Choose your Meals & Quantities below.

Meal Choice «TOTAL Meal Qty»	Quantity
Cheese Omlet Hashbrowns Waffle Biscuit *	
Macaroni & Cheese Stewed Tomatoes Broccoli	
Apple Pork Chop # Roasted Potato Peas	
Meatloaf w/Gravy Parslied Potatoes Green Beans	
Chicken Tenders w/dipping sauce Tater Tots Key Largo Veg	
Pineapple Glazed Chicken Potatoes O'Brien Asian Veg	

contain pork * counts as a bread item



Choose your Milk, Dessert, and Bread Quantities below.

Milk Choice «TOTAL Meal Qty»	Quantity
2 % Milk 8oz	
1% Milk	
Skim Milk	
Chocolate Milk	

Dessert Choice «TOTAL Meal Qty»

Peaches	
Pineapple	
Tropical Fruit	
Yogurt	
100% Fruit Juice Box	
Crainsins	

Bread Choice «TOTAL Meal Qty»

Wheat Bread	
White Multi Grain Bread	

Name: «Name - Last» «Name - First»

Route: «Route (Intake)»

Day: «Delivery Day» «Frequency»

Monthly Announcements and Reminders from Meals on Wheels of Northeast Ohio:

- ⇒ Thank you to all who changed to a weekly delivery. This will allow us to serve you in a more efficient manner.
- ⇒ Thank you for working hard to get your menu's to the driver. If a menu is not received, cooks choice will be sent your next delivery.
- ⇒ Substitutions may need to be made due to product availability.
- ⇒ If you must schedule an appointment on your meal delivery day you need to call 3 business days in advance to reschedule. Rescheduling of missed meals is not possible.
- ⇒ Deliveries are made between 9am—4pm.

Name: «Name - Last» «Name - First» Route: «Route (Intake)» Day: «Delivery Day» «Frequency»





SPECIAL MESSAGE ON BACK

March 2020 Menu

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