

MAY | 2024

Meals on Wheels Northeast Ohio – 832-7220



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29



30

1 MOW Swedish Meatballs
Over Pasta
Capri Blend Veg
Wax Beans
Fresh Fruit

2 MOW Turkey Salad
MOW Pea & Cheese Salad
MOW Pasta Salad
Croissant
Juice
Fig Bar

3 MOW Johnny Marzetti
Green Beans
Cauliflower
Juice
Reg/Uns Fruited Gelatin

6 Beef Hot Dog w/MOW
Coney Sauce/Bun
MOW Baked Beans#
Applesauce
Juice
Goldfish Vanilla Graham
Cracker

7 MOW Parmesan Crusted
Chicken Thigh
Over Pasta/Sauce
Italian Green Beans
Dinner Roll
Juice
Craisins

8 MOW Supreme Pizza
Casserole #
Ital Veggie Blend
Corn
Juice
Goldfish Cinnamon
Graham Crackers

9 Chicken Cordon Bleu #
Scalloped Potatoes
5 Way Veggies
White Bread
Pineapple

10 Pork Chop # over
Sauerkraut
Mashed Potatoes
Peas
Juice
Uns Lemon Cookie

13
Chicken Patty
w/Cheese/Bun
Sliced Carrots
Green Beans
Mandarin Oranges

14 MOW Beef Stroganoff
Over Noodles
Broccoli w/Cheese Sauce
Juice
Fresh Fruit

15 MOW Italian Sausage#
w/Peppers/Onions/
Marinara/Bun
Cheesy Hashbrowns
Italian Vegetables
Applesauce

16 MOW Sausage Gravy #
over Biscuit
Cinnamon Peaches
Hashbrown Potatoes
Juice
Oatmeal Cookie

17 Meatball Sub w/cheese
Pacific Blend Veg
Italian Green Beans
Bun
Juice
Reg/Uns Vanilla Pudding

20 Chicken Tenders w/dipping
sauce
Rosemary Garlic Potatoes
Key Largo Veggie
Dinner Roll
Peaches

21 Pancakes w/syrup
Sausage Links 2 ea #
MOW Baked Apples
Juice
Yogurt

22
MOW Mac & Cheese
MOW Stewed Tomatoes
Broccoli
Fruited Fluff

23 MOW Swiss Steak W/
MOW Gravy
Baby Bakers
Garden Blend Veg
Dinner Roll
Juice
Animal Crackers

24 Meatloaf w/MOW Meatloaf
Sauce
Over Mashed Potatoes
Cauliflower
Dinner Roll
Fruit Cocktail

27 MEMORIAL DAY
CLOSED



28 Cheese Omelet
Hashbrowns
Blueberry Muffin
Juice
Fruited Gelatin*Uns
Fruited Gelatin

29 MOW Chicken and
Noodle Casserole
Lima Beans
Peas
Pears

30 MOW Sloppy Joe/Bun
Red Skin Potatoes
Vegetable Medley
Juice
MOW Baked Cookie
^Teddy Grahams

31 Pasta w/MOW Meatsauce
Sliced Carrots
Green Beans
Papaya/Mango

MOW = Made from
scratch menu items.

pork in recipe

* Diabetic meal = low sugar
dessert

All hot meals = No Added
Salt

Entrée – 3oz
Casserole/Soup 6oz
or 8oz
Fruit/Vegetable 4oz
Milk – 8oz
Dessert – 1 svg

Please call 2 working
days in advance to
cancel your meal
330-832-7220

Substitutions may be
made due to
availability

Nora Logsdon, LD