



# AGE MY WAY: MAY 2022

#### Happy Older Americans Month!

Throughout May, we celebrated Older Americans Month and all of the amazing contributions older Americans make to communities across the nation. Thank you to all of the partners, supporters, and volunteers who celebrated with us and continue to support our mission to promote a positive perspective on aging. We could not do this work without you!



## Not Ready to Walk Away – Why Older Americans are Reclaiming the Workplace Again

This Older Americans Month, we're recognizing the value older adults bring to our nation's workforce. Older Americans have proven to be more dependable, timely, reliable, productive, and loyal to their employers, even when their employers were not necessarily loyal to them.

Vantage is a resource and an ally to older job seekers and workers who continue to contribute to our local economies, pass down knowledge and experience to our upcoming workforce, and make our communities better through their professional roles.

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#### From Hesitance to Confidence in Her Career Path – Lynne's Story

Vantage SCSEP job seeker Lynne faced challenges finding employment when she was laid off after 25 years as an x-ray technician. As an older adult looking for a new career pathway, Lynne took a leap of faith and trained with Vantage's Digital Inclusion program to grow her digital skills.

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#### Advancing Leaders Through Collaboration – AAHNPI Heritage Month

May is Asian American and Pacific Islander Heritage Month. It is important to celebrate AANHPI Heritage Month for many reasons, and chiefly among them is the reminder that their history and heritage tells a similar story. Here's how you can celebrate and honor Asian American, Native Hawaiian, and Pacific Islanders this month and beyond.

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### National Jewish-American Heritage Month: Honoring Our Shared Heritage

May is also Jewish-American Heritage Month. When digging into and celebrating the rich culture and incredible contributions of Jewish people on our nation as a whole, it is easy to to see how much of our entire country has been enriched and blessed by the work of Jewish Americans.

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#### Thank You for Visiting Our New Home!

From all of us at Vantage, thank you to everyone that came to our Vantage Aging Open House on May 19th. We had such an amazing turn out!

We truly could not do this work without everyone's love and support. Thank you to all that came and we hope you enjoyed our new space at the AES Building in downtown Akron. Special thanks to Kim Ray, VANTAGE Aging board of directors, for sponsoring our Open House event.



# HELPING HANDS

Supporting Meals On Wheels of Northeast Ohio

At Meals On Wheels NEO, we hand make and deliver our meals with love and nutrition for seniors facing hunger. Be part of our Helping Hands campaign and help feed seniors in your community. From your hands to theirs - help seniors receive nutritious meals.

New! This year, we will be hosting an in-person kickoff on September 1 at our Meals On Wheels Kitchen. Join us to celebrate and meet our team.

## TICKETS 1 For \$10 or 3 for \$25

Winners will be drawn each Thursday in September 2022 on Facebook Live @VantageAging.

# **RAFFLE PRIZES INCLUDE**

- NEO STRONG GIFT CARD TREE NEO BUSINESS GIFT CARDS
- PAMPER YOUR PET AND CAR CARE BASKET
- 16 BOTTLES OF WINE WORTH OVER \$400
- FAMILY FUN WAGON
- SELF CARE AND RELAXATION BASKET

To purchase tickets, visit www.vantageaging.org/helpinghands. For more information, contact info@vantageaging.org or 330-253-2597 x160.









## Helping Hands Raffle for Meals On Wheels NEO

The second annual Helping Hands Raffle in support of Meals On Wheels of Northeast Ohio is underway this September! This year, we are adding an in-person kickoff event on September 1. We invite you to join us at our Massillon Meals On Wheels location to celebrate with us. Sponsorships are now available.

View Sponsorships



alzheimer's association°

# Virtual Education Series

RSVP is the largest volunteer network in the nation for adults ages 55+!

Each month we invite you to join us via Zoom to learn more about RSVP & its benefits, & hear from our Volunteer Stations & Community Partners!

Different organizations educate the audience on relatable topics by providing real-life scenarios & application. Our goal is for you to leave feeling more empowered & informed.

#### WHO MAY JOIN:

These events are free for current or interested RSVP Volunteers, community partners, & community members!

#### JOIN US!

<u>CLICK HERE</u> to register via Eventbrite! <u>CLICK HERE</u> to join via Facebook Live!

#### QUESTIONS?

Contact Tessa, AmeriCorps Seniors Manager,

at

## 10 WARNING SIGNS OF ALZHEIMER'S

Date: June 3rd Time: 10:00 am

Alzheimer's & other dementias cause memory, thinking, & behavior changes that interfere with daily living.

Join RSVP & The Alzheimer's Association to learn about common warning signs of Alzheimer's & what symptoms to look for in yourself & others, as well as tips to approach someone who is experiencing changes in their memory, the benefit of early detection & diagnosis, & more.

## RSVP Virtual Education Series - 10 Warning Signs of Alzheimer's

Join Vantage RSVP with the Alzheimer's Association to learn about the warning signs of Alzheimer's. You can join by following <u>Vantage RSVP of</u> <u>Summit & Medina Counties</u> on Facebook Live, or <u>register for the event</u>.



## Gift Cards Now Available for Deep House Cleaning Services

Vantage now offers gift cards for our home cleaning services! Get yours today to help a parent, friend, neighbor, or anyone you think would enjoy this unique gift. Let us worry about keeping your home clean and safe so

# that you can focus on all of the fun activities that come with this warm summer weather!

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