

## Meals On Wheels Summer 2024

### Ingredient List

Chicken fried rice: Boneless, Skinless Chicken Breast Chunks With Rib Meat, Chicken Broth, Bleached Wheat Flour, Modified Food Starch, Salt, Sodium Phosphates, Soy Protein Concentrate, Spices, Garlic Powder, Xanthan Gum, Natural Flavor, Oleoresin Paprika And Annatto. Breaded With: Bleached Wheat Flour, Water, Wheat Flour, Salt, Spices, Modified Food Starch, Wheat Gluten, Garlic Powder, Xanthan Gum, Extractives Of Paprika, Natural Flavors (spice Extractives), Oleoresin Paprika And Annatto. Breeding Set In Vegetable Oil. Contains: Soy, wheat.

Vegetable fried rice: Ingredients: Cooked Brown Rice, Carrots, Peas, Corn, Seasoning (maltodextrin, Soy Sauce Powder [soy Sauce {wheat, Soybeans, Salt}, Maltodextrin, Salt], Salt, Garlic Powder, Powdered Cellulose, Caramel Color, Onion Powder, Sugar, Vinegar Powder [maltodextrin, Modified Food Starch, Vinegar], Yeast Extract, Modified Food Starch, Spice, Lactic Acid, Canola Oil, Toasted Sesame Oil), Soybean Oil. Contains: sesame seeds, soy, wheat.

Vegetable Spring Roll: WRAPPER (WHEAT FLOUR, WATER, SALT, REFINED SOY OIL), WATER CHESTNUT, CABBAGE, CARROT, SWEET CORN, GREEN BEAN, ONION, SUGAR SNAP PEA, REFINED SOY OIL, SUGAR, SALT, CORN STARCH, WHITE PEPPER, SESAME OIL. COMMON ALLERGENS PRESENT: Sesame, Wheat.

Sweet and Sour sauce cup

Asian Blend Veg: Broccoli, Green Beans, Mushroom, Red Pepper, Onion

Juice

Fruit Cocktail cup

---

Sloppy Joe: Sloppy Joe: ground beef, onions, green peppers, celery, Salt-Free (SF) seasoning (Dehydrated onion, dehydrated garlic, spices, dehydrated carrots, orange peel, dehydrated red bell pepper, red pepper, natural flavor. Italian Seasoning, Thyme, Basil Garlic Powder, Tomato Puree(Tomato Concentrate (Water, Tomato Paste), Citric Acid.), Hot Sauce, Ingredients: Aged Cayenne Red Peppers, Distilled Vinegar, Water, Salt & Garlic Powder. Tomato Paste vine ripened tomatoes.( Less Than 2% Of: Spices, Natural Flavors, Citric Acid ), Ketchup (Tomato concentrate, high fructose corn syrup, vinegar, corn syrup, salt, onion powder, spice, and natural flavors. ), brown sugar, pepper, yellow mustard, Low Sodium Beef Base (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inossodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.), Cider Vinegar

**HAMBURG BUN:**

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water,							
High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Wheat Gluten,							
Calcium Propionate (Preservative), Sodium Stearoyl Lactylate, Calcium Sulfate, Ammonium Sulfate, Monoglycerides,							
Enzymes, Ascorbic Acid, Sesame Seeds.							
<b>CONTAINS: WHEAT, SESAME</b>							

O'Brien Pot: Potatoes, Red Bell Pepper, Onion, Green Bell Pepper, Olive Oil, Contains Less Than 2% Of Citric Acid, Dehydrated Garlic And Onion, Natural Flavors (including Grill And Smoke Flavors), Paprika, Salt, Sugar, Spices.

Buttered corn: Liquid And Hydrogenated Soybean Oil, Water, Salt, Contains Less Than 2% Of Vegetable Mono & Diglycerides, Soy Lecithin, Sodium Benzoate (a Preservative), Citric Acid, Natural & Artificial Flavors, Calcium Disodium Edta Added To Protect Flavor, Beta Carotene (color), Vitamin A Palmitate Added. Contains: Soybean.

Garlic spread: Palm And Palm Kernel Oil, Vegetable Oil (canola And/or Soybean Oil), Water, Parmesan Cheese (pasteurized Cow's Milk, Culture, Salt, And Enzymes, Corn Starch And/or Cellulose Added To Prevent Caking), Minced Garlic, Garlic Powder, Salt, Dry Whey, Parsley Flakes, Soy Lecithin (emulsifier), Mono- And Diglycerides (mono- And Diglycerides, Mixed Tocopherols, Ascorbic Acid, Citric Acid (antioxidants)), Sodium Benzoate (preservative), Artificial Butter Flavor, Vitamin A Palmitate, Beta Carotene (color). Contains: Soy, Milk

Juice

MOW cookie: Ingredient Statement For Us Labeling ingredients: Enriched Bleached Flour (bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Margarine (palm Oil, Water, Soybean Oil, Contains 2% Or Less Of: Salt, Mono- And Diglycerides, Natural Flavors [contains Milk], Citric Acid, Vitamin A Palmitate Added, Beta Carotene [color]), Colored Chocolate Candies (dark Chocolate [sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Natural Flavor], Sugar, Artificial Coloring [titanium Dioxide, Yellow 5 Lake, Red 40 Lake, Yellow 6 Lake, Yellow 6, Blue 2 Lake, Blue 1 Lake, Yellow 5, Blue 1], Gum Acacia, Corn Syrup, Confectioners Glaze [carnauba Wax, Shellac, Beeswax]), Semi-sweet Chocolate Chips (sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Natural Flavor, Milk), Eggs, Contains 2% Or Less Of: Molasses, Water, Baking Soda, Salt, Natural And Artificial Flavors. contains: Eggs, Milk, Soy, Wheat. made In A Facility That Also Processes: Peanuts, Almonds, Coconut, Macadamia Nuts, Pecans, Walnuts.

Teddy Grahams



MOW egg salad: Egg salad, Hard Cooked Eggs, Water. Citric Acid, Sodium Benzoate, Nisin Preparation (as Preservatives). contains: Eggs. Egg, celery, onion, dill pickle :, Vinegar, Salt, Spices, Xanthan Gum, Sodium Benzoate (preservative), Yellow 5, Potassium Sorbate (preservative), Polysorbate 80

Eggs, celery, onion, sweet relish, Pickles, fructose, Vinegar, Water, Salt, Natural Flavors, Xanthan Gum, Calcium Chloride (firming Agent), Polysorbate 80, Sodium Benzoate (preservative), Fd&c Yellow #5 And Turmeric (for Color).

Dill relish: Cucumbers, Vinegar, Salt, Spices, Xanthan Gum, Sodium Benzoate (preservative), Yellow 5, Potassium Sorbate (preservative), Polysorbate 80

Parsley, celery seed, whiter pepper, salt free Ingredients: Onion, Garlic, Spices (black Pepper, Parsley, Celery Seed, Basil, Bay Leaf, Marjoram, Mustard Seed, Rosemary, Sage, Oregano, Red Pepper, Savory, Thyme, Coriander Seed, Cumin), Orange Peel, Red Bell Pepper, Carrot, Corn Syrup Solids, Citric Acid, Lemon Juice Powder & Lemon Oil.

Dried Onion, Garlic Powder, Black Pepper, Dried Carrot, Marjoram, Thyme, Rosemary, Savory, Sage, Oregano, And Basil

lemon Juice Solids, Dried Orange Peel, Parsley, Tomato Powder, Citric Acid, Lemon Oil, Celery Seed, Basil, Bay Leaves, Marjoram, Oregano, Thyme, Savory, Cumin, Mustard Flour, Cayenne Pepper, Rosemary, Coriander.

