

JUNE | 2024



MEALS ON WHEELS NORTHEAST OHIO – 330-832-7220

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Chicken Fried Rice Vegetable Spring Rolls/sweet & sour sauce Asian Blend Veg Juice Fruit Cocktail</p>	<p>MOW Sloppy Joe/Bun O'Brien Potatoes Bu Corn Juice MOW Cookie *Teddy Grahams</p>	<p>5 MOW Egg Salad/ Bite Size Naan (5) MOW Carrot Salad MOW Macaroni Salad Juice Peaches</p>	<p>6 Pancakes/Sausage Link#/Syrup MOW Baked Apples Juice Yogurt</p>	<p>7 MOW Roast Beef w/ Gravy over Mashed Potatoes Green Beans Dinner Roll Applesauce</p>
<p>10 Mini Corn Dogs w/Honey Mustard MOW German Potato Salad# MOW Baked Beans# Fresh Fruit</p>	<p>11 Cheeseburger/Pickles/ Tomato/Bun Baby Bakers Green Beans Vanilla Pudding *Uns Vanilla Pudding</p>	<p>12 Breaded Chicken Patty/Pickles/Bun Ranch Sauce Sliced Carrots Bean Medley Pineapple Tidbits</p>	<p>13 MOW Ham Salad#/Bun MOW Mustard Potato Salad MOW Garden Cottage Cheese Peaches</p>	<p>14 MOW BBQ Chicken Thigh Au gratin Potatoes Bu Peas Dinner Roll Reg/UnsFruited Gelatin</p>
<p>17 Chicken Fajita w/Onions/Peppers /Tortilla Spanish Rice Wax Beans Fresh Fruit</p>	<p>18 Baked Penne w/MOW Meatsauce Carrots Italian Green Beans Tropical Fruit</p>	<p>19 CLOSED </p>	<p>20 Beef Hot Dog/Bun Hash Browns Corn Juice Blueberry Lemon Cookie Bites</p>	<p>21 Meatloaf w/ MOW Meatloaf Sauce over Mashed Potatoes Brussel Sprouts Dinner Roll Raisins</p>
<p>24 MOW Chicken Alfredo over Cavatappi Broccoli MOW Glazed Carrots Fruited Fluff</p>	<p>25 Salisbury Steak w/MOW Mushroom Gravy Mashed Potatoes Chef Cut Vegetable Wheat Bread Craisins</p>	<p>26 MOW Breakfast Casserole # Biscuit/Honey Warm Peaches Juice Animal Crackers</p>	<p>27 Grilled Chicken Breast Bun/Pickles/Mayo Pkt Diced Carrots Bu Peas Mixed Fruit</p>	<p>28 Braut#/Bun Seasoned Potatoes Italian Blend Veggie Juice Fresh Fruit</p>

MOW = Made from scratch menu items.

pork in recipe

* Diabetic meal = low sugar dessert

All hot meals = No Added Salt

Entrée – 3oz
Casserole/Soup 6oz
or 8oz
Fruit/Vegetable 4oz
Milk – 8oz
Dessert – 1 svg

Please call 2 working days in advance to cancel your meal
330-832-7220

Substitutions may be made due to availability

Nora Logsdon, LD