### Meals on Wheels of Northeast Ohio December 2023 - February 2024

ALL VEGETABLES ARE SUBJECT TO HAVE GARLIC SPREAD ON THEM: Garlic Spread: Palm And Palm Kernel Oil, Vegetable Oil (canola And/or Soybean Oil), Water, Parmesan Cheese (pasteurized Cow's Milk, Culture, Salt, And Enzymes, Corn Starch And/or Cellulose Added To Prevent Caking), Minced Garlic, Garlic Powder, Salt, Dry Whey, Parsley Flakes, Soy Lecithin (emulsifier), Mono- And Diglycerides (mono- And Diglycerides, Miixed Tocopherols, Ascorbic Acid, Citric Acid (antioxidants)), Sodium Benzoate (preservative), Artificial Butter Flavor, Vitamin A Palmitate, Beta Carotene (color). Contains: Soy, MILK

#### <u>Beef</u>

Smothered Beef Patty: Beef Patty: Beef Patty Ingredients: Beef (salt Added), Water, Collagen Hydrolyzate, Modified Food Starch (tapioca And/or Corn), Soy Protein Isolate, Beef Broth (Beef Broth And Salt), Salt, Garlic Powder, White Pepper, Onion Powder. Contains Soy. Brown Gravy: Food Starch-modified, Salt, Dextrose, Hydrolyzed Vegetable Protein (corn, Soy, And/or Wheat), Palm Oil, Yeast Extract, Color Added, Onion, Contains Less Than 2%: Garlic, Corn Syrup Solids, Natural And Artificial Flavors, Sodium Caseinate, Hydrolyzed Whey Protein And Wheat Bran, Maltodextrin, Disodium Guanylate, Disodium Inosinate, Mono & Diglycerides, Citric Acid, Whey Protein Concentrate, Diammonium Phosphate. contains Allergens: Wheat, Milk, Soy. Peppers and onions: Onion, Green And Red Bell Pepper, Contains Less Than 2% Of Citric AcidDehydrated Garlic And Onion, Natural Flavors, Olive Oil, Salt, Spices, Sugar, Yeast Extract. Fresh Mushrooms

Stewed Tomatoes: Diced Tomatoes (Tomatoes, Tomato Juice, Salt, Calcium Chloride, Citric Acid), Salt Free Seasoning (Dehydrated onion, dehydrated garlic, spices, dehydrated carrots, orange peel, dehydrated red bell pepper, red pepper, natural flavor), , Low Sodium Beef Base (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.), Tomato Paste (Less Than 2% Of: Spices, Natural Flavors, Citric Acid), Celery, Onions, Green Peppers, Black Pepper, Garlic, Sugar, Italian Seasoning (Italian Seasoning Is A Blend Of Marjoram, Thyme, Rosemary, Savory, Sage, Oregano, And Basil.), Hot Sauce (Aged Red Cayenne Peppers, Vinegar, Salt, Xanthan Gum, Garlic)

#### **Wax Beans**

Juice

Oatmeal Cookie: Sugar, Raisins, Enriched Wheat Flour (wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Oats, Shortening (palm Oil), Margarine (palm Oil, Water, Salt, Mono- And Diglycerides, Soy Lecithin, Sodium Benzoate [preservative], Artificial Flavor, Beta-carotene [color], Vitamin A Palmitate), Wheat Flour, Water, Molasses, Contains Less Than 2% Of Baking Soda, Eggs, Natural Flavors (milk), Salt, Soy Lecithin, Spices. contains: Wheat, Eggs, Milk, Soy manufactured On Equipment That Also Processes Products Containing Peanuts/tree Nuts.

Swiss Steak: Beef, Water, Textured Soy Protein Concentrate, Beef Base (roasted Beef And Concentrated Beef Stock, Salt, Hydrolyzed Soy, Corn And Wheat Proteins, Maltodextrin, Corn Oil, Sugar, 2% Or Less Of Caramel Color, Modified Corn Starch, Yeast Extract, Disodium Inosinate, Disodium Guanylate), Soy Protein Concentrate. Contains: Soy, Wheat Sauce:Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT), Margarine (Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk), Water, White Pepper, Low Sodium Beef Base (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.), Tomato Paste (Tomato Paste, Less Than 2% Of: Spices, Natural Flavors, Citric Acid), Salt Free Seasoning (Dehydrated onion, dehydrated garlic, spices, dehydrated carrots, orange peel, dehydrated red bell pepper, red pepper, natural flavor...), Browning Sauce (Caramel color (sulfites), water, vegetable base (water, carrots, celery, cabbage, onion, parsley, turnips, parsnips), less than 2% of: spices, salt, mustard seed, sodium benzoate as a preservative)

<u>Baby Bakers</u>: Potatoes, Olive Oil, Contains Less Than 2% Of Garlic Powder, Maltodextrin, Natural Flavor, Onion Powder, Salt, Spice, Sugar, Vinegar Powder (Maltodextrin, Vinegar)

#### Broccoli

<u>IW White Bread Unbleached Enriched Flour</u> (Wheat Flour, Malted Barley Fluir, Niacin, Reduced Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Wheat Gluten, Fully Refined Subean Oil, Granulated Sugar, Salt, Dough Improver (Malted Wheat Flur, Enzymes and 2% or Less of Ascorbic Acid), Calcium Propinate (to retain freshness), Calcium Sulfate, Enzymes

### <u>Juice</u>

#### **Animal Crackers**

Meatballs in Marinara: Meatballs (Beef, Water, Seasoning [Wheat Flour, Romano Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Salt, Whole Egg, Onion Powder, Spices, Maltodextrin, Garlic Powder, Dried Parsley, Malt Extract, and Partially Hydrogenated Soybean and/or Cottonseed Oil.], Textured Soy Protein Concentrate [Soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate (B1), pyridoxine hydrochloride (B6), riboflavin (B2), and cyanocobalamin (B12).], Soy Protein Concentrate, Eggs, and Sodium Phosphate. CONTAINS: MILK, SOY, WHEAT, EGGS), Marinara Sauce: Tomatoes, Tomato Puree, Soybean Oil, Rice Flour, Sea Salt, Dehydrated Garlic, Dehydrated Onion, Spices, Bell Pepper, Calcium Chloride, Citric Acid.

<u>Bowtie Pasta:</u>Durum Semolina, Niacin, Ferrous Sulfate (Iron), Thiamine Mononitrate, Riboflavin, Folic Acid. <u>Italian Green Beans</u>

### Cauliflower

Juice

#### **Teddy Grahams**

Cheese Burger: Beef patty:BEEF, WATER, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE (B-1), PYRIDOXINE HYDROCHLORIDE (B-6), RIBOFLAVIN (B-2), CYANOCOBALAMIN (B-12)), SEASONING (HYDROLYZED CORN PROTEIN, DEXTROSE, SALT, ONION POWDER, SPICES), SODIUM TRIPOLYPHOSPHATE. CONTAINS: SOY American Cheese Slice: TURE, CREAM, SORBIC ACID (PRESERVATIVE), ENZYMES, CITRIC ACID, SOY LECITHIN, APO CAROTENAL AND BETA CAROTENE (COLOR). CONTAINS: MILK, SOY Pickle Chip: FRESH CUCUMBERS, WATER, VINEGAR, SALT, CONTAINS LESS THAN 2% OF CALCIUM CHLORIDE, SODIUM BENZOATE (PRESERVATIVE), SPICES (CONTAINS MUSTARD), DEHYDRATED ONION, DEHYDRATED GARLIC, POLYSORBATE 80, TURMERIC EXTRACT (COLOR), NATURAL FLAVOR, DEHYDRATED DILL

Baked Beans: Bacon (Cured With: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.), water, Navy Beans, Onions, White Pepper, Salt FreeONION, GARLIC, SPICES (BLACK PEPPER, PARSLEY, CELERY SEED, BASIL, BAY LEAF, MARJORAM, MUSTARD SEED, ROSEMARY, SAGE, OREGANO, RED PEPPER, SAVORY, THYME, CORIANDER SEED, CUMIN), ORANGE PEEL, RED BELL PEPPER, CARROT, CORN SYRUP SOLIDS, CITRIC ACID, LEMON JUICE POWDER & LEMON OIL. Beef Soup Base (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.), Brown Sugar (Sugar, molasses.), Dry Mustard (mustard flour). Cider Vinegar (apple cider vinegar and filtered water), Molasses, Liquid Smoke (Water, natural hickory smoke flavor), Honey, mustard (Water, Distilled Vinegar, Mustard Seed, Salt, Mustard Bran, Turmeric, Paprika, Natural Flavors.), Hot Sauce Aged Red Cayenne Peppers, Vinegar, Salt, Xanthan Gum, Garlic), White Pepper, Browning Sauce (Caramel color (sulfites), water, vegetable base (water, carrots, celery, cabbage, onion, parsley, turnips, parsnips), less than 2% of: spices, salt, mustard seed, sodium benzoate as a preservative., Ketchup (Tomato Concentrate, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Less Than 2% Of: Spice, Onion Powder, Natural Flavors...