Yellow mustard: Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices.

Salad dressing: Water, Soybean Oil, Distilled White Vinegar, High Fructose Corn Syrup, Modified Food Starch, Egg Yolks, Salt, Contains Less Than 2% Of Natural Flavor, Calcium Disodium Edta (to Preserve Flavor), Paprika. contains: Egg.

Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Contains Less Than 2% Of High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium Edta Added To Protect Flavor, Garlic\*, Onion\*. \*dehydrated Contains: Egg.

Naan bread: Enriched Wheat Flour (wheat Flour, Niacin, Reduced Iron, Ascorbic Acid Added As A Dough Conditioner, Thiamine Mononitrate, Riboflavin, Enzyme, Folic Acid), Water, Buttermilk (skim Milk, Dry Buttermilk, Bacterial Culture), Soybean And/or Canola Oil, Modified Wheat Starch, Cultured Wheat Flour, Sugar, Salt, Ghee (clarified Butter), Dextrose, Acacia, Leavening (sodium Acid Pyrophosphate, Sodium Bicarbonate), Yeast, Mono- And Diglycerides, Enzymes. Contains: milk, wheat.

## Sides

Macaroni Salad: Macaroni elbow pasta, Durum Wheat Semolina, Niacin, Iron (ferrous Sulfate), Thiamin Mononitrate, Riboflavin, Folic Acid. Contains: Wheat. Celery, Hard Cooked Eggs, Water. Citric Acid, Sodium Benzoate, Nisin Preparation (as Preservatives). contains: Eggs. onion, dill pickle relish, Cucumbers, Vinegar, Salt, Spices, Xanthan Gum, Sodium Benzoate (preservative), Yellow 5, Potassium Sorbate (preservative), Polysorbate 80. Sweet pickle relish, Pickles, fructose, Vinegar, Water, Salt, Natural Flavors, Xanthan Gum, Calcium Chloride (firming Agent), Polysorbate 80, Sodium Benzoate (preservative), Fd&c Yellow #5 And Turmeric (for Color). Mayonnaise, Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Contains Less Than 2% Of High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium Edta Added To Protect Flavor, Garlic\*, Onion\*. \*dehydrated Contains: Egg. Mustard, Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices. Ranch dressing, Soybean Oil, Water, Distilled Vinegar, High Fructose Corn Syrup, Cultured Lowfat Buttermilk, Salt, Contains Less Than 2% Of Nonfat Dry Milk, Egg Yolks, Mustard Seed, Garlic\*, Onion\*, Torula Yeast\*, Autolyzed Yeast Extract, Xanthan Gum, Sodium Benzoate (a Preservative), Calcium Disodium Edta Added To Protect Flavor, Polysorbate 60, Spice, Parsley\*, Lactic Acid, Disodium Inosinate & Disodium Guanylate. \*dehydrated Contains:

Egg, Milk. Italian dressing, Water, Soybean Oil, Distilled Vinegar, Sugar, Salt, Contains Less Than 2% Of Garlic\*, Onion\*, Red Bell Pepper\*, Xanthan Gum, Lemon Juice Concentrate, Propylene Glycol Alginate, Spices, Oleoresin Turmeric & Annatto Extract And Oleoresin Paprika (color), Calcium Disodium Edta Added To Protect Flavor. \*dehydrated. Dried Onion, Garlic Powder, Black Pepper, Dried Carrot, Lemon Juice Solids, Dried Orange Peel, Parsley, Tomato Powder, Citric Acid, Lemon Oil, Celery Seed, Basil, Bay Leaves, Marjoram, Oregano, Thyme, Savory, Cumin, Mustard Flour, Cayenne Pepper, Rosemary, Coriander. White pepper, parsley, celery seed.

Carrot Salad: diced carrots, Ingredients: Tomato Puree (water, Tomato Paste), Wheat Flour, Sugar, Water, Contains Less Than 2% Of: Salt, Citric Acid, Ascorbic Acid (vitamin C), Flavoring, Celery Extract, Garlic Oil. Contains: Wheat. Celery, vinegar, onion, green peppers, sugar, mustard: Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices. Italian seasoning: Marjoram, Thyme, Rosemary, Savory, Sage, Oregano, And Basil. Celery seed, Italian dressing: Water, Soybean Oil, Distilled Vinegar, Sugar, Salt, Contains Less Than 2% Of Garlic\*, Onion\*, Red Bell Pepper\*, Xanthan Gum, Lemon Juice Concentrate, Propylene Glycol Alginate, Spices, Oleoresin Turmeric & Annatto Extract And Oleoresin Paprika (color), Calcium Disodium Edta Added To Protect Flavor. \*dehydrated. Black pepper.

Juice

Peaches

Pancakes: Enriched Wheat Flour (bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Buttermilk, Whey, Sugar, Dextrose, Defatted Soy Flour, Less Than 2% Of: Soybean And/or Canola Oil, Leavening (sodium Bicarbonate, Sodium Aluminum Phosphate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Eggs, Salt, Soy Lecithin. contains: Egg, Milk, Soy, Wheat.

Sausage links: Pork, Water, Salt, Contains 2% Or Less Of: Sugar, Spices, Chili Pepper, Flavoring.

Syrup: Water, Sorbitol\*, Cellulose Gum, Salt, Xanthan Gum, Sorbic Acid And Sodium Benzoate (preservatives), Caramel Color, Acesulfame Potassium (non Nutritive Sweetener)\*, Sodium Hexametaphosphate, Phosphoric Acid, Sucralose (non Nutritive Sweetener)\*, Natural And Artificial Flavor. \*ingredients Not In Regular Syrup.

MOW baked apples: apples, water, white and brown sugar, cinnamon.

Juice, yogurt/fruit

Beef roast: Caramel Color Added Rubbed With Qualifier (see Ingredient Statement) Qualifying Statement: Rubbed With Salt, Dextrose, Sugar, Caramel Color, Garlic Powder, Onion Powder, Spices. Ingredients: Beef, Water, Isolated Soy Protein (contains Soy Lecithin), Salt, Sodium Phosphate, Sugar, Flavoring. Contains: Soy.

Gravy: Maltodextrin, Modified Cornstarch, Bleached Enriched Flour (wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Hydrolyzed Corn, Soy And Wheat Proteins, Cornstarch, Beef Fat (beef Fat, Tocopherol, Citric Acid), Whey, Onion Powder, 2% Or Less Of Caramel Color, Sugar, Soy Sauce (soybeans, Wheat, Salt), Xanthan Gum, Yeast Extract,

Garlic Powder, Dextrose, Disodium Inosinate, Natural Flavors, Salt, Spices, Citric Acid, Disodium Guanylate. Contains, milk, soy, wheat.

Mashed Potatoes: Ingredients: Gold Potatoes, Potatoes, Vegetable Oils (canola Oil, Palm Oil, And/or Sunflower Oil), Salt, Creamer (corn Syrup Solids, Canola Oil, Mono And Diglycerides, Milk Protein Concentrate), Contains 2% Or Less Of: Mono And Diglycerides, Colors (riboflavin, Titanium Dioxide, Annatto Extract), Whey, Butter (cream, Salt), Natural Flavors, Freshness Preserved With (sodium Bisulfite, Mixed Tocopherols, Sodium Acid Pyrophosphate, Bht, Citric Acid). Contains: Milk.

