglycerides, Ammonium Sulfate, Enzymes, Ascorbic Acid, Sesame Seeds.

CONTAINS: WHEAT, SESAME

Cheesy pot: Diced White Cooked Russet Skinless (Potatoes, Dextrose, Disodium Pyrophosphate (added To Maintain Color), Potassium Sorbate (added To Maintain Freshness)

Cream of chicken soup: Ingredients: Chicken Stock, Water, Vegetable Oil, Modified Food Starch, Wheat Flour, Cream (milk), Contains Less Than 2% Of: Salt, Chicken*, Soy Protein Concentrate, Chicken Fat, Yeast Extract, Beta Carotene (for Color), Chicken Broth*, Flavoring, Cane Sugar, Onions*, Cornstarch, Celery Extract, Onion Extract, Xanthan Gum. *dried. Contains: Wheat, Milk, Soy

Cheddar cheese sauce: Water, Vegetable Oil (contains One Or More Of The Following: High Oleic Canola Oil, High Oleic Sunflower Oil, Soybean Oil), Modified Food Starch, Cheddar Cheese (pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Extract [color]), Whey, Contains Less Than 2% Of Cornstarch, Salt, Cellulose Gum, Sodium Hexametaphosphate, Mono- And Diglycerides, Yeast Extract, natural Flavors, Lactic Acid, Sodium Hydroxide, Annatto Extract (color), Sodium Phosphate, Yellow 6. contains: Milk.

Sour Cream (Cultured Non-Fat Milk, Cream, Contains Less Than 2% Of Whey, Food Starch-modified (corn), Sodium Phosphate (sodium, Tripolyphosphate), Guar Gum, Carrageenan, Calcium Sulfate, Locust Bean Gum, Potassium Sorbate (preservative). Onion. contains Milk

Baked beans: Prepared Great Northern Beans, Water, Salt, Calcium Chloride (firming Agent).

* Low Sodium Beef Base (Roasted Beef with Juices, maltodextrin, beef stock, sugar, hydrolyzed soy, corn and wheat protein, onion powder, caramel color, hydrolyzed corn gluten protein, yeast extract, contains less

than 2% of garlic powder, corn syrup solids, disodium insoluble, disodium guanylate, salt, natural flavorings, oleoresin paprika, thiamine hydrochloride, beef fat(bha, propyl gallate, and citric acid added to improve stability), hydrolyzed wheat gluten protein. Contains Soy, Wheat.

Bacon: Cured With: Water, Salt, Sodium Nitrite, Contains One Or More Of The Following: Sugar, Brown Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, Sodium Ascorbate, Apple Flavor (may Contain Water, Sugar, Dextrose, Natural Flavoring), Flavoring.

Onion

Honey

Molasses

Vinegar: Apple Cider Vinegar, Diluted with Water To 5% Acidity

Liquid smoke: Water 74%, Natural Hickory Smoke Concentrate 26%

Yellow mustard: Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices.

Hot sauce: **aged cayenne red peppers, distilled vinegar, water, salt and garlic powder.**

White pepper

Browning sauce: Caramel Color(sulfites), Water, Vegetable Base (water, Carrots, Celery, Cabbage, Onion, Parsley, Turnips, Parsnips), Less Than 2% Of: Spices, Salt, Sodium Benzoate as A Preservative

Ketchup: Tomato concentrate from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, salt, spice, onion powder, natural flavoring.

Brown sugar: (when Produced at Chalmette Or Crockett Facilities) sugar, Molasses (when Produced at South Bay Facility)

Fruited gelatin: Sugar, dextrose, gelatin, formic acid, disodium phosphate, sodium citrate, malic acid, citric acid, natural and artificial flavor, red 40, ascorbic acid (vitamin C), acesulfame potassium, red 40 lake, blue 1.

Pineapple, Papaya (red And Yellow), Water, Guava, Sugar, Passion Fruit

Juice from Concentrate (water, Passion Fruit Juice Concentrate), And Citric Acid.

Unsweetened fruited gelatin: gelatin, maltodextrin, formic acid, sodium citrate, malic acid, natural and artificial flavor, contains less than 2% of acesulfame potassium, red 40, sucralose, sorbitol*, fructose*, *adds a dietarily insignificant amount of sugar. Pineapple, Papaya (red And Yellow), Water, Guava, Sugar, Passion Fruit Juice From Concentrate (water, Passion Fruit Juice Concentrate), And Citric Acid.

