



MARCH | 2024

Meals on Wheels Northeast Ohio


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>26</p> 	<p>27</p>	<p>28</p>	<p>29</p>	<p>1</p> <p>Cheese Omelet Hashbrowns Apple Muffin Juice Peaches</p>
<p>4</p> <p>Closed – Staff Development</p>	<p>5</p> <p>Closed – Staff Development</p>	<p>6</p> <p>Chicken Tenders w/dipping sauce Rosemary Garlic Potatoes Key Largo Veggie Dinner Roll</p>	<p>7</p> <p>MOW Sausage Gravy over Biscuit Cinnamon Peaches Hashbrown Potatoes Juice MOW Oatmeal Cookie</p>	<p>8</p> <p>MOW Cr of Potato Soup Peanut Butter & Jelly Uncrustable MOW Bean Salad Mango</p>
<p>11</p> <p>Meatball Sub w/cheese Pacific Blend Veg Italian Green Beans Bun Juice Reg/Uns Choc Pudding</p>	<p>12</p> <p>Pancakes w/syrup Sausage Links (2)# MOW Baked Apples Juice Fruited Yogurt</p>	<p>13</p> <p>Peaches MOW Italian Sausage# w/Peppers/Onions/Marinara/Bun Cheesy Hashbrowns Italian Vegetables Applesauce</p>	<p>14</p> <p>Meatloaf w/MOW Meatloaf Sauce Over Mashed Potatoes Cauliflower Dinner Roll Fruit Cocktail</p>	<p>15</p> <p>MOW Mac & Cheese MOW Stewed Tomatoes Broccoli Fruited Fluff</p>
<p>18</p> <p>Deconstructed Rueben Sandwich/1000 Island pkt Baby Bakers Chef Cut Veg blend Rye Bread Juice</p>	<p>19</p> <p>MOW Chicken and Noodle Casserole Lima Beans Peas Pears</p>	<p>20</p> <p>MOW Sloppy Joe/Bun Red Skin Potatoes Vegetable Medley Juice MOW Baked Cookie ^Teddy Grahams</p>	<p>21</p> <p>Pasta w/MOW Meatsauce Sliced Carrots Green Beans Papaya Mango</p>	<p>22</p> <p>Egg Patty/Cheese/English Muffin Hashbrowns Juice Fruited Gelatin *Uns Fruited Gelatin</p>
<p>25</p> <p>Special Cookie BBQ Riblet W/BBQ Dipping Sauce MOW Corn Casserole Chef Cut Veg Blend Dinner Roll</p>	<p>26</p> <p>MOW Swedish Meatballs Over Pasta Capri Blend Veg Wax Beans Fresh Fruit</p>	<p>27</p> <p>MOW Turkey Salad MOW Pea & Cheese Salad MOW Pasta Salad Croissant Juice</p>	<p>28</p> <p>Sliced Ham w/Pineapple Glaze Augratin Potatoes Broccoli Dinner Roll Pickled Beets Easter Cookie</p>	<p>29</p> <p>Good Friday MOW Vegetable Soup Grilled Cheese Sandwich MOW Cucumber Salad Pineapple</p>

MOW = Made from scratch menu items.

pork in recipe

* Diabetic meal = low sugar dessert

All hot meals = No Added Salt

Entrée – 3oz
Casserole/Soup 6oz or 8oz
Fruit/Vegetable 4oz
Milk – 8oz
Dessert – 1 svg

Please call 2 working days in advance to cancel your meal
330-832-7220

Substitutions may be made due to availability

Nora Logsdon, LD

Tropical Fruit

Fig Bar

*Uns Lemon Cookie