#### Bean Medley: GREEN BEANS, KIDNEY BEANS, WAX BEANS, DICED CARROTS

<u>Hamburger Bun:</u> Contains: Enriched Flour (Wheat Flour, Malt Barley Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Corn Syrup, Soy Oil, Yeast Contains 2% or less of the following: Salt, Wheat Gluten, Mono-Diglycerides, Calcium Sulfate, Monocalcium Phosphate, Calcium Propionate (A Preservative), Ammonium Sulfate, Enzyme, Ascorbic Acid, Calcium Peroxide, Soy Lecithin.

#### Juice

Carnival Cookie: ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, MARGARINE (PALM OIL, WATER, SOYBEAN OIL, CONTAINS 2% OR LESS OF SALT, MONO- & DIGLYCERIDES, NATURAL FLAVORS [INCLUDES MILK], CITRIC ACID, VITAMIN A PALMITATE ADDED, BETA CAROTENE [COLOR]), CANDY (CHOCOLATE [SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, BUTTER OIL, SOY LECITHIN, VANILLIN], SUGAR, ARTIFICIAL COLORING [INCLUDES YELLOW 5 LAKE, YELLOW 6 LAKE, BLUE 2 LAKE, RED 40 LAKE, BLUE 1 LAKE, YELLOW 6, YELLOW 5, BLUE 1], GUM ARABIC, CORN SYRUP, CONFECTIONER'S

GLAZES), SEMI-SWEET CHOCOLATE CHIPS (SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, SOY LECITHIN, VANILLA), EGGS, CONTAINS 2% OR LESS OF: MOLASSES, BAKING SODA, SALT, WATER, NATURAL AND ARTIFICIAL FLAVOR .CONTAINS: WHEAT, MILK, SOY, EGGS

Walking Taco Meat: Ground Beef, TACO SEASONING: DEXTROSE, SALT, CORN FLOUR, CHILI PEPPER, CUMIN, ONION POWDER, GARLIC POWDER, OREGANO, CITRIC ACID, SILICON DIOXIDE (AS ANTICAKING AGENT), AND EXTRACTIVES OF PAPRIKA.

Black Beans (CANNED): Black Beans, Water, Salt, Calcium Chloride, Ferrous Gluconate.

Corn

Cheddar Cheese: PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO (VEGETABLE COLOR). POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING. Contains: Milk.)

**Dorito Chips** 

<u>Juice</u>

#### Craisins

Meatloaf w/MOW Sauce: Meatloaf: Beef, Water, Vegetable Protein Product [Soy Protein Concentrate, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Tomato Ketchup (Tomato Concentrate, Corn Syrup, Distilled Vinegar, Salt, Natural Flavorings, Onion Powder, Spice, Garlic Powder), Onions, Bread Crumbs [Bleached Wheat Flour, Soybean Oil, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Whey, Oleoresin Paprika], Bell Peppers, Seasoning (Dehydrated Onion, Dextrose, Autolyzed Yeast Extract, Spice Extractive], Salt, Dried Whole Eggs, Sodium Phosphate. CONTAINS: Milk, Egg, Soy, Wheat Spicy red meatloaf Sauce:Oil Vegetable Soybean Oil, Onions, Black Pepper, Minced Garlic, Dry Mustard, Chili Powder CHILI PEPPER, SALT, SPICES, GARLIC, AND SILICON DIOXIDE (ADDED TO MAKE FREE FLOWING)r, Ketchup Tomato Concentrate, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Less Than 2% Of: Spice, Onion Powder, Natural Flavors, Tomato Paste (Tomato Paste, Less Than 2% Of: Spices, Natural Flavors, Citric Acid), Diced TomatoesTomatoes, Tomato Juice, Sea Salt, Calcium Chloride, Citric Acid, Brown Sugar, Soy Sauce Water, Wheat, Soybeans, Salt, Lactic Acid, Sodium Benzoate: less than 1/10 of 1% as a Preservative., Green Peppers, Low Sodium Beef Base (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.), Water

<u>Diced Rosemary Garlic Potatoes</u>:Sweet Potatoes, Sugar, Corn Starch, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola), Modified Food Starch (Corn, Tapioca, Potato), Rice Flour, Salt, Dextrin, Natural Flavor, Color (Turmeric, Oleoresin Paprika), Dextrose, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate).

Glazed Carrots: Carrots, Brown Sugar: sugar, Molasses

IW Wheat Bread Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Coarse Cracked Wheat, Whole Wheat Flour, Honey, Wheat Gluten, Fully Refined Soybean Oil, Salt, Calcium Propionate (to retain freshness), Dough Improver (Malted Wheat Flour, Enzymes and 2%or Less of Ascorbic Acid), Calcium Sulfate, Enzymes, Ascorbic Acid.

### Raisins

Swedish Meatballs: Meatballs (Beef, Water, Seasoning [Wheat Flour, Romano Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Salt, Whole Egg, Onion Powder, Spices, Maltodextrin, Garlic Powder, Dried Parsley, Malt Extract, and Partially Hydrogenated Soybean and/or Cottonseed Oil.], Textured Soy Protein Concentrate [Soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate (B1), pyridoxine hydrochloride (B6), riboflavin (B2), and cyanocobalamin (B12).], Soy Protein Concentrate, Eggs, and Sodium Phosphate. CONTAINS: MILK, SOY, WHEAT, EGGS), Sauce: Margarine (,(Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains:

Soybean, Milk), Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT), 2% Milk, Sugar, Black Pepper, Molasses, Garlic, Low Sodium Beef Base (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.),

Bowtie Pasta: Durum Semolina, Durum Flour, Egg Yolks, Niacin, Ferrous Sulfate (Iron), Thiamine Mononitrate, Riboflavin, Folic Acid.

Beets: BEETS, WATER, SALT

Peas

<u>Pineapple:</u> Pineapple, Pineapple Juice, Acerola Juice From Concentrate (water, Acerola Juice Concentrate), And Lemon Juice From Concentrate (water, Lemon Juice Concentrate).

MOW Sloppy Joe: ground beef, onions, green peppers, celery, Salt-Free (SF) seasoning (Dehydrated onion, dehydrated garlic, spices, dehydrated carrots, orange peel, dehydrated red bell pepper, red pepper, natural flavor. Italian Seasoning, Thyme, Basil Garlic Powder, Tomato Puree(Tomato Concentrate (Water, Tomato Paste), Citric Acid.), Hot Sauce, Tomato Paste(Less Than 2% Of: Spices, Natural Flavors, Citric Acid.), Ketchup (Tomato concentrate, high fructose corn syrup, vinegar, corn syrup, salt, onion powder, spice, and natural flavors.), brown sugar, pepper, yellow mustard, Low Sodium Beef Base (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.), Cider Vinegar

Cheesy Potatoes: Diced White Cooked Russet Skinless (Potatoes, Dextrose, Disodium Pyrophosphate (added To MaintainColor), Potassium Sorbate (added To Maintain Freshness)) Cream of chicken soup (Chicken Stock, Water, Vegetable Oil, Modified Food Starch, Wheat Flour, Cream (milk), Contains Less Than 2% Of: Salt, Chicken\*, Soy Protein Concentrate, Chicken Fat, Yeast Extract, Beta Carotene (for Color), Chicken Broth\*, Flavoring, Cane Sugar, Onions\*, Cornstarch, Celery Extract, Onion Extract, Xanthan Gum. \*dried. Contains: Wheat, Milk, Soy)Canned Cheddar Cheese Sauce(Whey, Vegetable Oil, (contains One Ormore Ofthe Following: Canola Oil, Sunflower Oil,soybean Oil), Food Starchmodified (corn), Water, Salt,sodium Phosphate, Natural Flavors, Cheddar Cheese(pasteurized Milk, Cheese Cultures, Salt, Enzymes,annatto), Monosodium Glutamate, Distilled Vinegar,sodium Stearoyl Lactylate And Color AddedContains: Milk) Sour Cream (Cultured Non Fat Milk, Cream, Contains Less Than 2% Of Whey, Food Starch-modified (corn), Sodium Phosphate (sodium, Tripolyphosphate), Guar Gum, Carrageenan, Calcium Sulfate, Locust Bean Gum,

Corn O'Brien: Corn, onions, red peppers potassium Sorbate (preservative). contains Milk, onion.