Egg patty/ sausage patty, O'Brien potatoes, warm peaches, wheat bread, raisins.

Peppered egg patty: Egg Whites, Egg Yolks, Soybean Oil, Water, Contains 2% Or Less of The Following: Modified Corn Starch, Black Pepper, Salt, Natural Butter Flavor, Cellulose Gum, Xanthan Gum, Citric Acid.

Sausage patty: Pork, Water, Contains 2% Or Less: Salt, Dextrose, Spices, Sugar, Natural Flavor, Corn Starch.

O'Brien pot: Potatoes, Red Bell Pepper, Onion, Green Bell Pepper, Olive Oil, Contains Less Than 2% Of Citric Acid, Dehydrated Garlic and Onion, Natural Flavors (including Grill and Smoke Flavors), Paprika, Salt, Sugar, Spices.

Warm peaches: peaches, water, sugar, cinnamon

Wheat bread:

Wheat Flour, Water, Whole Wheat Flour, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following:

Soybean Oil, Salt, Wheat Gluten, Caramel Color, Calcium Propionate (Preservative), Sodium Stearoyl Lactylate,

Enzymes, Ascorbic Acid, Soy Lecithin.

CONTAINS: WHEAT, SOY

Raisins

Parmesan crusted chicken/ MOW cauliflower bake, beets, dinner roll/
pineapple.

Parmesan crusted chicken: Chicken

Italian bread crumbs: Wheat Flour (wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Vegetable Oil (high Oleic Safflower, High Oleic Soybean Oil, High Oleic Sunflower Oil, High Oleic Canola And/or Canola Oil). Contains Less Than 2% Of: Yeast, Sugar, Dried Parsley, Spice, Onion Powder, Natural Flavor, Paprika. Contains: wheat, milk.

Parmesan cheese: Pasteurized Part-skim Milk, Cheese Culture, Salt, Enzymes. Potato Starch, Powdered Cellulose Added To Prevent Caking. Contains: milk.

Cauliflower bake: cauliflower, Cheese Sauce:

(Swiss Cheese (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES. CONTAINS: Milk.),

Cheddar Cheese (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, COLOR ADDED). POTATO STARCH ADDED TO PREVENT CAKING. NATAMYCIN (A NATURAL MOLD INHIBITOR) CONTAINS: Milk

Pepper Jack Cheese (Pasteurized milk, jalapeno peppers, cheese culture, salt, enzymes. COMMON ALLERGENS PRESENT: Milk

Grate Parmesan Cheese (Pasteurized part skim milk, cheese culture, salt, enzymes, potato starch, powdered cellulose added to prevent caking. CONTAINS: MILK

Colby Jack Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Color (in Colby Cheese). CONTAINS: Milk.

Dry Mustard, Egg Shade Food Coloring (Water, FD&C Yellow #5, Yellow #6, citric acid and sodium benzoate. White Pepper,

DASH Salt Free: dried ONION, GARLIC, SPICES (BLACK PEPPER, PARSLEY, CELERY SEED, BASIL, BAY, MARJORAM, OREGANO, SAVORY, THYME,

MUSTARD, CUMIN, ROSEMARY, CAYENNE PEPPER, CORIANDER, DRIED GARLIC, DRIED CARROTS, DRIED ORANGE PEEL, DRIED TOMATO, LEMON JUICE POWDER, CITRIC ACID, OIL OF LEMON.

Chicken Soup Base (Roasted Chicken Dark Meat with Chicken Juices, Sugar, Maltodextrin, sugar, chicken fat, salt, hydrolyzed corn protein, contains less than 2% yeast extract, onion powder, turmeric, flavorings, disodium inosinate, disodium guanylate, natural flavorings, chicken broth, hydrolyzed soy protein, caramel color. Contains Soy.

Margarine: Vegetable Oil Blend (palm Oil, Soybean Oil), Water, contains 2% Or Less Of: Salt, Soybean Lecithin (soy), Vegetable Monoglycerides, Citric Acid (preservative), Beta Carotene (color), Natural Flavor and Vitamin A Palmitate Added. Contains: Soy.