Green Beans, Water, Salt, And Zinc Chloride (stabilization Of Color)

Dinner roll: Water, Whole Wheat Flour, Enriched Wheat Flour (wheat Flour, Malted Barley Flour, Ascorbic Acid [as A Dough Conditioner] Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yeast, Sugar, Contains Less Than 2% Of Each Of The Following: Salt, Cracked Wheat, Wheat Gluten, Sodium Stearoyl Lactylate, Datem, Calcium Sulfate, Soybean Oil, Enzymes, Vegetable Protein (corn Based), Calcium Peroxide, Potassium Iodate, Corn Meal, Calcium Propionate (as A Mold Inhibitor)

Applesauce: Apples, Water, Concentrated Apple Juice, Ascorbic Acid (vitamin C) Or Erythorbic Acid (to Maintain Color).

---

Mini chicken corn dogs: Frank: Mechanically Separated Chicken, Water, Salt, Contains 2% Or Less Of Corn Syrup Solids, Potassium Lactate, Potassium Acetate, Spices, Sodium Phosphate, Sodium Diacetate, Flavorings, Sodium Erythorbate, Sodium Nitrite. Batter: Water, Enriched Flour (wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yellow Corn Flour, Enriched Degermed Yellow Corn Meal (yellow Corn Meal, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Contains 2% Or Less Of Soy Flour, Leavening (sodium Acid Pyrophosphate, Sodium Bicarbonate), Soybean Oil, Salt, Egg Yolk, Potato Flour, Dried Honey, Egg White, Artificial Flavor. Breading: Enriched Wheat Flour And Enriched Degermed Yellow Corn Meal (both Enriched With Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Modified Corn Starch, Contains 2% Or Less Of The Following: Leavening (sodium Acid Pyrophosphate And Sodium Bicarbonate), Soy Flour, Nonfat Milk, Salt, Egg Yolk, Sodium Caseinate. Fried In Vegetable Oil. Contains: Wheat, Soy, Milk, Egg

Honey mustard

MOW german potato salad: Potatoes, Dextrose, Disodium Pyrophosphate (added To Maintain Color), Potassium Sorbate (added To Maintain Freshness). Onion, bacon: Cured With Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite, May\_contain Honey.

Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Contains Less Than 2% Of High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium Edta Added To Protect Flavor, Garlic\*, Onion\*. \*dehydrated Contains: Egg. Vinegar, black pepper, white sugar.

**Baked Beans: Bacon (Cured With: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.), water. Beef base: Roasted Beef And Beef Juices, Maltodextrin, Beef Stock, Sugar, Hydrolyzed Soy, Corn And Wheat Protein, Onion Powder, Caramel Color,**

**Hydrolyzed Corn Gluten Protein, Yeast Extract, Contains Less Than 2% Of Garlic Powder, Corn Syrup Solids, Disodium Inosinate, Disodium Guanylate, Salt, Natural Flavorings, Oleoresin Paprika, Thiamine Hydrochloride, Beef Fat (bha, Propyl Gallate, And Citric Acid Added To Improve Stability), Hydrolyzed Wheat Gluten Protein. Contains: Soy, Wheat. Onion, honey, molasses, vinegar, liquid smoke: Water 74%, Natural Hickory Smoke Concentrate 26%. Yellow mustard, hot sauce: Ingredients: Aged Cayenne Red Peppers, Distilled Vinegar, Water, Salt & Garlic Powder. white pepper, browning sauce: Caramel Color(sulfites), Water, Vegetable Base(water, Carrots, Celery, Cabbage, Onion, Parsley, Turnips, Parsnips), Less Than 2% Of: Spices, Salt, Sodium Benzoate As A Preservative. Ketchup: ), Ketchup (Tomato concentrate, high fructose corn syrup, vinegar, corn syrup, salt, onion powder, spice, and natural flavors. ), brown sugar.**

Fresh fruit

---

Salisbury steak: Mechanically Separated Chicken, Water, Beef, Vegetable Protein Product [soy Protein Concentrate, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (b1), Pyridoxine Hydrochloride (b6), Riboflavin (b2), Cyanocobalamin (b12)], Bleached Enriched Wheat Flour (wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin And Folic Acid), Seasoning [dehydrated Onion, Dextrose, Autolyzed Yeast Extract, Spice Extractive], Bread Crumbs [bleached Wheat Flour, Soybean Oil, Dextrose, Leavening (sodium Acid Pyrophosphate, Sodium Bicarbonate), Whey, Oleoresin Paprika], Bell Peppers, Salt, Sodium Phosphate, Caramel Color. Contains: milk, soy, wheat.

Mushroom gravy: Maltodextrin, Modified Cornstarch, Bleached Enriched Flour (wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Hydrolyzed Corn, Soy And Wheat Proteins, Cornstarch, Beef Fat (beef Fat, Tocopherol, Citric Acid), Whey, Onion Powder, 2% Or Less Of Caramel Color, Sugar, Soy Sauce (soybeans, Wheat, Salt), Xanthan Gum, Yeast Extract, Garlic Powder, Dextrose, Disodium Inosinate, Natural Flavors, Salt, Spices, Citric Acid, Disodium Guanylate. Contains: milk, wheat, soy. Mushrooms.

Mashed Potatoes: Ingredients: Gold Potatoes, Potatoes, Vegetable Oils (canola Oil, Palm Oil, And/or Sunflower Oil), Salt, Creamer (corn Syrup Solids, Canola Oil, Mono And Diglycerides, Milk Protein Concentrate), Contains 2% Or Less Of: Mono And Diglycerides, Colors (riboflavin, Titanium Dioxide, Annatto Extract), Whey, Butter (cream, Salt), Natural Flavors, Freshness Preserved With (sodium Bisulfite, Mixed Tocopherols, Sodium Acid Pyrophosphate, Bht, Citric Acid). Contains: Milk.

Vegetable blend chefcut Germany: Green Beans, Carrots, Wax Beans.

Craisins

Wheat Slices Ind Wrapped

**Ingredients:**

Wheat Flour, Water, Whole Wheat Flour, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following:

Soybean Oil, Salt, Wheat Gluten, Caramel Color, Calcium Propionate (Preservative), Sodium Stearoyl Lactylate,

Enzymes, Ascorbic Acid, Soy Lecithin.

**CONTAINS: WHEAT, SOY**

.....

Breaded chicken patty: Boneless, Skinless Chicken Breast With Rib Meat, Water, Seasoning [maltodextrin, Salt, Sugar, Flavors, Vegetable Stock (carrot, Onion, Celery), Carrot Powder, Garlic Powder], Sodium Phosphates, Salt, Modified Food Starch. Breaded With: Bleached Wheat Flour, Water, Wheat Flour, Salt, Contains 2% Or Less Of The Following: Dextrose, Disodium Inosinate And Disodium Guanylate, Extractives Of Paprika, Annatto And Turmeric, Garlic Powder, Leavening (sodium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Leavening (sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Onion Powder, Spice, Sugar, Wheat Gluten, Yeast, Yeast Extract, Yellow Corn Flour. Breading Set In Vegetable Oil. Contains: wheat.

Pickles: Fresh Cucumbers, Water, Vinegar, Salt, Calcium Chloride, Sodium Benzoate (preservative), Spices, Turmeric, Polysorbate 80

Ranch

Hamburg bun

**Ingredients:**

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water,

High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Wheat Gluten,

Calcium Propionate (Preservative), Sodium Stearoyl Lactylate, Calcium Sulfate, Ammonium Sulfate, Monoglycerides,

Enzymes, Ascorbic Acid, Sesame Seeds.