<u>Juice</u>

**Animal Cracker** 

Cheesy Beef and Bow-Ties: Bow Tie Pasta (SEMOLINA (WHEAT), NIACIN, FERROUS SULFATE (IRON), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), Ground Beef, Green Onions, Salsa (Fire Roasted Diced Tomatoes [Tomatoes, Tomato Juice, Salt, Calcium Chloride, Citric Acid], Onions, Cilantro, Lime Juice, Cheddar Cheese (Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto [Vegetable Color]). Anti- Caking Blend (Potato Starch, Powdered Cellulose). CONTAINS: MILK), Cheese Sauce(CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), FOOD STARCH-MODIFIED, WHEY, MALTODEXTRIN, SALT, PALM OIL, BUTTERMILK, Contains less than 2%: AGED CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES), PAPRIKA EXTRACT, LACTIC ACID, NATURAL FLAVORS, YEAST EXTRACT, HYDROLYZED VEGETABLE PROTEIN (CORN), CITRIC ACID, CARRAGEENAN, MONO

& DIGLYCERIDES, CORN SYRUP SOLIDS, SODIUM PHOSPHATE, SODIUM CASEINATE, FD&C YELLOW #6, FD&C YELLOW #5, DISODIUM GUANYLATE, DISODIUM INOSINATE. CONTAINS: MILK)

#### **Lima Beans**

Corn

Juice

MOW Choc Chip Cookie: Chocolate Chips (sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, Natural Flavor, Milk), Enriched Wheat Flour (wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Shortening (palm Oil), Wheat Flour, Margarine (palm Oil, Water, Salt, Mono- And Diglycerides, Soy Lecithin, Sodium Benzoate [preservative], Artificial Flavor, Beta-carotene [color], Vitamin A Palmitate), Water, Molasses, Contains Less Than 2% Of Eggs, Leavening (sodium Bicarbonate, Hydrogenated Vegetable Oil [soy\_bean, Palm, Cottonseed Oil]), Natural Flavors (milk), Salt, Soy Lecithin, Whey Protein Concentrate.

SALISBURY STEAK (SYSCO): Beef (May Contain Up To 15 % of Water, Dextrose, Sodium Phosphates, Yeast Extract, Natural Flavoring), Water, Textured Vegetable Protein Product [Soy Protein Concentrate, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Vegetable Protein Product [Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Bell Peppers, Seasoning [Dehydrated Onion, Dextrose, Autolyzed Yeast Extract, Spice Extractives], Contains 2% or Less of the Following: Bleached Wheat Flour, Salt, Caramel Color, Soybean Oil, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Whey, Oleoresin Paprika. CONTAINS: Soy, Wheat, Milk

SALISBURY SAUCE: MARGINE: Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk. FLOUR: Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT, Onion, BEEF SOUP BASE: Roasted Beef and Beef Juices, Hydrolyzed Soy, Corn and Wheat Protein, Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid Added to Improve Stability), Maltodextrin, Contains less than 2% of Garlic Powder, Caramel Color, Corn Syrup Solids, Disodium Inosinate, Disodium Guanylate, Salt, Natural Flavoring, Oleoresin Paprika, Thiamine Hydrochloride, Yeast Extract. Contains: Soy, Wheat, BROWNING SAUCE: Caramel color(sulfites), water, vegetable base(water, carrots, celery, cabbage, onion, parsley, turnips, parsnips), less than 2% of: spices, salt, sodium benzoate as a preservative, TOMATO PASTE: Tomato Paste, less than 2% of: Salt, Citric Acid\*. \*Naturally Derived, Black pepper, garlic powder, WATER

Mashed Potatoes POTATO (DRY), CANOLA OIL, SALT, CONTAINS LESS THAN 2% OF: ARTIFICIAL COLORS, MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVOR. FRESHNESS PRESERVED WITH SODIUM BISULFITE, CITRIC ACID, AND BHT. COMMON ALLERGENS PRESENT: Milk

#### Cauliflower

<u>Dinner Roll:</u> Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Corn Syrup, Wheat Gluten, Yeast, Soy Oil, Salt, Contains 2% or less of the following: Mono-Diglycerides, Calcium Sulfate, Monocalcium Phosphate, Calcium Propionate (A Preservative), Corn Flour, Spice Oils, (Paprika, Turmeric), Lecithin, Ammonium Sulfate, Enzyme, Ascorbic Acid, Soy Lecithin. CONTAINS: WHEAT, SOY

<u>Juice</u>

MOW Apple crisp Apples (Apples, Ascorbic Acid, Citric Acid, Salt. COMMON ALLERGENS PRESENT: None), Oatmeal (100% rolled oats Brown Sugar, Cinnamon, Nutmeg, Margarine (Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk), Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT),

### Chicken

Chicken Pot Pie:Shredded Smoked Chicken Made with Dark Meat/Fully Cooked Ingredients: Dark Chicken Meat, Water, Tomatoes (Water, Tomato Paste), Seasoning (Salt, Sugar, Spices, Dehydrated Garlic, Xanthan Gum, Mustard, Dehydrated Onion, Corn Syrup Solids, Paprika, Canola Oil, Chili Pepper, Lemon Juice Solids, Natural Flavors, Garlic Powder), Chicken Fat, Sodium Phosphates, Rice Flour, Chicken Type Flavor (Autolyzed Yeast Extract, Flavors, Salt, Chicken Fat), Chili Powder (Chili Peppers, Flavoring), Curry Powder (Spices, Turmeric). Margarine (,(Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk), Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT), Onions, Water, Celery, Salt Free Chicken Soup Base (Roasted Chicken Dark Meat with Chicken Juices, Sugar, Chicken Fat, Maltodextrin, Hydrolyzed Soy Protein, Hydrolyzed Corn Protein, Yeast Extract, Onion Powder, Turmeric, Flavoring (Contains Canola Oil), Disodium Inosinate, Disodium Guanylate, Thiamine Hydrochloride, Corn Syrup Solids. Contains Soy.), 5 way mixed Vegetables Corn, Peas, Diced Carrots, Cut Green Beans, Lima Beans,

Buttermilk Biscuit: ENRICHED FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALMOIL, BUTTERMILK, SUGAR, PALM KERNEL OIL, BAKING SODA, NONFAT MILK, SODIUM ACID PYROPHOSPHATE, WHEY PROTEIN CONCENTRATE, SALT, SODIUM ALUMINUM PHOSPHATE, WHEY, SODIUM CASEINATE, NATURAL AND ARTIFICIAL FLAVOR. COMMON ALLERGENS PRESENT: Milk, Wheat.

#### **Brussel Sprouts**

<u>Tropical Fruit:</u> Pineapple, Pineapple Juice, Red Papaya, Water, Yellow Papaya, Guava, Sugar, Passion Fruit Juice Concentrate, Citric Acid, Calcium Chloride.

Chicken Bacon Ranch Baked Penne: Shredded Smoked Chicken Made with Dark Meat/Fully Cooked Ingredients: Dark Chicken Meat, Water, Tomatoes (Water, Tomato Paste), Seasoning (Salt, Sugar, Spices, Dehydrated Garlic, Xanthan Gum, Mustard, Dehydrated Onion, Corn Syrup Solids, Paprika, Canola Oil, Chili Pepper, Lemon Juice Solids, Natural Flavors, Garlic Powder), Chicken Fat, Sodium Phosphates, Rice Flour, Chicken Type Flavor (Autolyzed Yeast Extract, Flavors, Salt, Chicken Fat), Chili Powder (Chili Peppers, Flavoring), Curry Powder (Spices, Turmeric), Alfredo Sauce (soup base, basil, parsley, white pepper, garlic, Onions Margarine, flour, Milk,), Ranch Dressing (Soybean Oil, Water, Cultured Buttermilk (Cultured Lowfat Milk, Salt), High Fructose Corn Syrup, Salt, Egg Yolk, Contains Less than 1.5% of Cultured Buttermilk Solids\*, Distilled Vinegar, Monosodium Glutamate, Lactic Acid, Xanthan Gum, Onion\*, Sugar, Polysorbate 60, Phosphoric Acid, Sodium Benzoate and Potassium Sorbate (Preservatives), Spices, Garlic\*, Natural and Artificial Flavors, Disodium Inosinate, Disodium Guanylate.
\*Dried CONTAINS: Egg, Milk.), Bacon ends/pieces: Cured with water, salt, sugar, sodium phosphates, sodium erythorbate, sodium nitrite, MAY\_CONTAIN honey; Mozzarella Cheese(LOW MOISTURE MOZZARELLA CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), POWDERED CELLULOSE (TO PREVENT CAKING), NATAMYCIN (A NATURAL MOLD INHIBITOR). CONTAINS: MILK

Glazed Carrots: Carrots, Brown Sugar: sugar, Molasses

<u>Broccoli</u>

<u>Juice</u>

### **Teddy Grahams**

<u>Chicken Tenders:</u> Chicken breast tenderloins, water, seasoning [salt, flavors, maltodextrin, sugar, vegetable stock (carrot, onion, celery), garlic powder], modified food starch, sodium phosphates, soy protein concentrate. BREADED WITH: Bleached wheat flour, water, wheat flour, salt, sugar, wheat gluten, leavening (sodium bicarbonate, sodium acid pyrophosphate, sodium aluminum phosphate, monocalcium phosphate),

dextrose, yellow corn flour, yeast extract, onion powder, yeast, extractives of paprika, annatto, and turmeric, garlic powder, spice, disodium inosinate and disodium guanylate. Breading set in vegetable oil. CONTAINS SOY, WHEAT

## **Dipping Sauce**

<u>Au gratin Potatoes</u>: Potatoes, Modified Food Starch, Whey, Maltodextrin, Onion, Potassium Chloride, Sugar, Sunflower Oil, Contains 2% Or Less Of: Natural Flavor, Salt, Colors (annatto Extract, Turmeric Extract), Mono And Diglycerides, Autolyzed Yeast Extract, Cheddar Cheese (pasteurized Milk, Cultures, Salt, Enzymes), Corn Syrup Solids, Green Onion, Nonfat Milk, Soybean Oil, Spices, Torula Yeast, Freshness Preserved With (sodium Bisulfite).