Flour: Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. Contains: Wheat

Milk: milk, vitamin D

Italian bread crumbs: Wheat Flour (wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Vegetable Oil (high Oleic Safflower, High Oleic Soybean Oil, High Oleic Sunflower Oil, High Oleic Canola And/or Canola Oil). Contains Less Than 2% Of: Yeast, Sugar, Dried Parsley, Spice, Onion Powder, Natural Flavor, Paprika. Contains: wheat, milk. Margarine: Vegetable Oil Blend (palm Oil, Soybean Oil), Water, contains 2% Or Less Of: Salt, Soybean Lecithin (soy), Vegetable Monoglycerides, Citric Acid (preservative), Beta Carotene (color), Natural Flavor and Vitamin A Palmitate Added. Contains: Soy.

Beets

Dinner roll:

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Honey, Calcium Propionate (Preservative), Corn Flour, Spices (Turmeric & Paprika), Natural Flavors, Sodium Stearoyl Lactylate, Calcium Sulfate, Ammonium Sulfate, Monoglycerides, Sorbic Acid, Diammonium Phosphate, Calcium Peroxide, Tricalcium Phosphate, Ascorbic Acid, Sesame Seeds, Enzymes.								
CONTAINS: Wheat, Sesame								

Pineapple cup

MOW creamed chicken over biscuit/ sliced glazed carrots/ winter blend veg/ pears

Creamed chicken: chicken, Cream of chicken soup: Chicken Stock, Water, Vegetable Oil, Modified Food Starch, Wheat Flour, Cream (milk), Contains Less Than 2% Of: Salt, Chicken*, Soy Protein Concentrate, Chicken Fat, Yeast Extract, Beta Carotene (for Color), Chicken Broth*, Flavoring, Cane Sugar, Onions*, Cornstarch, Celery Extract, Onion Extract, Xanthan Gum. *dried. Contains: Wheat, Milk, Soy

Cream of mushroom soup: Water, Vegetable Oil (corn, Canola, And/or Soybean), Mushrooms, Modified Food Starch, Wheat Flour, Contains Less Than 2% Of: Salt, Cream (milk), Soy Protein Concentrate, Yeast Extract, Whey*, Garlic*, Flavoring. *dried Contains: Wheat, Milk, Soy

Milk: milk, vitamin D.

Onion

Celery

Biscuit: Easy split: Enriched Flour Bleached (wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Buttermilk, Sugar, Palm Kernel Oil, Calcium Acid Pyrophosphate, Baking Soda, Salt, Sodium Aluminum Phosphate, Pectin, Natural And Artificial Flavor. Contains Milk, wheat.

Southern: Enriched Flour Bleached (wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Palm Kernel Oil, Sugar, Salt, Baking Soda, Buttermilk, Sodium Aluminum Phosphate, Sodium Acid Pyrophosphate. Contains: milk, wheat.

Glazed carrots: carrots, brown sugar: Brown Sugar (when Produced At Chalmette Or Crockett Facilities) sugar, Molasses (when Produced At South Bay Facility)

Winter blend veg: broccoli, Cauliflower.Pears

MOW chili/ peanut butter and jelly uncrustable/ cottage cheese/ juice/ pineapple.

Chili: ground beef, onions, celery, green peppers,

Beef base: * Low Sodium Beef Base (Roasted Beef with Juices, maltodextrin, beef stock, sugar, hydrolyzed soy, corn and wheat protein, onion powder, caramel color, hydrolyzed corn gluten protein, yeast extract, contains less than 2% of garlic powder, corn syrup solids, disodium insolate, disodium guanylate, salt, natural flavorings, oleoresin paprika, thiamine hydrochloride, beef fat(bha, propyl gallate, and citric acid added to improve stability), hydrolyzed wheat gluten protein. Contains Soy, Wheat.

Kidney beans: Dark Red Kidney Beans, Water, Sugar, Salt, Calcium Chloride, Disodium Edta (to Preserve Color)

Fire roasted tomatoes: Fire Roasted Diced Tomatoes, Tomato Juice, Sea Salt, Citric Acid.

Tomato paste: Vine Ripened Tomatoes, Citric Acid.

Chili powder: Chile Pepper, Salt, Spices, Silicon Dioxide (added To Make Free Flowing), And Garlic.

Black pepper, cumin, white sugar

Hot sauce: Hot sauce: **aged cayenne red peppers, distilled vinegar, water, salt and garlic powder.**

Water.

Peanut and butter uncrustable

Cottage cheese: Cultured Nonfat Milk, Milk, Cream, Contains Less Than 2% Of: Nonfat Milk, Whey, Salt, Maltodextrin, Citric Acid, Carrageenan, Mono And Diglycerides, Locust Bean Gum, Guar Gum, Natural Flavors, Vitamin A Palmitate, Carbon Dioxide (to Preserve Freshness), Enzyme. contains: Milk.