**CONTAINS: WHEAT, SESAME**

Ranch cup, sliced carrots, bean medley: carrots, green beans, wax beans, lima beans, kidney beans.

Pineapple cup.

.....

MOW bbq chicken thigh: Chicken, bbq sauce: High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Modified Corn Starch, Contains Less Than 2% Of Salt, Pineapple Juice Concentrate, Natural Smoke Flavor, Spice, Caramel Color, Molasses, Sodium Benzoate (preservative), Garlic,\* Mustard Flour, Corn Syrup, Sugar, Tamarind, Natural Flavor, Celery Seed.  
\*dried

Au gratin Potato: Potatoes, Modified Food Starch, Whey, Maltodextrin, Onion, Potassium Chloride, Sugar, Sunflower Oil, Contains 2% Or Less Of: Natural Flavor, Salt, Colors (annatto

Extract, Turmeric Extract), Mono And Diglycerides, Autolyzed Yeast Extract, Cheddar Cheese (pasteurized Milk, Cultures, Salt, Enzymes), Corn Syrup Solids, Green Onion, Nonfat Milk, Soybean Oil, Spices, Torula Yeast, Freshness Preserved With (sodium Bisulfite). Containe: milk.

Margarine: Liquid And Hydrogenated Soybean Oil, Water, Salt, Contains Less Than 2% Of Vegetable Mono & Diglycerides, Soy Lecithin, Sodium Benzoate (a Preservative), Citric Acid, Natural & Artificial Flavors, Calcium Disodium Edta Added To Protect Flavor, Beta Carotene (color), Vitamin A Palmitate Added. Contains: Soybean.

Peas

Roll Whole Grain Ind Wrapped

Water, Whole Wheat Flour, Wheat Flour, Wheat Gluten, Yeast, Sea Salt, Rye Flour, Raw Cane Sugar, Deactivated Yeast, Guar Gum, Fava Bean Flour, Malted Barley Flour, Dextrose, Sugar, Sunflower Lecithin, Calcium Phosphate, Malt Extract, Ascorbic Acid, Salt, Enzymes, Xanthan Gum, Niacin, Reduced Iron, Calcium Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid. Contains: Wheat

**Fruited Gelatin: PEACHES, PEARS, WATER, GRAPES, PEAR JUICE CONCENTRATE, PINEAPPLE SECTORS, HALVED CHERRIES ARTIFICIALLY COLORED RED WITH CARMINE.GELATIN Sugar, corn sugar, Gelatin and less than 2% each of the following sodium citrate, fumaric acid, natural and artificial flavor, ascorbic acid and FD&C color Yellow #5 = Lemon, Lime; Yellow #6 Orange, Peach; Red #40 Cherry, Grape, Peach, Raspberry, Strawberry, Watermelon; Blue #1 Berry Blue, Cherry, Grape Lime; Lemon, Lime, Orange and Peach contain Citric Acid Tropical Fruit: Pineapple Chunks, Red Papaya, Yellow Papaya And Guava; Has A Fresh Cut Appearance; Packed In A Light Syrup & Passion Fruit Juice.**

**Sugar-Free Fruited Gelatin: : PEACHES, PEARS, WATER, GRAPES, PEAR JUICE CONCENTRATE, PINEAPPLE SECTORS, HALVED CHERRIES ARTIFICIALLY COLORED RED WITH CARMINE, SUGAR FREE GELATIN Gelatin, Citric Acid, Fumaric Acid, Aspartame, Natural & Artificial Flavor, Sodium Citrate, Cellulose and color: Yellow #5 = Lemon, Lime; Yellow #6 Orange; Red #40 Cherry, Raspberry, Strawberry; Blue #1 Lime;**

**Tropical Fruit: Pineapple Chunks, Red Papaya, Yellow Papaya And Guava; Has A Fresh Cut Appearance; Packed In A Light Syrup & Passion Fruit Juice.**

.....  
**All beef Hotdog: Beef, Water, Contains 2% Or Less Of Salt, Spices, Sorbitol, Sodium Phosphates, Paprika, Sodium Erythorbate, Flavorings, Sodium Nitrite.**

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Wheat Gluten, Salt, Calcium Propionate (Preservative), Sodium Stearoyl Lactylate, Calcium Sulfate, Monoglycerides, Ammonium Sulfate, Enzymes, Ascorbic Acid, Sesame Seeds.

**CONTAINS: WHEAT, SESAME**



Hashbrown potatoes: Ingredients: Potatoes, Enriched Wheat Flour (flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (contains One Or More Of The Following: Canola, Palm, Soybean, Sunflower), Salt, Modified Corn Starch, Spices, Corn Meal, Leavening (disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Garlic Powder, Onion Powder, Dried Yeast, Oleoresin Paprika. Contains: Wheat

Corn, juice

Blueberry lemon cookie: Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Dextrose, Blueberry Flavored Bits (Sugar, Vegetable Oil [Palm, Palm Kernel], Enriched Wheat Flour [Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Natural Flavor, Malic Acid, Fruit and Vegetable Juice for Color, Soy Lecithin, Sodium Citrate), Soy Lecithin, Natural Flavor (Contains Milk), Soluble Corn Fiber, Applesauce (Apples, Ascorbic Acid), Salt, Baking Soda. COMMON ALLERGENS PRESENT: Milk, Soy, Wheat.

.....

Chicken fajitas/ onions and peppers/ tortilla: chicken Ingredients: Boneless Skinless Chicken Breast With Rib Meat, Water, Seasoning (salt, Dextrose, Dehydrated Garlic, Spices, Sodium Phosphates, Flavor [maltodextrin, Grill Flavor (from Sunflower Oil), Modified Corn Starch, Corn Syrup Solids], Dehydrated Onion, Natural Flavor, Modified Food Starch, Carrageenan. Onion, Green And Red Bell Pepper, Contains Less Than 2% Of Citric Acid, Dehydrated Garlic And Onion, Natural Flavors, Olive Oil, Salt, Spices, Sugar, Yeast Extract. Tortilla: Enriched Bleached Flour (flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (interesterified And Hydrogenated Soybean Oils), Contains 2% Or Less Of: Salt, Baking Soda, Sodium Acid Pyrophosphate, Distilled Monoglycerides, Enzymes, Cellulose Gum, Fumaric Acid, And Calcium Propionate And Sorbic Acid (to Maintain Freshness).

Spanish rice: Enriched Long Grain Parboiled Rice, (enriched With Ferric Phosphate, Niacin, Thiamine Mononitrate And Folic Acid), Maltodextrin, Dehydrated Vegetables (tomato, Green Bell Pepper, Garlic, Onion, Chili Pepper), Sea Salt, Potassium Chloride, Sugar, Paprika, Citric Acid, Soybean Oil, Cooked Chicken Meat (bha, Propyl Gallate And Citric Acid Added To Protect Flavor), Disodium Inosinate And Disodium Guanylate.

Wax beans

Fresh fruit

.....