California Blend Veg: Broccoli, Carrots, Cauliflower.

<u>Dinner Roll:</u> Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Corn Syrup, Wheat Gluten, Yeast, Soy Oil, Salt, Contains 2% or less of the following: Mono-Diglycerides, Calcium Sulfate, Monocalcium Phosphate, Calcium Propionate (A Preservative), Corn Flour, Spice Oils, (Paprika, Turmeric), Lecithin, Ammonium Sulfate, Enzyme, Ascorbic Acid, Soy Lecithin. CONTAINS: WHEAT, SOY

Juice

Sugar FreeLemon Cookie

Baked Chicken Thigh w/ Mushroom Gravy: Chicken Thighs, Boneless And Skinless\_MOW Mushroom Gravy; Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT), Margarine (Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk), Water, Black Pepper, Low Sodium Beef Base (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.),Fresh Sliced Mushrooms

<u>Au gratin Potatoes:</u> Potatoes, Modified Food Starch, Whey, Maltodextrin, Onion, Potassium Chloride, Sugar, Sunflower Oil, Contains 2% Or Less Of: Natural Flavor, Salt, Colors (annatto Extract, Turmeric Extract), Mono And Diglycerides, Autolyzed Yeast Extract, Cheddar Cheese (pasteurized Milk, Cultures, Salt, Enzymes), Corn Syrup Solids, Green Onion, Nonfat Milk, Soybean Oil, Spices, Torula Yeast, Freshness Preserved With (sodium Bisulfite).

5 Way Mixed Veggies: Corn, Carrots, Peas, Green Beans, Lima Beans

<u>Juice</u>

Fresh Fruit: apples, or oranges

<u>Pork</u>

BBQ Pulled Pork: BBQ Sauce: ketchup (Tomato concentrate, high fructose corn syrup, vinegar, corn syrup, salt, onion powder, spice, and natural flavors), onions, brown sugar, honey, garlic, Cajun seasoning (Dehydrated garlic, spices, salt, paprika (as color),

dehydrated onion and red pepper), molasses, liquid smoke (Water, natural hickory smoke flavoring), hot sauce (DISTILLED VINEGAR (WATER, DISTILLED VINEGAR), RED CAYENNE PEPPERS, SALT, XANTHAN GUM, GUAR GUM, ASCORBIC ACID (TO PRESERVE FRESHNESS), NATURAL FLAVOR.), pepper, low sodium beef base (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.), dry mustard, salt free seasoning (Dehydrated onion, dehydrated garlic, spices, dehydrated carrots, orange peel, dehydrated red bell pepper, red pepper, natural flavor..), cider vinegar, mustard, Tomato Paste (Tomatoes, citric acid), Water. pork, Sauce (Water, Vinegar[distilled vinegar, caramel color], sugar, salt spices)

<u>Parslied Potatoes:</u> Mashed Potatoes <u>POTATO</u> (DRY), CANOLA OIL, SALT, CONTAINS LESS THAN 2% OF: ARTIFICIAL COLORS, MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVOR. FRESHNESS PRESERVED WITH SODIUM BISULFITE, CITRIC ACID, AND BHT. COMMON ALLERGENS PRESENT: Milk Parsley Flakes

#### Lima Beans

<u>Hamburger Bun:</u> Contains: Enriched Flour (Wheat Flour, Malt Barley Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Corn Syrup, Soy Oil, Yeast Contains 2% or less of the following: Salt, Wheat Gluten, Mono-Diglycerides, Calcium Sulfate, Monocalcium Phosphate, Calcium Propionate (A Preservative), Ammonium Sulfate, Enzyme, Ascorbic Acid, Calcium Peroxide, Soy Lecithin.

<u>Gelatin</u>: Sugar, corn sugar, Gelatin and less than 2% each of the following sodium citrate, fumaric acid, natural and artificial flavor, ascorbic acid and FD&C color Yellow #5 = Lemon, Lime; Yellow #6 Orange, Peach; Red #40 Cherry, Grape, Peach, Raspberry, Strawberry, Watermelon; Blue #1 Berry Blue, Cherry, Grape Lime; Lemon, Lime, Orange and Peach contain Citric Acid\_Tropical Fruit: Pineapple Chunks, Red Papaya, Yellow Papaya And Gua Va; Has A Fresh Cut Appearance; Packed In A Light Syrup & Passion Fruit Juice.

<u>Sugar Free Gelatin</u>: Gelatin, Citric Acid, Fumaric Acid, Aspartame, Natural & Artificial Flavor, Sodium Citrate, Cellulose and color: Yellow #5 = Lemon, Lime; Yellow #6 Orange; Red #40 Cherry, Raspberry, Strawberry; Blue #1 Lime; Tropical Fruit: Pineapple Chunks, Red Papaya, Yellow Papaya And Gua Va; Has A Fresh Cut Appearance; Packed In A Light Syrup & Passion Fruit Juice.

Breaded Pork Chops: pork, bread crumbs, Enriched Flour (wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate [vitamin B1], Riboflavin [vitamin B2], Folic Acid), Water, High Fructose Corn Syrup, Yeast, Salt, Vegetable Oil (soybean, Cottonseed And/or Canola), Sugar, May Contain 2% Or Less Of The Following: Wheat Gluten, Dextrose, Soy Flour, Whey, Calcium Propionate (preservative), Sodium Stearoyl Lactylate (dough Conditioner), Mono- And Diglycerides, Soy Lecithin, Molasses, Honey, Whole Wheat Flour, Corn Flour, Cornmeal, Citric Acid, Grain Vinegar, Wheat Starch, Corn Starch, Potato Flour, Rice Flour, Wheat Bran, Oat Fiber, Calcium Sulfate, Datem, Potassium Iodate, Guar Gum, Calcium Phosphate, Enrichment (vitamin E Acetate, Vitamin A Palmitate, Vitamin D3), Lactic Acid, Ascorbic Acid (dough Conditioner), Spice & Coloring, Natural And Artificial Flavor, Sesame Seeds, Parsley\*, Garlic\*, Spices, Parmesan And/or Romano Cheese (pasteurized Cow's Milk And/or Sheep's Milk, Cheese Cultures, Salt, Enzymes). \*dehydrated contains: Wheat, Soy, Milk And Sesame Seeds Ingredients

Scalloped Potatoes: Potatoes, Modified Food Starch, Whey, Lactose, Contains 2% Or Less Of: Corn Syrup Solids, Onion, Sunflower Oil, Potassium Chloride, Salt, Mono And Diglycerides, Color (annatto Extract), Cheddar Cheese (pasteurized Milk, Cultures, Salt, Enzymes), Cream Cheese (pasteurized Cream, Cheese Culture, Salt, Carob Bean Gum, Guar Gum), Dipotassium Phosphate, Garlic, Green Onion, Maltodextrin, Natural Flavor, Nonfat Milk, Soybean Oil, Spice, Yeast Extract, Freshness Preserved With (sodium Bisulfite). contains: Milk

#### <u>Carrots</u>

Fruited Fluff: Fruited Fluff w/ Pineapple: Fluff: (Sorbitol, Maltodextrin, Partially Hydrogenated Palm Kernel Oil, Propylene Glycol Esters of Fats and Fatty Acids, Food Starch Modified, Sodium Caseinate (a milk derivative), Acetylated Monoglycerides, and Less than 1% of each of the following: Dipotassium Phosphate, Corn Starch, Mono & Diclycerides, Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Tetrasodium Pyrophosphate, Xantham Gum, Disodium Phosphate, Aspartame (a non nutritive sweetner), sodium bicarbonate, sodium aluminosilicate, citric Acid, Carob Bean Gum, Salt and Artificial flavoring),contain: Pineapple, Pineapple Juice

<u>Polish Sausage W/ Sauerkraut:</u> Ingredients: Pork, Water, Contains 2% Or Less Of: Salt, Sugar, Flavorings, Sodium Phosphates, Beef, Sodium Erythorbate, Sodium Nitrite.Sauerkraut: Cabbage, Water, Salt

Mashed Potatoes: Potatoes, Maltodextrin, Contains 2% Or Less Of: Sunflower Oil, Mono And Diglycerides, Color (titanium Dioxide), Natural And Artificial Flavors, Modified Food Starch, Freshness Preserved With (sodium Bisulfite, Bht).

Green Beans: canned: Green Beans, Water, Salt, And Zinc Chloride (stabilization Of Color).

