VANTAGE
Promoting A Positive Perspective On Aging

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MARCH FOR MEALS WITH MEALS on WHEELS™

Celebrate Meals On Wheels With Us This March

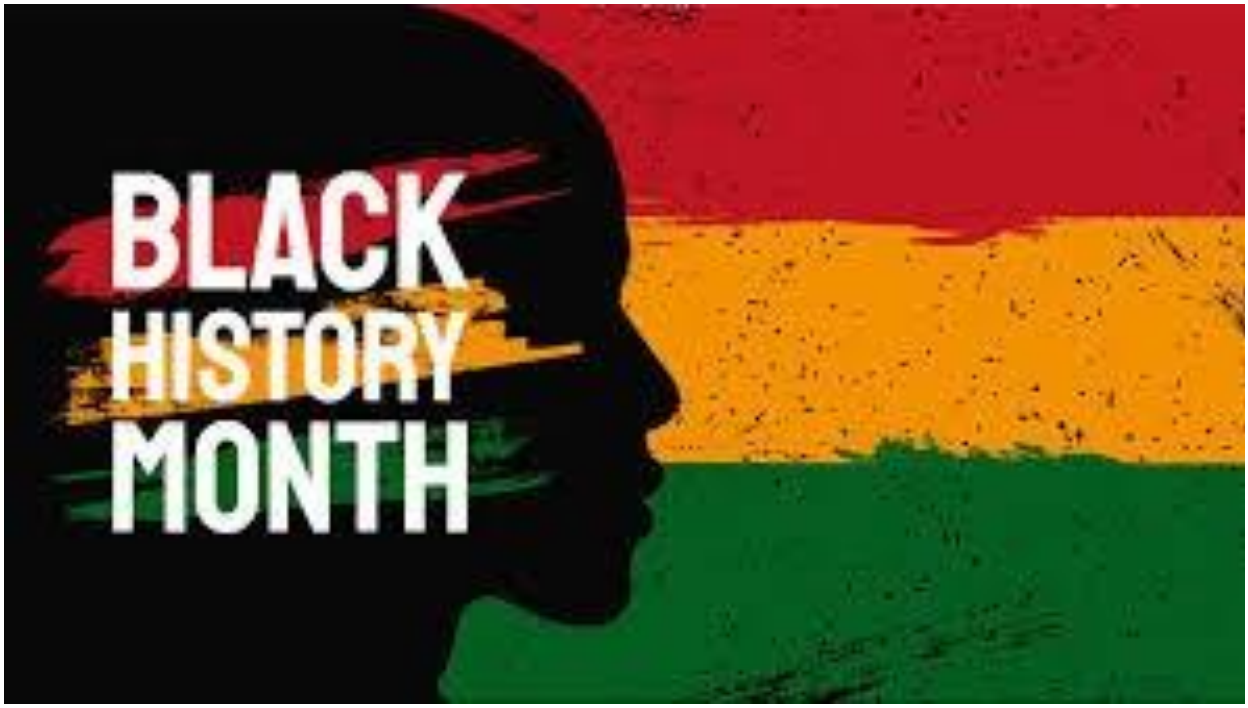
We're inviting you to participate in the 20th Annual March for Meals! Throughout the month of March, you can help raise awareness for the growing number of older adults facing hunger and isolation and the need for programs like Meals On Wheels in our community.

Here's How You Can Get Involved:

- Post a short video message supporting #MarchforMeals and Meals On Wheels. Tag us at @VantageAging and let us know why you think home-delivered meals are important to our community.
- Volunteer to deliver meals. March 21-25 is Community Champions Week. If you've ever thought about finding a fun way to give back to your community, this is a great time to get involved. We will have activities for volunteers throughout the week. Consider delivering with your spouse, friends, or co-workers.

We can't wait to join you in celebrating our community's seniors and recognizing the importance of programs like Meals On Wheels.

Learn More about March for Meals



Black History Month 2022 – Focusing on the Health and Wellness of the Black Community

February is Black History Month, an annual tradition dedicated to teaching the history of Black Americans and celebrating the accomplishments of trailblazers in science, education, health, and much more. This year's theme is Black wellness and health.

Vantage Aging recognizes all of the amazing Black Americans who have improved the lives of our aging population, as well as our aging Black community members who we are proud to serve across Ohio.

Learn More

Vantage's SCSEP and AmeriCorps Seniors Programs Team Up to Empower Older Job Seekers

RSVP welcomes a new partnership through VANTAGE Aging, the Senior Community Service Employment Program (SCSEP). For over 40 years, VANTAGE Workforce Solutions has connected Ohio seniors to employment by offering job training and placement to low-income adults age 55 and older.

SCSEP promotes the self-sufficiency of older workers and connects low-income, unemployed adults, age 55 and older to paid job training. Job training takes place at community-based and government agencies. These agencies are able to build their capacity with SCSEP support.

To build the capacity of the SCSEP program, people age 55 and older from Franklin, Delaware, Wayne, and Geauga now have the opportunity to support SCSEP participants as an RSVP volunteer Job Coach.