JuicePineapple.

Sausage/ sauerkraut/ mashed pot/ peas/ dinner roll/ peaches.

Sausage: pork, green pepper, onion, water, spices, salt.

Sauerkraut: Cabbage, Water, Salt, Sodium Benzoate And Sodium Bisulfite (preservatives).

Mashed pot: Ingredients: Potatoes, Vegetable Oils (canola Oil, Palm Oil, And/or Sunflower Oil), Contains 2% Or Less Of: Salt, Potassium Chloride, Sodium Gluconate, Mono And Diglycerides, Colors (titanium Dioxide, Riboflavin), Natural And Artificial Flavor (milk), Butteroil, Freshness Preserved With (sodium Bisulfite, Bht, Sodium Acid Pyrophosphate, Citric Acid). Contains: Milk

Peas

Dinner roll:

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid),
Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following:
Salt, Honey, Calcium Propionate (Preservative), Corn Flour, Spices (Turmeric & Paprika), Natural Flavors,
Sodium Stearoyl Lactylate, Calcium Sulfate, Ammonium Sulfate, Monoglycerides, Sorbic Acid, Diammonium
Phosphate, Calcium Peroxide, Tricalcium Phosphate, Ascorbic Acid, Sesame Seeds, Enzymes.
CONTAINS: Wheat, Sesame

Peaches

MOW cheesy chicken broccoli rice casserole/ warm peaches/ corn muffin/
juice/ granola bar.

Cheesy chicken Casserole: **Cheese Sauce**

(Swiss Cheese (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES. CONTAINS: Milk.),

Cheddar Cheese (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, COLOR ADDED). POTATO STARCH ADDED TO PREVENT CAKING. NATAMYCIN (A NATURAL MOLD INHIBITOR) CONTAINS: Milk

Pepper Jack Cheese (Pasteurized milk, jalapeno peppers, cheese culture, salt, enzymes. COMMON ALLERGENS PRESENT: Milk

Grate Parmesan Cheese (Pasteurized part skim milk, cheese culture, salt, enzymes, potato starch, powdered cellulose added to prevent caking. CONTAINS: MILK

Colby Jack Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Color (in Colby Cheese). CONTAINS: Milk.

Dry Mustard, Egg Shade Food Coloring (Water, FD&C Yellow #5, Yellow #6, citric acid and sodium benzoate. White Pepper,

DASH Salt Free: dried ONION, GARLIC, SPICES (BLACK PEPPER, PARSLEY, CELERY SEED, BASIL, BAY, MARJORAM, OREGANO, SAVORY, THYME, MUSTARD, CUMIN, ROSEMARY, CAYENNE PEPPER, CORIANDER, DRIED GARLIC, DRIED CARROTS, DRIED ORANGE PEEL, DRIED TOMATO, LEMON JUICE POWDER, CITRIC ACID, OIL OF LEMON.

Chicken Soup Base (Roasted Chicken Dark Meat with Chicken Juices, Sugar, Maltodextrin, sugar, chicken fat, salt, hydrolyzed corn protein, contains less than 2% yeast extract, onion powder, turmeric, flavorings, disodium inosinate, disodium guanylate, natural flavorings, chicken broth, hydrolyzed soy protein, caramel color. Contains Soy.

Margarine: Vegetable Oil Blend (palm Oil, Soybean Oil), Water, contains 2% Or Less Of: Salt, Soybean Lecithin (soy), Vegetable Monoglycerides,

Citric Acid (preservative), Beta Carotene (color), Natural Flavor and Vitamin A Palmitate Added. Contains: Soy.

Flour: Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. Contains: Wheat

Milk: milk, vitamin D

Rice: Enriched Long Grain Parboiled Rice, Iron (ferric Orthophosphate), Niacin, Thiamine (thiamine Mononitrate) And Folic Acid

Broccoli cuts

Chicken

Bread crumbs: Wheat Flour (wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Vegetable Oil (high Oleic Safflower, High Oleic Soybean Oil, High Oleic Sunflower Oil, High Oleic Canola And/or Canola Oil). Contains Less Than 2% Of: Yeast, Sugar, Dried Parsley, Spice, Onion Powder, Natural Flavor, Paprika. Contains: milk, wheat.