IW Wheat Bread: Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Coarse Cracked Wheat, Whole Wheat Flour, Honey, Wheat Gluten, Fully Refined Soybean Oil, Salt, Calcium Propionate (to retain freshness), Dough Improver (Malted Wheat Flour, Enzymes and 2%or Less of Ascorbic Acid), Calcium Sulfate, Enzymes, Ascorbic Acid. Juice

**Shortbread Cookie** 

#### Casseroles

Pizza Casserole: Sausage(Pork, Water, Contains 2% Or Less: Salt, Sugar, Spices, Flavorings., pepperoni(BHA WITH CITRIC ACID ADDED TO HELP PROTECT FLAVOR. Ingredients: Pork, Beef, Salt, Contains 2% or less of Water, Dextrose, Spices, Sodium Ascorbate, Flavoring, Oleoresin of Paprika, Lactic Acid Starter Culture, Garlic Powder, Sodium Nitrite, BHA, BHT, Citric Acid. Pizza sauce(Tomato Puree (Water, Tomato Paste), less than 2% of: Salt, Dried Onions, Extra Virgin Olive Oil, Crushed Garlic, Dried Basil, Black Pepper, Dried Oregano, Citric Acid\*. \*Naturally Derived, fire roasted tomatoes(Tomatoes, Tomato Juice, Sea Salt, Calcium Chloride, Citric Acid) garlic powder, sugar, parmesan cheese(Parmesan Cheese (made from Cow's milk, Cheese Culture, Salt, Enzymes). Powdered Cellulose(added to prevent caking).CONTAINS MILK) Pasta(DURUM WHEAT SEMOLINA, NIACIN, IRON (FERROUS SULFATE), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID. CONTAINS: WHEAT) Mozzarella cheese(LOW MOISTURE PART SKIM MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), UNSMOKED PROVOLONE CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), POWDERED CELLULOSE (TO PREVENT CAKING), NATAMYCIN (A NATURAL MOLD INHIBITOR). CONTAINS: Milk)

Bean Medley: GREEN BEANS, KIDNEY BEANS, WAX BEANS, DICED CARROTS

Warm Peaches: Peaches, Water, Sugar.

Juice

**Brownie or Teddy Grahams** 

Stuffed Pepper Casserole: Ground Beef, Green Pepper, Low Sodium Beef Base (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.), Fire Roasted Diced\_Tomatoes (Tomatoes, Tomato Juice, Sea Salt, Calcium Chloride, Citric Acid), Tomato Sauce (Tomato Concentrate (Water, Tomato Paste), Water, Salt, Onion Powder, Garlic Powder, Citric Acid, Natural Flavors.), Low Sodium Beef Base (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.), Brown Sugar, Soy Sauce (Water, Wheat, Soybeans, Salt, Lactic Acid, Sodium Benzoate: less than 1/10 of 1% as a Preservative.), Brown Rice (long grain, brown rice)

Carrots

Peas

Pears : Diced Pear In Pear Juice. Northwest Diced Bartlett Pears Are Canned In Natural Pear Juice, There Is No Sugar Added.

#### **Breakfast**

Cheese Omelet: EGG PATTY: WHOLE EGGS, WHEY, NONFAT MILK\_PASTEURIZED CREAM CHEESE\_(PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, CAROB BEAN GUM, GUAR GUM AND/OR XANTHAN GUM), CONTAINS 2% OR LESS OF THE FOLLOWING: VEGETABLE OIL (CORN AND/OR SOYBEAN OIL), MODIFIED FOOD STARCH, SALT, XANTHAN GUM, GUAR GUM, PEPPER, NATURAL BUTTER FLAVOR. FILLING: CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, MILKFAT, WHEY, ENZYME MODIFIED CHEESE (PASTEURIZED MILK, WATER, SODIUM PHOSPHATE, MILKFAT, SALT, CHEESE CULTURE, ENZYMES), SODIUM PHOSPHATE, FOOD STARCH-MODIFIED, SALT, LACTIC ACID, SODIUM ALGINATE, SORBIC ACID (AS A PRESERVATIVE), APOCAROTENAL (COLOR). CONTAINS: EGGS, MILK. Allergens & Warnings CONTAINS: EGGS, MILK GFS WHOLE EGGS, WATER, SOYBEAN OIL, MODIFIED FOOD STARCH, WHEY SOLIDS, SALT, NONFAT DRIED MILK, CITRIC ACID. COMMON ALLERGENS PRESENT: Egg, Milk.

Bacon: Cured With: Water, Salt, Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.

<u>Hashbrowns:</u> Hashbrown Potatoes, Black Pepper, Garlic Powder, Paprika, SF Garden Seasoning (Dehydrated onion, dehydrated garlic, spices, dehydrated carrots, orange peel, dehydrated red bell pepper, red pepper, natural flavor.)

Apple Muffin: Enriched Bleached Flour (wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Water, Evaporated Apples, Soybean Oil, Eggs, High Fructose Corn Syrup, Contains 2% Or Less Of The Following: Whey, Modified Corn Starch, Leavening (sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Salt, Natural Flavors, Cinnamon, Sodium Propionate And Potassium Sorbate (preservatives), Mono & Diglycerides, Xanthan Gum Contains Wheat Egg Milk

### Juice

<u>Peaches:</u> Peaches, White Grape Juice From Concentrate (water, White Grape Juice Concentrate), Lemon Juice From Concentrate (water, Lemon Juice Concentrate), Natural Flavors, Ascorbic Acid (vitamin C) To Promote Color Retention, And Citric Acid.

French Toast: Water, Pasteurized Whole Eggs(citric Acid, May Be Produced With Nisin), Bread Crumbs (Wheat Flour, Sugar, Salt, Yeast), Brown Sugar, Vegetable Oil (canola, Corn And Or Soybean Oil, With Tbhq And Citric Acid, Dimethylpolysiloxane), Pancake Syrup (high Fructose Corn Syrup, Water, Corn Syrup, Cellulose Gum, Artificial Maple Flavor, Potassium Sorbate (perservative), Caramel Color), Collagen Hydrolyzate, Whey Protein Concentrate (soy Or Sunflower Lecithin), Food Starch - Modified (tapioca And Or Corn), Natural Butter Flavor (concentrated Natural Butter Flavor Dried On Maltodextrin, Whey Powder, Salt, Xanthan Gum, Natural Flavor), Nonfat Dry Milk And Whey Solids, Artificial Vanilla Flavor, N&a Maple Flavor (water, Caramel Color, Propylene Glycol, Invert Syrup, Corn Syrup, Sodium Benzoate), Cinnamon, Xanthan Gum. Contains: Eggs, Milk, Soy And Wheat. bread Ingredients: Water, Bread Crumbs (wheat Flour, Sugar, Salt, Yeast), Egg Whites (pasteurized Egg, Guar Gum, Triethyl Citrate), Collagen Hydrolyzate, Vegetable Oil (canola, Corn And Or Soybean Oil, Tbhq And Citric Acid, Dimethylpolysiloxane), Whey Protein Concentrate (soy Or Sunflower Lecithin), Modified Food Starch (corn And Or Tapioca), Natural Butter Flavor (concentrated Natural Butter Flavor Dried On Maltodextrin, Whey Powder, Salt, Xanthan Gum, Natural Flavor), Non Fat Dry Milk And Whey Solids, Sugar, Xanthan Gum, Salt. Contains: Wheat, Egg, Soy And Milk.

Sausage Links: Pork, Water, Salt, Contains 2% Or Less Of: Sugar, Spices, Chili Pepper, Flavoring.

Syrup

Cinnamon Peaches: Water, Sugar. Cinnamon

<u>Juice</u>

**Fruited Yogurt** 

## Soup

<u>Ham & Bean Soup:</u> Diced Ham: Pork, Water, Salt, Dextrose, Sodium Phosphate, Sodium Erythorbate, Natural Smoke Flavor, Sodium Nitrite, black pepper, onion, diced carrots, great northern beans: Prepared Great Northern Beans, Water, Salt, Calcium Chloride (firming Agent).

Corn Muffin: Enriched Bleached Flour (bleached wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Enriched degermed yellow corn meal (degerned yellow corn meal, niacin, iron[ferrous sulfate], Thiamine, mononitrate, riboflavin, folic acid), Sugar, Vegetable Shortening (contains one or more of the following; canola and or palm oil), Leavening (Baking soda, sodium aluminum phosphate, aluminum

sulfate, monocalcium phosphate), Contains 2% or less of Dextrose nonfat milk, salt, egg yolk, whey, calcium carbonate, corn starch, color (yellow 5 lake and yellow 6 lake).

<u>Cottage Cheese:</u> Cultured Nonfat Milk, Milk, Nonfat Milk, Contains Less Than 2% Of: Whey, Salt, Maltodextrin, Guar Gum, Citric Acid, Carrageenan, Mono And Diglycerides, Locust Bean Gum, Natural Flavor, Potassium Sorbate And Carbon Dioxide (to Protect Freshness), Vitamin A Palmitate, Enzyme. contains: Milk.

