

## Meals on Wheels of Stark & Wayne Counties

September – November 2019

### ENTRÉE:

**SALISBURY STEAK:** Mechanically Separated Chicken, Water, Beef, Vegetable Protein Product [Soy Protein Concentrate, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Bleached Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin and Folic Acid), Seasoning [Dehydrated Onion, Dextrose, Autolyzed Yeast Extract, Spice Extractive], Bread Crumbs [Bleached Wheat Flour, Soybean Oil, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Whey, Oleoresin Paprika], Bell Peppers, Salt, Sodium Phosphate, Caramel Color.

**SMOKED PULLED CHICKEN:** Made with Dark Meat/Fully Cooked Ingredients: Dark Chicken Meat, Water, Tomatoes (Water, Tomato Paste), Seasoning (Salt, Sugar, Spices, Dehydrated Garlic, Xanthan Gum, Mustard, Dehydrated Onion, Corn Syrup Solids, Paprika, Canola Oil, Chili Pepper, Lemon Juice Solids, Natural Flavors, Garlic Powder), Chicken Fat, Sodium Phosphates, Rice Flour, Chicken Type Flavor (Autolyzed Yeast Extract, Flavors, Salt, Chicken Fat), Chili Powder (Chili Peppers, Flavoring), Curry Powder (Spices, Turmeric).

**CHEESE OMELET:** EGG PATTY: WHOLE EGGS, WHEY, NONFAT MILK, PASTEURIZED CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, CAROB BEAN GUM, GUAR GUM AND/OR XANTHAN GUM), CONTAINS 2% OR LESS OF THE FOLLOWING:VEGETABLE OIL (CORN AND/OR SOYBEAN OIL), MODIFIED FOOD STARCH, SALT, XANTHAN GUM, GUAR GUM, PEPPER, NATURAL BUTTER FLAVOR. FILLING: CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, MILKFAT, WHEY, ENZYME MODIFIED CHEESE (PASTEURIZED MILK, WATER, SODIUM PHOSPHATE, MILKFAT, SALT, CHEESE CULTURE, ENZYMES), SODIUM PHOSPHATE, FOOD STARCH-MODIFIED, SALT, LACTIC ACID, SODIUM ALGINATE, SORBIC ACID (AS A PRESERVATIVE), APOCAROTENAL (COLOR). CONTAINS: EGGS, MILK

**BAKED HAM:** Cured With: Water, Dextrose, Sodium Phosphates, Cane and Maple Sugar, Sodium Erythroate, Monosodium Glutamate, Spice Extractives, Sodium Nitrite, Caramel Color.

**BEEF PATTY W/ONION GRAVY:** Ground Beef (Not More Than 20% Fat), Water, Textured Vegetable Protein Product (Soy Protein Concentrate, Caramel Color), Dextrose, Potassium Phosphates, Natural Flavors, Lite Salt (Salt, Potassium Chloride), Caramel Color. (See Onion Gravy in Sauces)

**BREADED CHICKEN PATTY:** Chicken Breast With Rib Meat, Salt, Sodium Phosphates. Battered and Breaded with: Bleached Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Corn Starch, Spices, Salt, Contains 2% or less of: Yellow Corn Flour, Wheat Flour, Dextrose, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Buttermilk Solids, Flavor, Guar Gum, Methylcellulose, Extractives of Turmeric. Set in Vegetable Oil.. CONTAINS: WHEAT, MILK

**SLOPPY JOE:** ground beef, ground sausage, onions, green peppers, celery, Salt Free(SF) seasoning (Dehydrated onion, dehydrated garlic, spices, dehydrated carrots, orange peel, dehydrated red bell pepper, red pepper, natural flavor. **Italian Seasoning, Thyme, Basil Garlic Powder, Tomato Puree**(Tomato Concentrate (Water, Tomato Paste), Citric Acid.), Hot Sauce, Tomato Paste( Less Than 2% Of: Spices, Natural Flavors, Citric Acid ), Ketchup (Tomato concentrate, high fructose corn syrup, vinegar, corn syrup, salt, onion powder, spice, and natural flavors. ), brown sugar, pepper, yellow mustard, **Low Sodium Beef Base** (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.), Cider Vinegar