Warm peaches: peaches, water sugar. Cinnamon.

Corn muffin: Enriched Bleached Flour (wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Water, Soybean Oil, Eggs, Corn Meal, Nonfat Dry Milk, Contains 2% Of The Following: Modified Corn Starch, Leavening (sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate,) Salt, High Fructose Corn Syrup, Natural Flavor, Sodium Propionate And Potassium Sorbate (preservatives), Xanthan Gum. Contains Wheat Egg Milk Soy.

Juice

Granola bar

MOW sweet and sour meatballs/ buttered rice/ cauliflower/ diced carrots/ reg and unsweetened fruited gelatin.

Sweet and sour meatballs :grape jelly: Concord Grape Juice (water, Concord Grape Juice Concentrate), High Fructose Corn Syrup, Corn Syrup, Contains Less Than 2% Of Fruit Pectin, Citric Acid, Sodium Citrate.

Chili sauce: Tomato Concentrate, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Less Than 2% Of: Dehydrated Onions, Spice, Natural Flavors.

Meatballs: Beef, Water, Seasoning (wheat Flour, Romano Cheese Made From Cow's Milk [pasteurized Milk, Cheese Cultures, Salt, Enzymes], Whole Egg, Salt, Onion Powder, Spices, Garlic Powder, Maltodextrin, Dried Parsley, Malt Extract), Textured Soy Flour (soy Flour, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate [b1], Pyridoxine Hydrochloride [b6], Riboflavin [b2], Cyanocobalamin [b12]), Soy Protein Concentrate, Eggs, Sodium Phosphate. Contains: Milk, Wheat, Soy, Eggs.

Rice: Enriched Long Grain Parboiled Rice, Iron (ferric Orthophosphate), Niacin, Thiamine (thiamine Mononitrate) And Folic Acid

Margarine: Vegetable Oil Blend (palm Oil, Soybean Oil), Water, Contains 2% Or Less Of: Salt, Soybean Lecithin (soy), Vegetable Monoglycerides, Citric Acid (preservative), Beta Carotene (color), Natural Flavor And Vitamin A Palmitate Added. Contains: Soy.

Cauliflower

Diced carrots

Fruited gelatin: Sugar, dextrose, gelatin, formic acid, disodium phosphate, sodium citrate, malic acid, citric acid, natural and artificial flavor, red 40, ascorbic acid (vitamin C), acesulfame potassium, red 40 lake, blue 1. Pineapple, Papaya (red And Yellow), Water, Guava, Sugar, Passion Fruit Juice from Concentrate (water, Passion Fruit Juice Concentrate), And Citric Acid.

Unsweetened fruited gelatin: gelatin, maltodextrin, fumaric acid, sodium citrate, malic acid, natural and artificial flavor, contains less than 2% of acesulfame potassium, red 40, sucralose, sorbitol*, fructose*, *adds a dietarily insignificant amount of sugar. Pineapple, Papaya (red And Yellow), Water, Guava, Sugar, Passion Fruit Juice From Concentrate (water, Passion Fruit Juice Concentrate), And Citric Acid.

Cavatappi with MOW meat sauce/ green beans/ warm applesauce/ juice/ brownie/ Lorna doones

Cavatappi: Semolina (wheat), Durum Wheat Flour, Vitamin B3 (niacin), Iron (ferrous Sulfate), Vitamin B1 (thiamine Mononitrate), Vitamin B2 (riboflavin), Folic Acid. Contains: wheat.

Meatsauce: ground beef, Beef base: * Low Sodium Beef Base (Roasted Beef with Juices, maltodextrin, beef stock, sugar, hydrolyzed soy, corn and wheat protein, onion powder, caramel color, hydrolyzed corn gluten protein, yeast extract, contains less than 2% of garlic powder, corn syrup solids, disodium insolate, disodium guanylate, salt, natural flavorings, oleoresin paprika, thiamine hydrochloride, beef fat(bha, propyl gallate, and citric acid added to improve stability), hydrolyzed wheat gluten protein. Contains Soy, Wheat.

Tomato paste: Vine Ripened Tomatoes, Citric Acid.

Tomato Puree (water, Tomato Paste), Citric Acid

Fire Roasted Diced Tomatoes, Tomato Juice, Sea Salt, Citric Acid.

Celery, onion, black pepper, parsley, oregano leaves, basil leaves, garlic powder, white sugar.