### <u>Juice</u>

<u>Tropical Fruit:</u> Pineapple, Pineapple Juice, Red Papaya, Water, Yellow Papaya, Guava, Sugar, Passion Fruit Juice Concentrate, Citric Acid, Calcium Chloride.

Cream of Tomato Soup: Tomato Puree(Tomato Concentrate (Water, Tomato Paste), Citric Acid.), Hot Sauce, Tomato Paste(Less Than 2% Of: Spices, Natural Flavors, Citric Acid.), Ketchup (Tomato concentrate, high fructose corn syrup, vinegar, corn syrup, salt, onion powder, spice, and natural flavors),, Sugar, Celery, Low Sodium Chicken Base (Roasted Chicken Dark Meat with Chicken Juices, Sugar, Chicken Fat, Maltodextrin, Hydrolyzed Soy Protein, Hydrolyzed Corn Protein, Yeast Extract, Onion Powder, Turmeric, Flavoring (Contains Canola Oil), Disodium Inosinate, Disodium Guanylate, Thiamine Hydrochloride, Corn Syrup Solids. Contains Soy), Pepper, Onions, Flour(Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT, Paprika, Margarine (Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk),, 2% Milk

Grilled Cheese Sandwich: Garlic Spread: Palm And Palm Kernel Oil, Vegetable Oil (canola And/or Soybean Oil), Water, Parmesan Cheese (pasteurized Cow's Milk, Culture, Salt, And Enzymes, Corn Starch And/or Cellulose Added To Prevent Caking), Minced Garlic, Garlic Powder, Salt, Dry Whey, Parsley Flakes, Soy Lecithin (emulsifier), Mono- And Diglycerides (mono- And Diglycerides, Miixed Tocopherols, Ascorbic Acid, Citric Acid (antioxidants)), Sodium Benzoate (preservative), Artificial Butter Flavor, Vitamin A Palmitate, Beta Carotene (color). Contains: Soy, Milk white bread: Unbleached Enriched Flour (wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Wheat Gluten, Contains 2% Or Less Of Each Of The Following: Yeast, Salt, Dough Conditioners (contains One Or More Of The Following: Sodium Stearoyl Lactylate, Calcium Stearoyl Lactylate, Monoglycerides, Mono- And Diglycerides, Distilled Monoglycerides, Calcium Peroxide, Calcium Iodate, Datem, Ethoxylated Mono- And Diglycerides, Enzymes, Ascorbic Acid), Soybean Oil, Canola Oil, Wheat Starch, Soy Lecithin, Calcium Propionate (to Retard Spoilage). contains: Wheat And Soy manufactured On Shared Equipment That Also Processes Products Containing Sesame. May Contain Sesame. American Cheese Slice: TURE, CREAM, SORBIC ACID (PRESERVATIVE), ENZYMES, CITRIC ACID, SOY LECITHIN, APO CAROTENAL AND BETA CAROTENE (COLOR). CONTAINS: MILK, SOY Juice

Mandarin Oranges: Mandarin orange segments, water and sugar.

Southwest Chicken CHILI: Chicken; Made with Dark Meat/Fully Cooked Ingredients: Dark Chicken Meat, Water, Tomatoes (Water, Tomatoe Paste), Seasoning (Salt, Sugar, Spices, Dehydrated Garlic, Xanthan Gum, Mustard, Dehydrated Onion, Corn Syrup Solids, Paprika, Canola Oil, Chili Pepper, Lemon Juice Solids, Natural Flavors, Garlic Powder), Chicken Fat, Sodium Phosphates, Rice Flour, Chicken Type Flavor (Autolyzed Yeast Extract, Flavors, Salt, Chicken Fat), Chili Powder (Chili Peppers, Flavoring), Cumin. Onions, Green Peppers, Garlic: Water, garlic, phosphoric acid (preservative), soybean oil. Contains naturally occurring sulfite; .Fire Roasted Tomatoes; (Tomatoes, Tomato Juice, Sea Salt, Calcium Chloride, Citric Acid;) Diced Carrots; Mushrooms; Kidney Beans (Prepared Kidney Beans, Water, Sugar, Dextrose, Salt, Calcium Chloride (Firming Agent), and Disodium EDTA (Promotes Color Retention), Cumin, Oregeno Leaves: Pinto Beans: Prepared Pinto Beans, Water, Salt, Calcium Chloride Added to Help Maintain Firmness, Calcium Disodium EDTA Added to Help Promote Color Retention; Black Beans: BLACK BEANS, WATER, SUGAR, SALT, CALCIUM CHLORIDE (FIRMING AGENT), FERROUS GLUCONATE; Corn

### **Cheese Crackers**

Peaches: Choice Diced Yellow Cling Peaches In Pear Juice

#### <u>Juice</u>

BROCCOLI AND CHEESE SOUP: Margarine (,(Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene

(Color)Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk), Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT, Broccoli, Onions, Water, Celery, Salt Free Chicken Soup Base (Roasted Chicken Dark Meat with Chicken Juices, Sugar, Chicken Fat, Maltodextrin, Hydrolyzed Soy Protein, Hydrolyzed Corn Protein, Yeast Extract, Onion Powder, Turmeric, Flavoring (Contains Canola Oil), Disodium Inosinate, Disodium Guanylate, Thiamine Hydrochloride, Corn Syrup Solids. Contains Soy.), Cheddar Cheese (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO (VEGETABLE COLOR). POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING. CONTAINS: Milk),

Bologna Salad: Bologna: Beef, Water, Corn Syrup, Salt, Contains 2% Or Less Of: Flavorings, Beef Collagen, Sodium Propionate, Sodium Phosphate, Dextrose, Sodium Erythorbate, Extractives Of Paprika, Sodium Nitrite.onion,celery,Cheddar cheese: Cheddar Cheese ((pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto [vegetable Color]). Anti-caking Blend (potato Starch, Powdered Cellulose). contains: Milk. Sweet relish:Cucumbers, High Fructose Corn Syrup, Distilled White Vinegar, Salt, Water, Calcium Chloride, Potassium Sorbate And Sodium Benzoate (as Preservatives), Guar Gum, Aluminum Sulfate, Xanthan Gum, Red Bell Peppers, Fd&c Yellow No. 5 And Fd&c Blue No. 1, Polysorbate 80, Natural And Artificial Flavors.Dill relish: Cucumbers, Vinegar, Salt, Spices, Xanthan Gum, Sodium Benzoate (preservative), Yellow 5, Potassium Sorbate (preservative), Polysorbate 80Heavy mayo: Soybean Oil, Water, Corn Syrup, Egg Yolks, Distilled Vinegar, Contains Less Than 2% Of Salt, Mustard Seed, Calcium Disodium Edta Added To Protect Flavor. Contains: Egg.Salad dressing: Water, Soybean Oil, Distilled White Vinegar, High Fructose Corn Syrup, Modified Food Starch, Egg Yolks, Salt, Contains Less Than 2% Of Natural Flavor, Calcium Disodium Edta (to Preserve Flavor), Paprika. contains: Egg.yellow mustard: Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices. Celery SeedHard cooked eggs.

<u>Hamburger Bun:</u> Contains: Enriched Flour (Wheat Flour, Malt Barley Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Corn Syrup, Soy Oil, Yeast Contains 2% or less of the following: Salt, Wheat Gluten, Mono-Diglycerides, Calcium Sulfate, Monocalcium Phosphate, Calcium Propionate (A Preservative), Ammonium Sulfate, Enzyme, Ascorbic Acid, Calcium Peroxide, Soy Lecithin.

Juice

Applesauce: Apples, Water, Concentrated Apple Juice, Ascorbic Acid (vitamin C) Or Erythorbic Acid (to Maintain Color).

# PUREE MEALS

## Entrée

Bacon: Bacon Ingredients: Pork (may Contain Up To 20% Of A Solution Of Water, Salt, Sodium Phosphate, Natural Flavor), Bacon (cured With Water, Salt, brown Sugar, Sugar, Sodium Phosphate, Sodium Erthorbate, Sodium Nitrite, May Contain Natural Smoke Flavor, Liquid Smoke, Potassium Chloride, Honey), Water, Collagen Hydrolyzate, Modified Food Starch (tapioca And Or Corn), Soy Protein Isolate, Bacon Flavor (bacon Flavor, Salt, Natural Smoke Flavoring, Xanthan Gum). Contains Soy.

Roast Beef: Roast Beef Ingredients: Beef (salt Added), Water, Collagen Hydrolyzate, Modified Food Starch (corn And/or Tapioca), Soy Protein Isolate, Beef Broth(beef Broth, Salt), Natural Vegetable Flavor ({contains Canola Oil,celery}, Sea Salt, Spice And Silicon Dioxide), Salt, Garlic, White Pepper. Contains: Soy.

