

# SEPTEMBER | 2024

MEALS ON WHEELS NORTHEAST OHIO – 330-832-7220




## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<p><b>2</b> SITES CLOSED</p> <p><b>LABOR DAY</b></p>	<p><b>3</b> Breaded Chicken/Swiss Cheese Scalloped Potatoes German Blend Veg Applesauce</p>	<p><b>4</b> Salisbury Steak/ MOW Mushroom gravy Mashed Potatoes Mediterranean Blend Veg Wheat Bread Juice Blueberry Lemon Cookie Bites</p>	<p><b>5</b> Cheese Omelet Sausage Links# MOW Warm Peaches Blueberry Muffin Juice Fruited Yogurt</p>	<p><b>6</b> NEW ITEM Pizza Burger Patty/Marinara Sauce Baby Bakers Italian Mixed Veg Dinner Roll Pears</p>
<p><b>9</b> MOW Macaroni &amp; Cheese MOW Stewed Tomatoes San Fran Veg Blend Peaches</p>	<p><b>10</b> Meatloaf w/MOW Sauce Pierogies w/Sauteed Onions Brussel Sprouts Juice Fresh Fruit</p>	<p><b>11</b> MOW Sloppy Joe on Bun Augratin Potatoes 5 Way Mix Veg Fruited Fluff</p>	<p><b>12</b> MOW Sausage Gravy #over Biscuit Hashbrowns Baked Apples Juice Teddy Grahams</p>	<p><b>13</b> Enchilada Chicken Spanish Rice Fire Roasted Corn Juice Mandarin Oranges</p>
<p><b>16</b> Italian Sausage #//Marinara Sauce MOW Cheesy Potatoes Bu Green Beans Peaches</p>	<p><b>17</b> MOW BBQ Ranch Chicken Casserole Pacific Veg Blend Dinner Roll Juice Applesauce</p>	<p><b>18</b> NEW ITEM Chicken Fried Beef Patty w/Country Gravy Peas Sliced Carrots Fruit Cocktail</p>	<p><b>19</b> Beef Hot Dog/MOW Coney Sauce/Bun Cheesy Potatoes Baked Beans Reg/Uns Fruited Gelatin</p>	<p><b>20</b> Egg Patty/Sausage Patty O'Brien Potatoes Warm Peaches Wheat Bread Raisins</p>
<p><b>28</b> MOW Parmesan Crusted Chicken MOW Cauliflower Bake Beets Dinner Roll Pineapple</p>	<p><b>24</b> MOW Creamed Chicken over Biscuit Sliced Glazed Carrots Winter Blend Veg Pears</p>	<p><b>25</b> MOW Chili Peanut Butter/Jelly Uncrustable Cottage Cheese Juice Pineapple</p>	<p><b>26</b> Sausage# /Sauerkraut Mashed Potatoes Peas Dinner Roll Peaches</p>	<p><b>27</b> MOW Cheesy Chicken Broccoli Rice Casserole (8oz) MOW Warm Peaches Corn Muffin Juice Granola Bar</p>
<p><b>30</b> MOW Sweet &amp; Sour Meatballs over Buttered Rice Cauliflower Diced Carrots MOW Reg/Uns Fruited Gelatin</p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>	<p><b>4</b></p> 

**Please call 2 working days in advance to cancel your meal 330-832-7220**

**MOW** = Made from scratch menu items.

# pork in recipe

\* Diabetic meal = low sugar dessert

All hot meals = No Added Salt

**Entrée – 3oz  
Casserole/Soup 6oz  
or 8oz  
Fruit/Vegetable 4oz  
Milk – 8oz  
Dessert – 1 svg**

Substitutions may be made due to availability

*Nora Logsdon, LD*