Parmesan cheese: Pasteurized Part-skim Milk, Cheese Culture, Salt, Enzymes. Potato Starch, Powdered Cellulose Added To Prevent Caking. Contains milk.

DASH Salt Free: dried ONION, GARLIC, SPICES (BLACK PEPPER, PARSLEY, CELERY SEED, BASIL, BAY, MARJORAM, OREGANO, SAVORY, THYME, MUSTARD, CUMIN, ROSEMARY, CAYENNE PEPPER, CORIANDER, DRIED GARLIC, DRIED CARROTS, DRIED ORANGE PEEL, DRIED TOMATO, LEMON JUICE POWDER, CITRIC ACID, OIL OF LEMON.

Italian seasoning: Marjoram, Thyme, Rosemary, Savory, Sage, Oregano, And Basil

Green beans: Green Beans, Water, Salt, And Zinc Chloride (stabilization Of Color).

Warm applesauce: Apples, Water, Ascorbic Acid (vitamin C) Or Erythorbic Acid (to Maintain Color). Cinnamon

Juice

Brownie, lorna doones

MOW popcorn chicken bowl/ mashed pot/ corn/ gravy/ dinner roll/ fruit cocktail.

Chicken: Boneless, Skinless Chicken Breast Chunks With Rib Meat, Chicken Broth, Bleached Wheat Flour, Modified Food Starch, Salt, Sodium Phosphates, Soy Protein Concentrate, Spices, Garlic Powder, Xanthan Gum, Natural Flavor, Oleoresin Paprika And Annatto. Breaded With: Bleached Wheat Flour, Water, Wheat Flour, Salt, Spices, Modified Food Starch, Wheat Gluten, Garlic Powder, Xanthan Gum, Extractives Of Paprika, Natural Flavors (spice Extractives), Oleoresin Paprika And Annatto. Breeding Set In Vegetable Oil. Contains: soy, wheat.

Gravy: Maltodextrin, Cornstarch, Hydrolyzed Corn And Wheat Proteins, Modified Cornstarch, Chicken Fat, Canola Oil, Corn Syrup Solids, Salt, 2% Or Less Of Soybean Oil, Yeast Extract, Sugar, Xanthan Gum, Sodium Caseinate (a Milk Derivative), Disodium Inosinate, Beta Carotene (color), Onion Powder, Spices, Disodium Guanylate, Dried Chicken Broth, Natural Flavors, Turmeric (color). Contains: milk, wheat.

Corn

Mashed pot Ingredients: Gold Potatoes, Potatoes, Vegetable Oils (canola Oil, Palm Oil, And/or Sunflower Oil), Salt, Creamer (corn Syrup Solids, Canola Oil, Mono And Diglycerides, Milk Protein Concentrate), Contains 2% Or Less Of: Mono And Diglycerides, Colors (riboflavin, Titanium Dioxide, Annatto Extract), Whey, Butter (cream, Salt), Natural Flavors, Freshness Preserved With (sodium Bisulfite, Mixed Tocopherols, Sodium Acid Pyrophosphate, Bht, Citric Acid). Contains: Milk

Cheese: Cheddar Cheese (pasteurized Milk, Cheese Culture, Salt, Enzymes, Color Added), Potato Starch Added To Prevent Caking, Natamycin (a Natural Mold Inhibitor). Contains: Milk

Dinner roll:

	Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid),					
	Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following:					
	Salt, Honey, Calcium Propionate (Preservative), Corn Flour, Spices (Turmeric & Paprika), Natural Flavors,					
	Sodium Stearoyl Lactylate, Calcium Sulfate, Ammonium Sulfate, Monoglycerides, Sorbic Acid, Diammonium					
	Phosphate, Calcium Peroxide, Tricalcium Phosphate, Ascorbic Acid, Sesame Seeds, Enzymes.					
	CONTAINS: Wheat, Sesame					

Fruit cocktail

Loaded baked pot soup/ peanut butter crackers/ MOW pea and cheese salad/ mandarin oranges.

Baked pot soup: diced Potatoes, Dextrose, Disodium Pyrophosphate (added To Maintain Color), Potassium Sorbate (added To Maintain Freshness)

Bacon: Cured With: Water, Salt, Sodium Nitrite, Contains One Or More Of The Following: Sugar, Brown Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, Sodium Ascorbate, Apple Flavor (may Contain Water, Sugar, Dextrose, Natural Flavoring), Flavoring.