Baked penne with meatsauce: Meat Sauce: Ground Beef, Tomato Puree (water, Tomato Paste), Citric Acid, Hot Sauce, Ingredients: Aged Cayenne Red Peppers, Distilled Vinegar, Water, Salt & Garlic Powder. Tomato Paste: Vine Ripened Tomatoes, Citric Acid. Fire roasted tomatoes: Fire Roasted Diced Tomatoes, Tomato Juice, Sea Salt, Citric Acid. Celery, onion, parm cheese: Parmesan Cheese (pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Powdered Cellulose To Prevent Caking, Natamycin To Protect Flavor. Contains milk. Black pepper, parsley, salt free: Ingredients: Onion, Garlic, Spices (black Pepper, Parsley, Celery Seed, Basil, Bay Leaf, Marjoram, Mustard Seed, Rosemary, Sage, Oregano, Red Pepper, Savory, Thyme, Coriander Seed, Cumin), Orange Peel, Red Bell Pepper, Carrot, Corn Syrup Solids, Citric Acid, Lemon Juice Powder & Lemon Oil. Italian seasoning: Marjoram, Thyme, Rosemary, Savory, Sage, Oregano,

And Basil, Oregano, basil, garlic powder. Beef base: Roasted Beef And Beef Juices, Maltodextrin, Beef Stock, Sugar, Hydrolyzed Soy, Corn And Wheat Protein, Onion Powder, Caramel Color, Hydrolyzed Corn Gluten Protein, Yeast Extract, Contains Less Than 2% Of Garlic Powder, Corn Syrup Solids, Disodium Inosinate, Disodium Guanylate, Salt, Natural Flavorings, Oleoresin Paprika, Thiamine Hydrochloride, Beef Fat (bha, Propyl Gallate, And Citric Acid Added To Improve Stability), Hydrolyzed Wheat Gluten Protein. Contains: Soy, Wheat.

Bowtie Pasta: 100% Durum Wheat Semolina, Niacin, Ferrous Lactate, Thiamine Monotriate, Riboflavin, Folic Acid Contains: Wheat

Cavatappi: Semolina (wheat), Niacin, Ferrous Sulfate (iron), Thiamin Mononitrate, Riboflavin, Folic Acid. Contains: Wheat.

Penne: Durum Wheat Semolina, Niacin, Iron (ferrous Sulfate), Thiamin Mononitrate, Riboflavin, Folic Acid. Contains: Wheat.

Carrots

Italian green beans

Tropical fruit cup

---

Ham salad/bun: Pork, Water, Salt, Dextrose, Sodium Phosphate, Sodium Erythorbate, Natural Smoke Flavor, Sodium Nitrite. Celery, onion, mustard: Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices. Sweet pickle relish: Pickles, fructose, Vinegar, Water, Salt, Natural Flavors, Xanthan Gum, Calcium Chloride (firming Agent), Polysorbate 80, Sodium Benzoate (preservative), Fd&c Yellow #5 And Turmeric (for Color). Dill pickle relish: Cucumbers, Vinegar, Salt, Spices, Xanthan Gum, Sodium Benzoate (preservative), Yellow 5, Potassium Sorbate (preservative), Polysorbate 80. Hard Cooked Eggs, Water. Citric Acid, Sodium Benzoate, Nisin Preparation (as Preservatives). contains: Eggs. salad dressing: Water, Soybean Oil, Distilled White Vinegar, High Fructose Corn Syrup, Modified Food Starch, Egg Yolks, Salt, Contains Less Than 2% Of Natural Flavor, Calcium Disodium Edta (to Preserve Flavor), Paprika. contains: Egg. Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Contains Less Than 2% Of High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium Edta Added To Protect Flavor, Garlic\*, Onion\*. \*dehydrated Contains: Egg. Celery seed, salt free: Dried Onion, Garlic Powder, Black Pepper, Dried Carrot, Lemon Juice Solids, Dried Orange Peel, Parsley, Tomato Powder, Citric Acid, Lemon Oil, Celery Seed, Basil, Bay Leaves, Marjoram, Oregano, Thyme, Savory, Cumin, Mustard Flour, Cayenne Pepper, Rosemary, Coriander. : Ingredients: Onion, Garlic, Spices (black Pepper, Parsley, Celery Seed, Basil, Bay Leaf, Marjoram, Mustard Seed, Rosemary, Sage, Oregano, Red Pepper, Savory, Thyme, Coriander Seed, Cumin), Orange Peel, Red Bell

Pepper, Carrot, Corn Syrup Solids, Citric Acid, Lemon Juice Powder & Lemon Oil. white pepper.

Hamburg bun

**Ingredients:**

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Wheat Gluten, Calcium Propionate (Preservative), Sodium Stearoyl Lactylate, Calcium Sulfate, Ammonium Sulfate, Monoglycerides, Enzymes, Ascorbic Acid, Sesame Seeds.

**CONTAINS: WHEAT, SESAME**

Mustard potato salad: Potatoes, Dextrose, Disodium Pyrophosphate (added To Maintain Color), Potassium Sorbate (added To Maintain Freshness) mustard :Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices. White sugar, celery seed. Italian dressing: Water, Soybean Oil, Distilled Vinegar, Sugar, Salt, Contains Less Than 2% Of Garlic\*, Onion\*, Red Bell Pepper\*, Xanthan Gum, Lemon Juice Concentrate, Propylene Glycol Alginate, Spices, Oleoresin Turmeric & Annatto Extract And Oleoresin Paprika (color), Calcium Disodium Edta Added To Protect Flavor.

\*dehydrated

Sweet pickle relish: Pickles,fructose, Vinegar, Water, Salt, Natural Flavors, Xanthan Gum, Calcium Chloride (firming Agent), Polysorbate 80, Sodium Benzoate (preservative), Fd&c Yellow #5 And Turmeric (for Color). Dill pickle relish: Cucumbers, Vinegar, Salt, Spices, Xanthan Gum, Sodium Benzoate (preservative), Yellow 5, Potassium Sorbate (preservative), Polysorbate 80. Hard Cooked Eggs, Water. Citric Acid, Sodium Benzoate, Nisin Preparation (as Preservatives). contains: Eggs. salad dressing: Water, Soybean Oil, Distilled White Vinegar, High Fructose Corn Syrup, Modified Food Starch, Egg Yolks, Salt, Contains Less Than 2% Of Natural Flavor, Calcium Disodium Edta (to Preserve Flavor), Paprika. contains: Egg. Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Contains Less Than 2% Of High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium Edta Added To Protect Flavor, Garlic\*, Onion\*. \*dehydrated Contains: Egg. Celery seed, salt free: Dried Onion, Garlic Powder, Black Pepper, Dried Carrot, Lemon Juice Solids, Dried Orange Peel, Parsley, Tomato Powder, Citric Acid, Lemon Oil, Celery Seed, Basil, Bay Leaves, Marjoram, Oregano, Thyme, Savory, Cumin, Mustard Flour, Cayenne Pepper, Rosemary, Coriander. : Ingredients: Onion, Garlic, Spices (black Pepper, Parsley, Celery Seed, Basil, Bay Leaf, Marjoram, Mustard Seed, Rosemary, Sage, Oregano, Red Pepper, Savory, Thyme, Coriander Seed, Cumin), Orange Peel, Red Bell Pepper, Carrot, Corn Syrup Solids, Citric Acid, Lemon Juice Powder & Lemon Oil. white pepper.

Garden cottage cheese: Cottage cheese: Cultured Nonfat Milk, Milk, Cream, Contains Less Than 2% Of: Nonfat Milk, Whey, Salt, Maltodextrin, Guar Gum, Citric Acid, Carrageenan, Mono And Diglycerides, Locust Bean Gum, Natural Flavor, Potassium Sorbate And Carbon Dioxide (to Preserve Freshness), Vitamin A Palmitate, Enzyme. contains: Milk. Carrots, onion, celery, green peppers, cucumbers, mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Contains Less Than 2% Of High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium Edta Added To Protect Flavor, Garlic\*, Onion\*. \*dehydrated Contains: Egg.