Volunteer one-on-one virtually or in-person with a SCSEP participant as a Job Coach. Assist job seekers with basic job search skills, resume

building, and interview skills. Assist adults 55+ with finding a sustainable, positive employment experience to better their lives in countless ways.

For more information about this new RSVP volunteer opportunity contact:

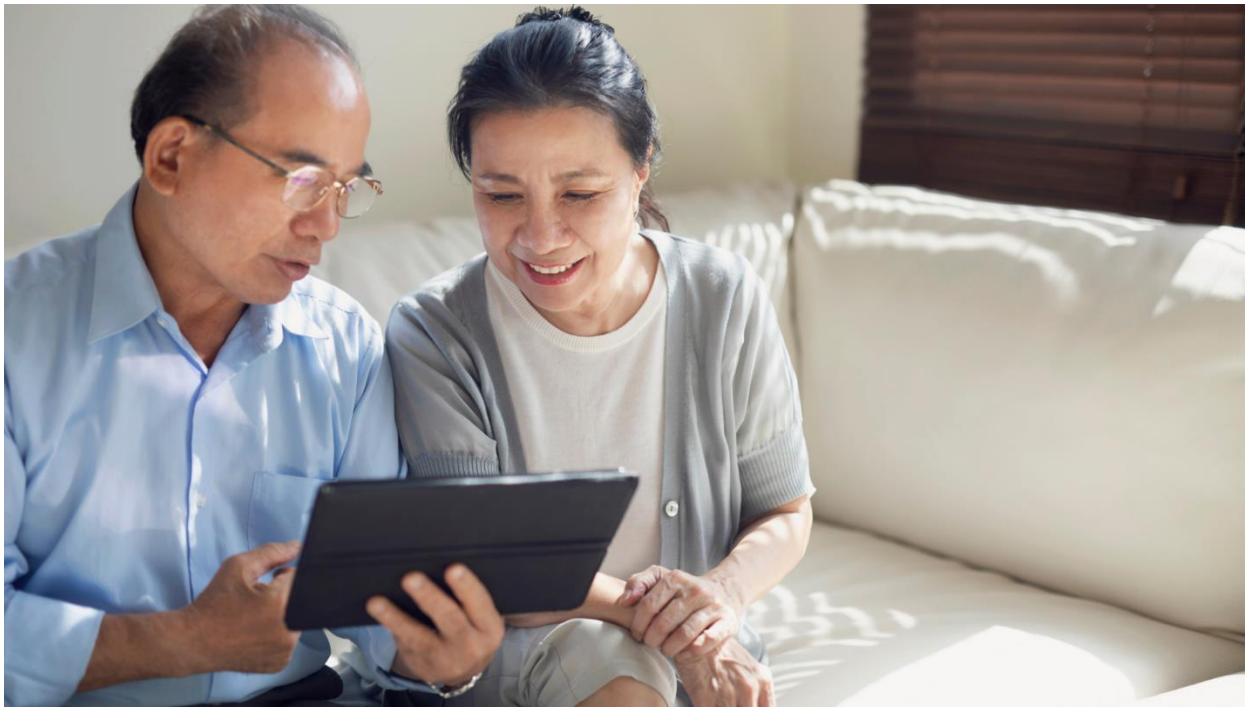
Tessa Engelhart at tengelhart@vantageaging.org or 330-618-2955 (Wayne and Geauga County)

Leah Santalucia at lsantalucia@vantageaging.org or 614-674-4201 (Franklin and Delaware County)

How Older Adults Can Find the Right Volunteer Opportunity

Giving back to the community can be deeply rewarding. But how do you know when you've found the right volunteer opportunity? Follow these tips to get started on your search for finding the right fit.

Learn More



Safe Tech Practices to Keep Your Information Out of the Wrong Hands

We live in a time where the world is at our fingertips. With the convenience of technology also comes the possibility of your information falling into the wrong hands. That's why it is so important to understand safe tech practices when using your devices.

Learn More

Learner Spotlight - Meet Lynne

We're celebrating SCSEP Participant Lynne, who has completed Vantage's Digital Inclusion program. Our unique Digital Inclusion program supplies job seekers with a laptop and Wi-fi hotspot. Then our Digital Navigators provide weekly individual coaching sessions while Learners work toward attaining skills-tested certifications.

Since graduating the Foundational Digital Inclusion Program, Lynne has completed the Intermediate Program and is now the first learner to have completed and passed proctored assessments for every available module. Congratulations, Lynne!

Lynne shared, “I was very excited about achieving them all. They will be very helpful for my career pathway. I would encourage everyone to take any other assessments and continue learning. They’re all very informative and fun.”

Thank You to Our Friends at NomNom Popcorn!

Thank you so much, Nom Nom Popcorn Company! Canton-based NomNom Popcorn donated over 200 bags of popcorn to share with our Meals On Wheels clients. We appreciate your support and helping put smiles on the faces of our community's seniors!

Ways to Maintain Independence – Tips for Seniors

There is a common misconception that getting older means you are no longer capable of living at home and being independent. The truth is, most seniors would rather remain in the comfort of their own homes than go elsewhere. Now more than ever, this can be a reality by following some ways to maintain independence at home.

Learn More

VANTAGE Aging

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