Margarine: Vegetable Oil Blend (palm Oil, Soybean Oil), Water, Contains 2% Or Less Of: Salt, Soybean Lecithin (soy), Vegetable Monoglycerides, Citric Acid (preservative), Beta Carotene (color), Natural Flavor And Vitamin A Palmitate Added. Contains: Soy

Flour: Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. Contains: Wheat

Milk: vit D

Cheddar cheese cans: Water, Vegetable Oil (contains One Or More Of The Following: High Oleic Canola Oil, High Oleic Sunflower Oil, Soybean Oil), Modified Food Starch, Cheddar Cheese (pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Extract [color]), Whey, Contains Less Than 2% Of Cornstarch, Salt, Cellulose Gum, Sodium Hexametaphosphate, Mono- And Diglycerides, Yeast Extract, natural Flavors, Lactic Acid, Sodium Hydroxide, Annatto Extract (color), Sodium Phosphate, Yellow 6. contains: Milk.

Sour cream: Cultured Non Fat Milk, Cream, Contains Less Than 2% Of: Whey, Food Starch-modified (corn), Sodium Phosphate (sodium Tripolyphosphate), Guar Gum, Carrageenan, Calcium Sulfate, Locust Bean Gum, Potassium Sorbate (preservative). contains: Milk

Celery, carrots, garlic, white pepper, parsley, dried chives

Chicken Soup Base (Roasted Chicken Dark Meat with Chicken Juices, Sugar, Maltodextrin, sugar, chicken fat, salt, hydrolyzed corn protein, contains less than 2% yeast extract, onion powder, turmeric, flavorings,

disodium inosinate, disodium guanylate, natural flavorings, chicken broth, hydrolyzed soy protein, caramel color. Contains Soy.

DASH Salt Free: dried ONION, GARLIC, SPICES (BLACK PEPPER, PARSLEY, CELERY SEED, BASIL, BAY, MARJORAM, OREGANO, SAVORY, THYME, MUSTARD, CUMIN, ROSEMARY, CAYENNE PEPPER, CORIANDER, DRIED GARLIC, DRIED CARROTS, DRIED ORANGE PEEL, DRIED TOMATO, LEMON JUICE POWDER, CITRIC ACID, OIL OF LEMON.

Peanut butter crackers

Pea and cheese salad: peas, onions, celery

Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Contains Less Than 2% Of High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium Edta Added To Protect Flavor, Garlic*, Onion*. *dehydrated
Contains: Egg.

Salad dressing: Water, Soybean Oil, Distilled White Vinegar, High Fructose Corn Syrup, Modified Food Starch, Egg Yolks, Salt, Contains Less Than 2% Of Natural Flavor, Calcium Disodium Edta (to Preserve Flavor), Paprika.
contains: Egg.

Cheese: Cheddar Cheese (pasteurized Milk, Cheese Culture, Salt, Enzymes, Color Added), Potato Starch Added To Prevent Caking, Natamycin (a Natural Mold Inhibitor). Contains: Milk

Italian dressing: Water, Soybean Oil, Distilled Vinegar, Sugar, Salt, Contains Less Than 2% Of Garlic*, Onion*, Red Bell Pepper*, Xanthan Gum, Lemon Juice Concentrate, Propylene Glycol Alginate, Spices, Oleoresin Turmeric & Annatto Extract And Oleoresin Paprika (color), Calcium Disodium Edta Added To Protect Flavor. *dehydrated

Mustard: water, vinegar, mustard seed, salt, turmeric, spices.

Eggs: Hard Cooked Eggs, Water. Citric Acid, Sodium Benzoate, Nisin Preparation (as Preservatives). contains: Eggs.

Sweet pickle relish: Pickles, fructose, Vinegar, Water, Salt, Natural Flavors, Xanthan Gum, Calcium Chloride (firming Agent), Polysorbate 80, Sodium Benzoate (preservative), Fd&c Yellow #5 And Turmeric (for Color).

Mandarin oranges

Turkey with gravy/ mashed potatoes/ green beans casserole/ dinner roll/ mow pumpkin pudding.

Turkey: Contains Up To 15% Of A Solution Of Turkey Broth, Salt, Sugar, Sodium Phosphate.