Peach cup

---

Meatloaf/ spicy red meatloaf sauce: Beef, Water, Vegetable Protein Product [soy Protein Concentrate, Caramel Color, Zinc Oxide, Niacinamide, ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (b1), Pyridoxine Hydrochloride (b6), Riboflavin (b2), Cyanocobalamin (b12)], Tomato Ketchup (tomato Concentrate, Corn Syrup, Distilled Vinegar, Salt, Natural Flavorings, Onion Powder, Spice, Garlic Powder), Onions, Bread Crumbs [bleached Wheat Flour, Soybean Oil, Dextrose, Leavening (sodium Acid Pyrophosphate, sodium Bicarbonate), Whey, Oleoresin Paprika], Bell Peppers ,seasoning (dehydrated Onion, Dextrose, Autolyzed Yeast Extract, Spice Extractive], Salt, Dried Whole Eggs, Sodium Phosphate. Contains, eggs, milk, soy, wheat.

Sauce: Fire Roasted Diced Tomatoes, Tomato Juice, Sea Salt, Citric Acid. Paste: Vine Ripened Tomatoes, Citric Acid. Ketchup: Tomato Concentrate, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Less Than 2% Of: Spice, Onion Powder, Natural Flavors. Onion, green peppers, beef soup base: Roasted Beef And Beef Juices, Maltodextrin, Beef Stock, Sugar, Hydrolyzed Soy, Corn And Wheat Protein, Onion Powder, Caramel Color, Hydrolyzed Corn Gluten Protein, Yeast Extract, Contains Less Than 2% Of Garlic Powder, Corn Syrup Solids, Disodium Inosinate, Disodium Guanylate, Salt, Natural Flavorings, Oleoresin Paprika, Thiamine Hydrochloride, Beef Fat (bha, Propyl Gallate, And Citric Acid Added To Improve Stability), Hydrolyzed Wheat Gluten Protein. Contains: Soy, Wheat. Garlic powder, black pepper, chili powder: Chile Pepper, Salt, Spices, Silicon Dioxide (added To Make Free Flowing), And Garlic. Brown sugar.

Mashed potatoes: Ingredients: Gold Potatoes, Potatoes, Vegetable Oils (canola Oil, Palm Oil, And/or Sunflower Oil), Salt, Creamer (corn Syrup Solids, Canola Oil, Mono And Diglycerides, Milk Protein Concentrate), Contains 2% Or Less Of: Mono And Diglycerides, Colors (riboflavin, Titanium Dioxide, Annatto Extract), Whey, Butter (cream, Salt), Natural Flavors, Freshness Preserved With (sodium Bisulfite, Mixed Tocopherols, Sodium Acid Pyrophosphate, Bht, Citric Acid). Contains: Milk

Brussel sprouts, raisins

dinner roll: Roll Dinner Whole Grain Bulk

Water, Whole Wheat Flour, Enriched Wheat Flour (wheat Flour, Malted Barley Flour, Ascorbic Acid [as A Dough Conditioner] Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yeast, Sugar, Contains Less Than 2% Of Each Of The Following: Salt, Cracked Wheat, Wheat Gluten, Sodium Stearoyl Lactylate, Datem, Calcium Sulfate, Soybean Oil, Enzymes, Vegetable Protein (corn Based), Calcium Peroxide, Potassium Iodate, Corn Meal, Calcium Propionate (as A Mold Inhibitor) Contains: Wheat. May contain Milk, Sesame seeds, Soy.

---

Chicken Alfredo over cavatappi: Chicken, margarine: Vegetable Oil Blend (palm Oil, Soybean Oil), Water, Contains 2% Or Less Of: Salt, Soybean Lecithin (soy), Vegetable Monoglycerides, Citric Acid (preservative), Beta Carotene (color), Natural Flavor And Vitamin A Palmitate Added. Contains: Soy. Flour, milk, chicken base: Chicken Meat Including Natural Chicken Juices, Salt, Sugar, Chicken Fat, Hydrolyzed Soy, Corn And Wheat Proteins, Whey, Maltodextrin, 2% Or Less

Of Onion Powder, Autolyzed Yeast Extract, Dextrose, Hydrogenated Cottonseed Oil, Disodium Inosinate And Disodium Guanylate, Vegetable Oil (corn And/or Canola Oil), Turmeric And Annatto Extract (color), Natural Flavors And Lactic Acid. Contains: milk, soy, wheat. Onion, basil leaves, parsley, garlic powder, Italian seasoning: Marjoram, Thyme, Rosemary, Savory, Sage, Oregano, And Basil. Parmesan cheese, cavatappi: Semolina (wheat), Durum Wheat Flour, Vitamin B3 (niacin), Iron (ferrous Sulfate), Vitamin B1 (thiamine Mononitrate), Vitamin B2 (riboflavin), Folic Acid. Contains, wheat.

#### Broccoli

Glazed carrots: carrots, brown sugar, Liquid And Hydrogenated Soybean Oil, Water, Salt, Contains Less Than 2% Of Vegetable Mono & Diglycerides, Soy Lecithin, Sodium Benzoate (a Preservative), Citric Acid, Natural & Artificial Flavors, Calcium Disodium Edta Added To Protect Flavor, Beta Carotene (color), Vitamin A Palmitate Added. Contains: Soybean.

Fruited fluff: : Water, Maltitol Syrup, Hydrogenated Vegetable Oil (palm, Palm Kernel, Coconut And/or Cottonseed), Contains Less Than 2% Of The Following: \*sodium Caseinate (a Milk Derivative), Natural Flavor, Maltodextrin, Polysorbate 60, Sorbitan Monostearate, Guar Gum, Xanthan Gum, Colored With Turmeric And Annatto Extracts. \*not A Source Of Lactose. Contains: Milk, pineapple

.....  
Cheeseburger: Beef, Seasoning (salt, Dextrose, Natural Flavors, Spice), Salt. Cheese: Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid (preservative), Citric Acid, Enzymes, Soy Lecithin, Apo Carotenal And Beta Carotene (color). contains: Milk, Soy.

Tomato, pickle: Fresh Cucumbers, Water, Vinegar, Salt, Calcium Chloride, Sodium Benzoate (preservative), Spices, Turmeric, Polysorbate 80

#### Hamburg bun

##### **Ingredients:**

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water,

High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Wheat Gluten,

Calcium Propionate (Preservative), Sodium Stearoyl Lactylate, Calcium Sulfate, Ammonium Sulfate, Monoglycerides,

Enzymes, Ascorbic Acid, Sesame Seeds.

**CONTAINS: WHEAT, SESAME**

Baby bakers: Potatoes, Olive Oil, Contains Less Than 2% Of Garlic Powder, Maltodextrin, Natural Flavor, Onion Powder, Salt, Spice, Sugar, Vinegar Powder (maltodextrin, Vinegar).

Green beans: Water, Salt, And Zinc Chloride (stabilization Of Color).