Southern Style Chicken: Chicken Ingredients: Chicken Meat, Water, Collagen Hydrolyzate, Modified Food Starch (corn And/or Tapioca), Soy Protein Isolate, Chicken Flavor (chicken Meat Powder, Chicken Stock, Tapioca, Maltodextrin, Salt, Chicken Fat And Flavoring (contains Canola Oil And Celery)), Salt, Spices. Contains Soy

<u>Beef Patty:</u> Beef Patty Ingredients: Beef (salt Added), Water, Collagen Hydrolyzate, Modified Food Starch (tapioca And/or Corn), Soy Protein Isolate, Beef Broth ( Beef Broth And Salt), Salt, Garlic Powder, White Pepper, Onion Powder . Contains Soy.

Egg Scramble: Pasteurized Whole Eggs (may Be Produced With Nisin), Water, Whole Milk (milk, Vitamin D3), Vegetable Oil (canola, Corn And/or Soybean Oil, Tbhq And Citric Acid, Dimethylpolysiloxane), Non Fat Dry Milk And Whey Solids, Collagen Hydrolyzate, Modified Food Starch (corn And Or Tapioca), Natural Butter Flavor (concentrated Natural Butter Flavor, Dried On Maltodextrin, Whey Powder, Salt, Xanthan Gum, Natural Flavor), Xanthan Gum. Contains: Soy, Milk, And Egg

Country Style Pork: Pork Ingredients: Pork (may Contain Up To 20% Of A Solution Of Water, Salt, Sodium Phosphate, Natural Flavor), Water, Collagen Hydrolyzate, Modified Food Starch (corn And/or Tapioca), Soy Protein Isolate, Onion, Pork Flavor (pork Flavor, Salt), Garlic, Salt, White Pepper. Contains Soy.

Omelet/ Bacon Breakfast: Water, Eggs, Soybean Oil, Pea Protein, Contains 2% Or Less Of Modified Cornstarch, Pumpkin Concentrate (for Color), Cultured Dextrose (cultured Dextrose, Maltodextrin), Invert Sugar Syrup, Salt, Citric Acid, Gum Blend (guar Gum, Xanthan Gum), Xanthan Gum, Konjac Gum. Contains Egg.

<u>Sausage Link:</u> Sausage Ingredients: Pork (may Contain Up To 20% Of A Solution Of Water, Salt, Sodium Phosphate, Natural Flavor), Water, Collagen Hydrolyzate, Modified Food Starch (corn And Or Tapioca), Soy Protein Isolate, Seasoning (blend Of Salt, Spices, Dextrose, Sugar). Contains Soy

Macaroni Cheese: Macaroni And Cheese Ingredients: Water, White Cheddar Flavor (whey, Maltodextrin, Natural Cheddar Flavor, Salt, Citric Acid), Pasteurized Egg Whites (egg, Guar Gum, Triethylcitrate), Semolina Flour (durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Collagen Hydrolyzate, Vegetable Oil (canola, Corn And/or Soybean, Tbhq, Citric Acid,

Dimethylpolysiloxane), Modified Food Starch (corn And/or Tapioca), Sugar, Salt. Contains: Wheat, Egg, Soy, And Milk.

Roast Turkey: Turkey, Water, Collagen Hydrolyzate, Modified Food Starch (tapioca And/or Corn), Vegetable Oil (canola, Corn And/or Soybean Oil, Tbhq And Citric Acid, Dimethylpolysiloxane), Soy Protein Isolate, Turkey Flavor (turkey Stock, Dried Turkey Meat Powder, Salt, Turkey Fat (contains Tocopherol), Lactic Acid, Calcium Lactate, Flavoring (contains Canola Oil)), Sage. Contains: Soy.

Cheese Pizza: Sauce (tomato Concentrate, Olive Oil, Sugar, Salt, And Citric Acid), Water, Vegetable Oil (soybean, Corn And Or Canola Oil, Tbhq, Citric Acid, Dimethylpolysiloxane), Cheddar Flavor (whey, Maltodextirn, Natural Cheddar Flavor, Salt, Citric Acid), Collagen Hydrolyzate, Whey Protein Concentrate (soy Or Sunflower Lecithin), Food Starch -modified (corn And Or Tapioca), Sugar, Oregano. Crust: (water, Egg Whites (egg, Guar Gum, Triethyl Citrate), Bread Crumbs (wheat Flour, Sugar, Salt, Yeast), Vegetable Oil (soybean, Corn And Or Canola Oil, Tbhq, Citric Acid, Dimethylpolysiloxane), Collagen Hydrolyzate, Whey Protein Concentrate (soy Or Sunflower Lecithin), Food Starch -modified (corn), Natural Butter Flavor (concentrated Natural Butter Flavor, Dried On Maltodextrin, Whey Powder, Salt, Xanthan Gum, Natural Flavor), Non Fat Dried Milk And Whey Solids, Sugar, Salt. Contains Egg, Milk, Soy And Wheat.

### Potatoes/Rice

Mashed Potatoes: POTATO (DRY), CANOLA OIL, SALT, CONTAINS LESS THAN 2% OF: ARTIFICIAL COLORS, MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVOR. FRESHNESS PRESERVED WITH SODIUM BISULFITE, CITRIC ACID, AND BHT. COMMON ALLERGENS PRESENT: Milk Mashed Sweet Potatoes: Sweet Potatoes, Potatoes, Sugar, Vegetable Oils (canola Oil, Palm Oil, And/or Sunflower Oil), Contains 2% Or Less Of: Salt, Lactose, Modified Food Starch, Maltodextrin, Mono And Diglycerides, Natural Flavors (milk), Colors (paprika Extract, Caramel Color), Whey, Dipotassium Phosphate, Sodium Caseinate, Corn Syrup, Freshness Preserved With (bht, Sodium Bisulfite, Sodium Acid Pyrophosphate, Rosemary Extract, Citric Acid). Contains: Milk

White Rice: Water, Pasteurized Egg Whites (egg, Guar Gum, Triethyl Citrate), Rice Flour, Collagen Hydrolyzate, Vegetable Oil (canola, Corn And Or Soybean Oil, Tbhq And Citric Acid, Dimethylpolysiloxane), Modified Food Starch (corn And Or Tapioca), Natural Butter Flavor (concentrated Natural Butter Flavor, Dried On Maltodextrin, Whey Powder, Salt, Xanthan Gum, Natural Flavor), Whey Protein Concentrate (whey Protein Concentrate, Sunflower Lecithin), Salt. Contains: Egg, Milk, And Soy

### **Vegetables**

<u>Broccoli:</u> Broccoli Ingredients: Broccoli Puree, Modified Food Starch (tapioca And/or Corn), Vegetable Oil (canola, Corn And/or Soybean Oil, Tbhq And Citric Acid, Dimethylpolysiloxane), Water, Natural Butter Flavor(concentrated Natural Butter Flavor, Dried On Maltodextrin, Whey Powder, Salt, Xanthan Gum, Natural Flavor), Sugar, Salt, Xanthan Gum. Contains: Milk, Soy.

Sweet Corn: Corn Puree, Vegetable Oil (canola, Corn And/or Soybean Oil, Tbhq And Citric Acid, Dimethylpolysiloxane), Modified Food Starch (corn And/or Tapioca), Sugar, Natural Butter Flavor(concentrated Natural Butter Flavor, Dried On Maltodextrin, Whey Powder, Salt, Xanthan Gum, Natural Flavor), Salt, Xanthan Gum. Contains: Milk, Soy.

Country Style Green Beans: Green Bean Puree, Modified Food Starch (corn And/or Tapioca), Vegetable Oil (canola, Corn And/or Soybean Oil, Tbhq And Citric Acid, Dimethylpolysiloxane), Natural Butter Flavor (concentrated Natural Butter Flavor, Dried On Maltodextrin, Whey Powder, Salt, Xanthan Gum, Natural Flavor), Sugar, Salt, Garlic, Xanthan Gum. Contains: Milk, Soy.

<u>Seasoned Peas:</u> Pea Puree, Vegetable Oil (canola, Corn And/or Soybean Oil, Tbhq And Citric Acid, Dimethylpolysiloxane), Modified Food Starch (corn And/or Tapioca), Water, Sugar, Natural Butter Flavor (concentrated Natural Butter Flavor, Dried On Maltodextrin, Whey Powder, Salt, Xanthan Gum, Natural Flavor), Salt, Xanthan Gum. Contains: Milk, Soy.

Glazed Carrots: Carrot Puree, Modified Food Starch (corn And/or Tapioca), Vegetable Oil (canola, Corn And/or Soybean Oil, Thbq And Citric Acid, Dimethylpolysiloxane), Sugar, Brown Sugar, Natural Butter Flavor (concentrated Natural Butter Flavor, Dried On Maltodextrin, Whey Powder, Salt, Xanthan Gum, Natural Flavor), Salt, Xanthan Gum. Contains: Milk, Soy.

### FRUIT:

<u>Pear:</u> pear puree(pears, Citric Acid And Ascorbic Acid), Water, Sugar, Carrageenan, Locust Bean Gum, Xanthan Gum, Malic Acid.

