

Newsletter

<u>Donate</u>



It's Giving Tuesday!

We hope you had a great Thanksgiving with family and friends. In the spirit of giving, we're asking for your support tomorrow on #GivingTuesday, a global day dedicated to giving. By donating today, you can help us take advantage of up \$5,000 in matching funds available through GIVE65, a program of the Home Instead Senior Care Foundation.

For today only (Dec. 3), GIVE65 is providing \$50,000 in matching funds raised on GIVE65.org. Gifts are matched on a first donated, first matched basis, meaning the earlier you donate, the

more likely your gift will be matched. And, once the \$50,000 is gone, no more gifts will be matched. That's why we're asking you to give as soon as you're able to.

Please visit our GIVE65 giving page. There you can give, learn more about the project we're raising funds for and see the progress we've made. No gift is too small, every dollar counts and helps make a difference in the lives of seniors and their families in our community.

<u>I'll Help This Giving Tuesday!</u>



Veterans May Be Eligible for Free Home-delivered Meals

Here's what you need to know about how veterans and their spouses could be eligible for 180 free meals from the Veterans Services Commission.

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The Holidays on SNAP Food Assistance

Food insecurity is a daily reality for one out of seven households in America. For people who are stretching already limited resources, food-centric holidays can be a stressful time.

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Share the Love with Vulnerable Seniors This Year

Thinking of buying a new car? Consider buying or leasing a new Subaru from your local Subaru dealer during the Subaru Share the Love Event from November 14, 2019, through January 2, 2020. Select Meals on Wheels as your choice charity to help seniors facing hunger.

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Sandwich Generation Feeling the Squeeze

Being a part of the Sandwich Generation (taking care of children and aging parents) can be tough. That's why VANTAGE Behavioral Health Solutions is extending its evening hours to provide working adults with more counseling options.

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9 Certifications That Can Lead to Wellpaying Jobs

Professional certificates help you learn new skills and gain an edge over the competition. By adding certificates to your resume, you improve your chances of getting called for an interview and hired.

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Why Seniors Should Occasionally Review Their Medicine Cabinets

If you take medicine, you should review your routine with a prescribing physician regularly. Take a look at both prescribed and over the counter drugs.

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Get Experienced Help for Your Cleveland Business

Could your Cleveland Area business use extra help? Encore Staffing Network, a division of VANTAGE Aging, specializes in placing experienced workers in a variety of positions.

Learn More



Thank you, Lee Hyder and Associates!

Financial planning firm Lee Hyder and Associates donated over 60 turkeys to our senior clients and their families. Thank you for helping make the holiday special for so many in our community!

VANTAGE Aging

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