Vanilla pudding: Dextrose, Sugar, Modified Food Starch, Less Than 2% Of Disodium Phosphate, Tetrasodium Pyrophosphate, Tricalcium Phosphate, Natural And Artificial Flavor, Salt, Xanthan Gum, Nonfat Dry Milk, Mono And Diglycerides, Yellow 5, Yellow 6. contains Milk

Sugarfree vanilla pudding: Modified Food Starch, Maltodextrin, Polydextrose, Tricalcium Phosphate, Contains Less Than 2% Disodium Phosphate, Tetrasodium Pyrophosphate, Dipotassium Phosphate, Tetrapotassium Pyrophosphate, Natural And Artificial Flavor, Titanium Dioxide Xanthan Gum, Nonfat Dry Milk, Mono And Diglycerides, Salt, Acesulfame Potassium, Sucralose, Yellow 5, Yellow 6. Contains: milk.

---

Breakfast casserole: Pork, Water, Contains 2% Or Less Of: Salt, Sugar, Spices, Flavoring. Whole Eggs, Modified Corn Starch, Salt, Citric Acid, Xanthan Gum. Contains, eggs. Cheddar Cheese (pasteurized Milk, Cheese Culture, Salt, Enzymes, Color Added), Potato Starch Added To Prevent Caking, Natamycin (a Natural Mold Inhibitor). Contains: Milk. : Potatoes, Enriched Wheat Flour (flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (contains One Or More Of The Following: Canola, Palm, Soybean, Sunflower), Salt, Modified Corn Starch, Spices, Corn Meal, Leavening (disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Garlic Powder, Onion Powder, Dried Yeast, Oleoresin Paprika. Contains: Wheat. Country gray: Maltodextrin, Enriched Bleached Flour (wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Food Starch-modified, Palm Oil, Corn Syrup Solids, Salt Contains Allergens: Milk, Soy, Wheat contains Less Than 2%: Black Pepper, Chicken Fat, Bacon Fat, Chicken, Garlic, Spice, Sugar, Nonfat Milk, Natural Flavors, Soy Flour, Sodium Caseinate, Whey, Whey Protein Concentrate, Hydrolyzed Vegetable Protein (corn, Soy, And/or Wheat), Autolyzed Yeast Extract, Mono & Diglycerides, Turmeric, Disodium Guanylate, Disodium Inosinate. Contains: Wheat, Soy, Milk

Biscuit: Ingredients: Enriched Flour Bleached (wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Buttermilk, Sugar, Palm Kernel Oil, Calcium Acid Pyrophosphate, Baking Soda, Salt, Sodium Aluminum Phosphate, Pectin, Natural And Artificial Flavor. Contains: milk, wheat.

Honey, warm peaches, cinnamon

Juice

Animal crackers: Whole Wheat Flour, Sugar, Enriched Flour (wheat Flour, Niacin, Reduced Iron, Vitamin B1 [thiamin Mononitrate], Vitamin B2 [riboflavin], Folic Acid), Soybean And Palm Oil. contains 2% Or Less Of Salt, Baking Soda, Soy Lecithin, Natural Flavor, Rosemary Extract For Freshness. Contains: soy, wheat.

---

Grilled chicken breast: Boneless, Skinless Chicken Breast Filets With Rib Meat, Water, Seasoning [maltodextrin, Salt, Sugar, Flavors, Vegetable Stock (carrot, Onion, Celery), Carrot Powder, Garlic Powder], Modified Food Starch, Sodium Phosphates.

Hamburg bun

**Ingredients:**

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Wheat Gluten, Calcium Propionate (Preservative), Sodium Stearoyl Lactylate, Calcium Sulfate, Ammonium Sulfate, Monoglycerides, Enzymes, Ascorbic Acid, Sesame Seeds.

**CONTAINS: WHEAT, SESAME**

Pickles: Fresh Cucumbers, Water, Vinegar, Salt, Calcium Chloride, Sodium Benzoate (preservative), Spices, Turmeric, Polysorbate 80

Mayonnaise packet, diced carrots, buttered peas: Liquid And Hydrogenated Soybean Oil, Water, Salt, Contains Less Than 2% Of Vegetable Mono & Diglycerides, Soy Lecithin, Sodium Benzoate (a Preservative), Citric Acid, Natural & Artificial Flavors, Calcium Disodium Edta Added To Protect Flavor, Beta Carotene (color), Vitamin A Palmitate Added. Contains: Soybean.

Mixed fruit cup

Bratwurst: pork, salt, white pepper, nutmeg, lemon peel, marjoram, caraway, garlic.

Hot Dog Bun

**Ingredients:**

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following: Soybean Oil, Salt, Wheat Gluten, Monoglycerides, Sodium Stearoyl Lactylate, Monocalcium Phosphate, Calcium Phosphate, Corn Starch, Calcium Propionate (Preservative), Calcium Sulfate, L-cysteine, Ascorbic Acid, Sesame Seeds.

**CONTAINS: WHEAT, SESAME**

Seasoned potato wedge: Red Potato, Salt, Spice, Dehydrated Onion, Dehydrated Garlic, Canola Oil, Dextrose.

Italian blend veg: Zucchini, Carrots, Cauliflower, Italian Beans, Lima Beans

Juice, fresh fruit

MOW chicken salad: Made With Dark Meat Ingredients: Dark Chicken Meat, Water, Tomatoes (water, Tomato Paste), Seasoning (salt, Sugar, Spices, Dehydrated Garlic, Xanthan Gum, Mustard, Dehydrated Onion, Corn Syrup Solids, Paprika, Canola Oil, Chili Pepper, Lemon Juice Solids, Natural Flavors, Garlic Powder), Chicken Fat, Sodium Phosphates, Rice Flour, Chicken Type Flavor (autolyzed Yeast Extract, Flavors, Salt, Chicken Fat), Chili Powder (chili Peppers, Flavoring), Curry Powder (spices, Turmeric). Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Contains Less Than 2% Of High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium Edta Added To Protect Flavor, Garlic\*, Onion\*. \*dehydrated Contains: Egg. Sweet and dill pickle relish: Pickles, fructose, Vinegar, Water, Salt, Natural Flavors, Xanthan Gum, Calcium Chloride (firming Agent), Polysorbate 80, Sodium Benzoate (preservative), Fd&c Yellow #5 And

Turmeric (for Color). Cucumbers, Vinegar, Salt, Spices, Xanthan Gum, Sodium Benzoate (preservative), Yellow 5, Potassium Sorbate (preservative), Polysorbate 80. Onion chicken base: Roasted Chicken Dark Meat With Chicken Juices, Maltodextrin, Sugar, Chicken Fat, Salt, Hydrolyzed Corn Protein, Contains Less Than 2% Of Yeast Extract, Onion Powder, Turmeric, Flavorings, Disodium Inosinate, Disodium Guanylate, Natural Flavorings, Chicken Broth, Hydrolyzed Soy Protein, Caramel Color. Contains: Soy.Hard Cooked Eggs, Water. Citric Acid, Sodium Benzoate, Nisin Preparation (as Preservatives). contains: Eggs.

Tomato, cucumber and feta salad: diced tomatoes, onion, green peppers, feta cheese: Feta Cheese (cultured Pasteurized Part-skim Milk, Salt, Enzymes), Powdered Cellulose (to Prevent Caking). contains: Milk. Shredded carrots, cucumbers, feta dressing: Water, Vegetable Oil (soybean And/or Canola), Apple Cider Vinegar, Feta Cheese (pasteurized Milk, Cheese Cultures, Salt, Enzymes), Sugar, Extra Virgin Olive Oil, Contains Less Than 2% Of Salt, Chopped Black Olives (black Olives, Water, Vinegar, Salt, Lactic Acid, Ferrous Gluconate [color Stabilizer]), Dried Garlic, Spice, Modified Corn Starch, Xanthan Gum, Mustard Flour, Lemon Juice Concentrate, Calcium Disodium Edta (to Protect Flavor).contains Milk.