<u>Peach:</u> In Peach Puree, Pure Cane Sugar, Water, Xanthan Gum, Carrageenan, Locust Bean Gum, Malic Acid. mixed Berry Ingredients: Pear Puree (citric Acid And Ascorbic Acid), Blackberry Puree, Strawberry Puree (strawberries, Water), Water, Pure Cane Sugar, Carrageenan, Locust Bean Gum, Xanthan Gum, Malic Acid.

Pineapple: Pineapple Puree, Pure Cane Sugar, Water, Xanthan Gum, Carrageenan, Locust Bean Gum, Malic Acid.

<u>Mixed Berry:</u> Pear Puree (citric Acid And Ascorbic Acid), Blackberry Puree, Strawberry Puree (strawberries, Water), Water, Pure Cane Sugar, Carrageenan, Locust Bean Gum, Xanthan Gum, Malic Acid.

<u>Thickener good gel honey packets:</u> Water, Soluble Fiber, Xanthan Gum, Glucono Delta-lactone, Gellan Gum, Potassium Sorbate (preservative), Calcium Chloride, Citric Acid, Sodium Citrate, Guar Gum, Pectin.

#### **Breakfast Breads:**

Pancake Ingredients: Water, Batter Mix (enriched Bleached Wheat Flour (enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Leavening (sodium Bicarbonate, Monocalcium Phosphate, Sodium Acid Pyrophosphate), Nonfat Milk, Palm Oil, Egg, Salt, Corn Starch, Maltodextrin, Natural Butter Flavor, Extractives Of Annato And Turmeric), Brown Sugar, Eggs, Vegetable Oil (canola, Corn And/or Soybean Oil With Tbhq And Citric Acid, Dimethylpolysiloxane), Hydrolyzed Gelatin, Food Starch - Modified (corn), Whey Protein Concentrate (soy Or Sunflower Lecithin), Non Fat Dry Milk And Whey Solids, Natural Butter Flavor (concentrated Natural Butter Flavor Dried

On Maltodextrin, Whey Powder, Salt, Xanthan Gum, Natural Flavor), Pound Cake Flavor (water, Propylene Glycol, Alcohol, Caramel Color), Artificial Vanilla Flavor, Caramel Color. Contains: Egg, Milk, Soy And Wheat.

Waffle: Water, Brown Sugar, Waffle Mix (enriched Bleached Wheat Flour (enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Leavening (sodium Bicarbonate, Monocalcium Phosphate, Sodium Acid Pyrophosphate)), Nonfat Milk, Palm Oil, Eggs, Salt, Corn Starch, Maltodextrin, Natural Butter Flavor, Extractives Of Annatto And Turmeric), Vegetable Oil (canola, Corn And Or Soybean, Tbhq And Citric Acid, Dimethylpolysiloxane), Egg Whites (with Guar Gum, Triethyl Citrate), Graham Cracker Crumbs (whole Wheat Flour, Enriched Flour (wheat Flour, Niacin, reduced Iron, Vitamin B1 [thiamin Mononitrate], Vitamin B2 [roboflavin], Folic Acid), Sugar, Canola Oil, Corn Syrup, Molasses, Honey, Contains 2% Or Less Of Calcium Carbonate, Leavening(baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Salt, Artificial Flavor, Vitamin A Palmitate, Bht, Soy Lecithin), Collagen Hydrolyzate, Sugar, Food Starch -modified (tapioca And/or Corn), Whey Protein Concentrate (soy Or Sunflower Lecithin), Natural Butter Flavor (concentrated Natural Butter Flavor Dried On Maltodextrin, Whey Powder, Salt, Xanthan Gum, Natural Flavor), Artificial Vanilla Flavor, Nonfat Dry Milk And Whey Solids, N&a Maple Flavor (water, Caramel Color, Propylene Glycol, Invert Syrup, Corn Syrup, Sodium Benzoate), Xanthan Gum, Yellow 5. Contains: Eggs, Milk, Soy And Wheat.

French Toast: Water, Pasteurized Whole Eggs(citric Acid, May Be Produced With Nisin), Bread Crumbs ( Wheat Flour, Sugar, Salt, Yeast), Brown Sugar, Vegetable Oil (canola, Corn And Or Soybean Oil, With Tbhq And Citric Acid, Dimethylpolysiloxane), Pancake Syrup (high Fructose Corn Syrup, Water, Corn Syrup, Cellulose Gum, Artificial Maple Flavor, Potassium Sorbate (perservative), Caramel Color), Collagen Hydrolyzate, Whey Protein Concentrate (soy Or Sunflower Lecithin), Food Starch - Modified (tapioca And Or Corn), Natural Butter Flavor (concentrated Natural Butter Flavor Dried On Maltodextrin, Whey Powder, Salt, Xanthan Gum, Natural Flavor), Nonfat Dry Milk And Whey Solids, Artificial Vanilla Flavor, N&a Maple Flavor (water, Caramel Color, Propylene Glycol, Invert Syrup, Corn Syrup, Sodium Benzoate), Cinnamon, Xanthan Gum. Contains: Eggs, Milk, Soy And Wheat. bread Ingredients: Water, Bread Crumbs (wheat Flour, Sugar, Salt, Yeast), Egg Whites (pasteurized Egg, Guar Gum, Triethyl Citrate), Collagen Hydrolyzate, Vegetable Oil (canola, Corn And Or Soybean Oil, Tbhq And Citric Acid, Dimethylpolysiloxane), Whey Protein Concentrate (soy Or Sunflower Lecithin), Modified Food Starch (corn And Or Tapioca), Natural Butter Flavor Oried On Maltodextrin, Whey Powder, Salt, Xanthan Gum, Natural Flavor), Non Fat Dry Milk And Whey Solids, Sugar, Xanthan Gum, Salt. Contains: Wheat, Egg, Soy And Milk.

#### **Desserts**

Strawberry Cheese Cake: Strawberry puree (strawberries, water), water, Cream Cheese (milk, cream, culture, salt, carob bean and/or xanthan and/or guar gum) sugar, non-dairy creamer (palm oil, corn syrup solids, sodium caseinate(a milk derivative), dipotassium phosphate, sugar mono and diglycerides, sodium silicoaluminate, sodium stearoyl lactylate, soy oil, annatto and turmeric extracts, natural and artificial flavors) Collagen, hydrolysate, whey protein concentrate (soy or sunflower lecithin) malic acid, xanthan gum, carrageenan, locust bean gum, red color(water, red 40, citric acid, sodium benzoate. Contains Milk, Soy

Apple Cobbler: Apple puree, aseptic apple juice concentrate, non-dairy creamer (palm oil, corn syrup solids, sodium caseinate( a milk derivative), dipotassium phosphate, sugar mono and diglycerides, sodium silicoaluminate, sodium stearoyl lactylate, soy oil, annatto and turmeric extracts, natural and artificial flavors) Collagen, hydrolysate, whey protein concentrate (soy or sunflower lecithin) malic acid, xanthan gum, carrageenan, locust bean gum, Contains Milk, Soy

Chocolate Mint Patty: water, , Cream Cheese (milk, cream, culture, salt, carob bean and/or xanthan and/or guar gum) sugar, non-dairy creamer (palm oil, corn syrup solids, sodium caseinate(a milk derivative), dipotassium phosphate, sugar mono and diglycerides, sodium silicoaluminate, sodium stearoyl lactylate, soy oil, annatto and turmeric extracts, natural and artificial flavors) Collagen, hydrolysate, whey protein concentrate (soy or sunflower lecithin), Chocolate Cookie Meal enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, (vitamin B) riboflavin (vitamin B2) folic acid) sugar, soybean, palm oil with TBHQ, coca processed with alkali contains 2% or less high fructose corn syrup, determined yellow corn flour, chocolate, salt, baking soda, soy lecithin, whey) Coca (processed with alkali) natural peppermint flavor, xanthan gum, carrageenan, locust bean gum, green color (yellow #5, blue #1) citric acid, sodium benzoate Conatins: milk, soy, wheat

Lemon Cheese Cake: water, lemon juice from concentrate ( water, concertartted lemon juice, sodium bisulfate and potassium benzoate(preservstives, lemon oil) Cream Cheese ( milk, cream, culture, salt, carob bean and/or xanthan and/or guar gum) sugar, non-dairy creamer (palm oil, corn syrup solids, sodium caseinate( a milk derivative), dipotassium phosphate, sugar mono and diglycerides, sodium silicoaluminate, sodium stearoyl lactylate, soy oil, annatto and turmeric extracts, natural and artificial flavors) Collagen, hydrolysate, whey protein concentrate (soy or sunflower lecithin), natural butter flavor(concreted natural butter flavor( dried hydextrin, whey powder, salt, xanthan gum, and natural flavor) Carrageenan, locust bean gum, xanthan gum yellow color ( water, FD & C yellow #5 propylene glycol, sodium carboxmethylcellulose, citric acid, sodium benzoate. Contains MILK & SOY