

# APRIL | 2024



## MEALS ON WHEELS NORTHEAST OHIO – 330-832-7220

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**1** MOW Johnny Marzetti  
Green Beans  
Cauliflower  
Juice  
Reg/Uns Fruited Gelatin

**2** Beef Hot Dog w/MOW  
Coney Sauce/Bun  
MOW Baked Beans#  
Warm Applesauce  
Juice  
Goldfish Graham Cracker

**3** MOW Beef Stroganoff Over  
Noodles  
Broccoli w/Cheese Sauce  
Juice  
Fresh Fruit

**4** MOW Supreme Pizza  
Casserole #  
Ital Veggie Blend  
Corn  
Juice  
Goldfish Cinnamon  
Graham Crackers

**5** Chicken Cordon Bleu #  
Scalloped Potatoes  
5 Way Veggies  
White Bread  
Pineapple

**8** Pork Chop# over  
Sauerkraut  
Mashed Potatoes  
Peas  
Juice  
Reg/\*Uns Lemon Cookie

**9** Chicken Patty  
w/Cheese/Bun  
Sliced Carrots  
Green Beans  
Mandarin Oranges

**10** MOW Parmesan Crusted  
Chicken Thigh  
Over Pasta/Sauce  
Italian Green Beans  
Dinner Roll  
Juice  
Craisins

**11** MOW Swiss Steak W/ MOW  
Gravy  
Baby Bakers  
Garden Blend Veg  
Dinner Roll  
Juice  
Animal Crackers

**12** MOW Sausage Gravy#  
over Biscuit  
Cinnamon Peaches  
Hashbrown Potatoes  
Juice  
Oatmeal Cookie

**15** Meatball Sub w/cheese  
Pacific Blend Veg  
Italian Green Beans  
Bun  
Juice  
Reg/Uns Choc Pudding

**16** MOW Cr of Potato Soup  
Peanut Butter & Jelly  
Uncrustable  
MOW Bean Salad  
Mango

**17** Chicken Tenders w/dipping  
sauce  
Rosemary Garlic Potatoes  
Key Largo Veggie  
Dinner Roll  
Peaches

**18** Pancakes w/syrup  
Sausage Links 2 ea #  
MOW Baked Apples  
Juice  
Yogurt

**19** MOW Mac & Cheese  
MOW Stewed Tomatoes  
Broccoli  
Fruited Fluff

**20** MOW Italian Sausage#  
w/Peppers/Onions/  
Marinara/Bun  
Cheesy Hashbrowns  
Italian Vegetables  
Applesauce

**21** Meatloaf w/MOW Meatloaf  
Sauce  
Over Mashed Potatoes  
Cauliflower  
Dinner Roll  
Fruit Cocktail

**24** MOW Chicken and  
Noodle Casserole  
Lima Beans  
Peas  
Pears

**25** Cheese Omelet  
Hashbrowns  
Blueberry Muffin  
Juice  
Fruited Gelatin  
\*Uns Fruited Gelatin

**26** MOW Sloppy Joe/Bun  
Red Skin Potatoes  
Vegetable Medley  
Juice  
MOW Baked Cookie  
^Teddy Grahams

**29** Pasta w/MOW Meatsauce  
Sliced Carrots  
Green Beans  
Papaya/Mango

**30** BBQ Riblet w/ bbq sce pkt  
MOW Corn Casserole  
Chef Cut Veg Blend  
Dinner Roll  
Tropical Fruit

**1**

**2**

**3**



**MOW** = Made from  
scratch menu items.

# pork in recipe

\* Diabetic meal = low sugar  
dessert

All hot meals = No Added  
Salt

Entrée – 3oz  
Casserole/Soup 6oz  
or 8oz  
Fruit/Vegetable 4oz  
Milk – 8oz  
Dessert – 1 svg

**Please call 2 working  
days in advance to  
cancel your meal  
330-832-7220**

Substitutions may be  
made due to  
availability

*Nora Logsdon, LD*