Gravy: Maltodextrin, Cornstarch, Whey, Dried Cooked Mechanically Separated Chicken, Modified Cornstarch, Hydrolyzed Soy, Corn And Wheat Proteins, 2% Or Less Of Soybean Oil, Onion Powder, Xanthan Gum, Yeast Extract, Disodium Inosinate And Disodium Guanylate, Sodium Caseinate (a Milk Derivative), Natural Flavors, Beta Carotene (color), Lactic Acid, Spices, Sugar, Turmeric (color), Butter Flavor (whey, Enzyme Modified Butter Oil & Dehydrated Butter, Corn Syrup Solids, Salt, Guar Gum, Annatto & Turmeric [color]), Dextrose, Salt. Contains: milk, soy, wheat.

Mashed pot: Ingredients: Gold Potatoes, Potatoes, Vegetable Oils (canola Oil, Palm Oil, And/or Sunflower Oil), Salt, Creamer (corn Syrup Solids, Canola Oil, Mono And Diglycerides, Milk Protein Concentrate), Contains 2% Or Less Of: Mono And Diglycerides, Colors (riboflavin, Titanium Dioxide, Annatto Extract), Whey, Butter (cream, Salt), Natural Flavors, Freshness Preserved With (sodium Bisulfite, Mixed Tocopherols, Sodium Acid Pyrophosphate, Bht, Citric Acid). Contains: Milk

Dinner roll:

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid),						
Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following:						
Salt, Honey, Calcium Propionate (Preservative), Corn Flour, Spices (Turmeric & Paprika), Natural Flavors,						
Sodium Stearoyl Lactylate, Calcium Sulfate, Ammonium Sulfate, Monoglycerides, Sorbic Acid, Diammonium						
Phosphate, Calcium Peroxide, Tricalcium Phosphate, Ascorbic Acid, Sesame Seeds, Enzymes.						
CONTAINS: Wheat, Sesame						

Green bean Casserole: Green Beans, Water, Salt, And Zinc Chloride (stabilization Of Color)., cream of mushroom soup: Water, Vegetable Oil (corn, Canola, And/or Soybean), Mushrooms, Modified Food Starch, Wheat Flour, Contains Less Than 2% Of: Salt, Cream (milk), Soy Protein Concentrate, Yeast Extract, Whey*, Garlic*, Flavoring. *dried Contains: Wheat, Milk, Soy, French fried onions: Onions, Palm Oil, Wheat Flour, Dextrose & Salt. Contains Milk

**MOW PUMPKIN PUDDING: DEXTROSE, SUGAR, MODIFIED FOOD STARCH,
LESS THAN 2% OF DISODIUM PHOSPHATE, TETRASODIUM
PYROPHOSPHATE, TRICALCIUM PHOSPHATE, NATURAL AND ARTIFICIAL
FLAVOR, SALT, XANTHAN GUM, NONFAT DRY MILK, MONO AND
DIGLYCERIDES, YELLOW 5, YELLOW 6. Contains MilkAllergens &
WarningsCONTAINS: MILK,PUMPKIN,2% MILK**

MOW Italian baked chicken thigh/ rosemary pot/ California blend veg/ dinner roll/ applesauce.

Chicken thigh, ital dressing: Water, Soybean Oil, Distilled Vinegar, Sugar, Salt, Contains Less Than 2% Of Garlic*, Onion*, Red Bell Pepper*, Xanthan Gum, Lemon Juice Concentrate, Propylene Glycol Alginate, Spices, Oleoresin Turmeric & Annatto Extract And Oleoresin Paprika (color), Calcium Disodium Edta Added To Protect Flavor. *dehydrated

Rosemary pot: Redskin Potatoes, Olive Oil, Dextrose, Contains Less Than 2% Of Citric Acid, Dehydrated Garlic, Deyhydrated Onion, Natural Flavors, Paprika Oleoresin Color, Salt, Spices (including Rosemary), Sugar, Torula Yeast, Turmeric Oleoresin Color, Yeast Extract.

California lend veg: broccoli, cauliflower, carrots.

Dinner roll:

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid),
Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following:
Salt, Honey, Calcium Propionate (Preservative), Corn Flour, Spices (Turmeric & Paprika), Natural Flavors,
Sodium Stearoyl Lactylate, Calcium Sulfate, Ammonium Sulfate, Monoglycerides, Sorbic Acid, Diammonium
Phosphate, Calcium Peroxide, Tricalcium Phosphate, Ascorbic Acid, Sesame Seeds, Enzymes.
CONTAINS: W heat, Sesame

Applesauce