Bean salad: kidney beans: Dark Red Kidney Beans, Water, Sugar, Salt, Calcium Chloride, Disodium Edta (to Preserve Color) celery, onion, sweet pickle relish: Pickles,fructose, Vinegar, Water, Salt, Natural Flavors, Xanthan Gum, Calcium Chloride (firming Agent), Polysorbate 80, Sodium Benzoate (preservative), Fd&c Yellow #5 And Turmeric (for Color). Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Contains Less Than 2% Of High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium Edta Added To Protect Flavor, Garlic\*, Onion\*. \*dehydrated Contains: Egg. White sugar.

Tropical fruit

Hamburg bun

**Ingredients:**

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Wheat Gluten, Calcium Propionate (Preservative), Sodium Stearoyl Lactylate, Calcium Sulfate, Ammonium Sulfate, Monoglycerides, Enzymes, Ascorbic Acid, Sesame Seeds.

**CONTAINS: WHEAT, SESAME**

Tropical fruit

.....  
Sweet and tangy meatballs: Beef, Pork, Water, Seasoning [bread Crumbs (bleached Wheat Flour, Salt, Dextrose, Yeast), Salt, Dried Garlic, Spice, Dried Parsley, Brown Sugar, Caramel Color, Cottonseed Oil, Disodium Inosinate And Disodium Guanylate, Citric Acid, Bha, Bht], Romano Cheese Made From Cow's Milk [cultured Milk, Enzymes, Salt], Textured Soy Flour, And Ricotta Cheese [whey, Milk, Vinegar]. contains: Milk, Wheat, Soy

Zucchini

Cauliflower



Papaya.

---

BBQ chicken: Made With Dark Meat Ingredients: Dark Chicken Meat, Water, Tomatoes (water, Tomato Paste), Seasoning (salt, Sugar, Spices, Dehydrated Garlic, Xanthan Gum, Mustard, Dehydrated Onion, Corn Syrup Solids, Paprika, Canola Oil, Chili Pepper, Lemon Juice Solids, Natural Flavors, Garlic Powder), Chicken Fat, Sodium Phosphates, Rice Flour, Chicken Type Flavor (autolyzed Yeast Extract, Flavors, Salt, Chicken Fat), Chili Powder (chili Peppers, Flavoring), Curry Powder (spices, Turmeric). High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Modified Corn Starch, Contains Less Than 2% Of Salt, Pineapple Juice Concentrate, Natural Smoke Flavor, Spice, Caramel Color, Molasses, Sodium Benzoate (preservative), Garlic,\* Mustard Flour, Corn Syrup, Sugar, Tamarind, Natural Flavor, Celery Seed. \*dried

Hamburg bun

**Ingredients:**

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Wheat Gluten, Calcium Propionate (Preservative), Sodium Stearoyl Lactylate, Calcium Sulfate, Ammonium Sulfate, Monoglycerides, Enzymes, Ascorbic Acid, Sesame Seeds.

**CONTAINS: WHEAT, SESAME**

Roasted garlic potatoes: Ingredients: Potatoes, Canola Oil, Olive Oil, Salt, Garlic, Rosemary, Potato Flour, Disodium Dihydrogen Pyrophosphate (to Promote Color Retention), Dextrose.

Mixed veg: Corn, Carrots, Peas, Green Beans, Lima Beans

Peaches

---

Teriyaki Marinated pork chops: Pork, High Fructose Corn Syrup, Soy Sauce (water, Wheat, Soybeans, Salt, Sodium Benzoate [preservative]), Sugar, Water, Distilled Vinegar, Modified Corn Starch, Contains Less Than 2% Of Sesame Seed, Vegetable Oil (soybean And/or Canola), Pineapple Juice Concentrate, Ginger, Rice Vinegar, Salt, Spice, Sodium Bisulfate, Garlic\*, Xanthan Gum, Caramel Color, Potassium Sorbate And Sodium Benzoate (preservatives), Green Onion\*, Citric Acid. \*dried. Contains: Wheat, Sesame, Soy.

Au gratin potatoes: Potatoes, Modified Food Starch, Whey, Maltodextrin, Onion, Potassium Chloride, Sugar, Sunflower Oil, Contains 2% Or Less Of: Natural Flavor, Salt, Colors (annatto Extract, Turmeric Extract), Mono And Diglycerides, Autolyzed Yeast Extract, Cheddar Cheese (pasteurized Milk, Cultures, Salt, Enzymes), Corn Syrup Solids, Green Onion, Nonfat Milk, Soybean Oil, Spices, Torula Yeast, Freshness Preserved With (sodium Bisulfite). Contains, milk.

Asian blend veg: Broccoli , Green Beans, Mushroom, Red Pepper , Onion

Mandarin oranges

---

Chicken tenders: Chicken breast tenderloins, water, seasoning salt, flavors, maltodextrin, sugar, vegetable stock, carrot, onion, garlic powder, modified food starch, sodium phosphates, soy protein concentrate. Wheat flour, salt, sugar, wheat gluten, leavening sodium bicarbonate, sodium acid pyrophosphate, sodium aluminum phosphate, monocalcium phosphate, dextrose, yellow corn flour, yeast extract, onion powder, yeast, extractives of paprika, annatto, and turmeric, garlic powder, spice, disodium inosinate and disodium guanylate, breading set in vegetable oil. Contains, soy, wheat

Chicken dippin sauce

Parslied buttered potatoes: Ingredients: Gold Potatoes, Potatoes, Vegetable Oils (canola Oil, Palm Oil, And/or Sunflower Oil), Salt, Creamer (corn Syrup Solids, Canola Oil, Mono And Diglycerides, Milk Protein Concentrate), Contains 2% Or Less Of: Mono And Diglycerides, Colors (riboflavin, Titanium Dioxide, Annatto Extract), Whey, Butter (cream, Salt), Natural Flavors, Freshness Preserved With (sodium Bisulfite, Mixed Tocopherols, Sodium Acid Pyrophosphate, Bht, Citric Acid). Contains: Milk. Parsley.

Key largo veg: Carrots, Green Beans, Red Bell Pepper

Juice

Lorna doones

---

Egg /ham and cheese English muffin: Whole Eggs, Water, Soybean Oil, Modified Food Starch, Whey Solids, Salt, Nonfat Dried Milk, Citric Acid. Contains eggs, milk. Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid (preservative), Citric Acid, Enzymes, Soy Lecithin, Apo Carotenal And Beta Carotene (color). contains: Milk, Soy Ingredients: Enriched Wheat Flour (wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Corn Meal, Sugar, Vegetable Oil (canola And/or Soy), Salt, Calcium Propionate, Wheat Gluten, Dough Conditioners (monocalcium Phosphate Monohydrate, Datem, Ascorbic Acid, Enzymes), Corn Starch. contains: Wheat.

Roasted red skin potatoes: Red Potato, Salt, Spice, Dehydrated Onion, Dehydrated Garlic, Canola Oil, Dextrose. Red Potato, Salt, Spice, Dehydrated Onion, Dehydrated Garlic, Canola Oil, Dextrose.

Juice

Applesauce: Apples, Water, Concentrated Apple Juice, Ascorbic Acid (vitamin C) Or Erythorbic Acid (to Maintain Color).