**MACARONI & CHEESE:** Macaroni Pasta (Durum Semolina, Niacin, Ferrous Sulfate (Iron), Thiamine Mononitrate, Riboflavin, Folic Acid.), **Cheese Sauce (Swiss Cheese** (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES. CONTAINS: Milk.), **Cheddar Cheese** (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO (VEGETABLE COLOR). POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING. CONTAINS: Milk), **Pepper Jack Cheese** (Pasteurized milk, jalapeno peppers, cheese culture, salt, enzymes. COMMON ALLERGENS PRESENT: Milk.) **Grate Parmesan Cheese** (Pasteurized part skim milk, cheese culture, salt, enzymes, calcium chloride, powdered cellulose added to prevent caking. CONTAINS: MILK.), **Colby Jack Cheese** (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Color (in Colby Cheese). CONTAINS: Milk.), **Dry Mustard, Egg Shade Food Coloring** (Water, FD&C Yellow #5, Yellow #6, citric acid and sodium benzoate., **Thyme, White Pepper, Salt Free Chicken Soup Base** (Roasted Chicken Dark Meat with Chicken Juices, Sugar, Chicken Fat, Maltodextrin, Hydrolyzed Soy Protein, Hydrolyzed Corn Protein, Yeast Extract, Onion Powder, Turmeric, Flavoring (Contains Canola Oil), Disodium Inosinate, Disodium Guanylate, Thiamine Hydrochloride, Corn Syrup Solids. Contains Soy.), **Margarine** (Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk), **Flour** (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT), **Salt Free Seasoning**( Dehydrated onion, dehydrated garlic, spices, dehydrated carrots, orange peel, dehydrated red bell pepper, red pepper, natural flavor, **Milk 2%** (reduced fat milk, Vitamin A Palmitate and D3 added)

**MEATLOAF** INGREDIENTS: Beef, Water, Vegetable Protein Product [Soy Protein Concentrate, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Tomato Ketchup (Tomato Concentrate, Corn Syrup, Distilled Vinegar, Salt, Natural Flavorings, Onion Powder, Spice, Garlic Powder), Onions, Bread Crumbs [Bleached Wheat Flour, Soybean Oil, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Whey, Oleoresin Paprika], Bell Peppers, Seasoning (Dehydrated Onion, Dextrose, Autolyzed Yeast Extract, Spice Extractive), Salt, Dried Whole Eggs, Sodium Phosphate. CONTAINS: Milk, Egg, Soy, Wheat

**BBQ PORK:** Fully Cooked Ingredients: Smoked Cooked Pork, Cider Vinegar, Sugar, Salt, Spices

**SWEDISH MEATBALLS:** **Meatballs** (Beef, Water, Seasoning [Wheat Flour, Romano Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Salt, Whole Egg, Onion Powder, Spices, Maltodextrin, Garlic Powder, Dried Parsley, Malt Extract, and Partially Hydrogenated Soybean and/or Cottonseed Oil.], Textured Soy Protein Concentrate [Soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate (B1), pyridoxine hydrochloride (B6), riboflavin (B2), and cyanocobalamin (B12).], Soy Protein Concentrate, Eggs, and Sodium Phosphate. CONTAINS: MILK, SOY, WHEAT, EGGS), **Sauce: Margarine** (Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk), **Flour** (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT) , **2% Milk, Sugar, Black Pepper, Molasses, Garlic, Low Sodium Beef Base** (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.),

**TURKEY HAM:** **Turkey Ham** (Turkey Thigh Meat, Water, Salt, Contains Less than 2% of Potassium Lactate, Potassium Acetate, Sugar, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Flavoring, Sodium Nitrite.)

**SALSA CHICKEN:** **Chicken Thigh, Salsa (Fire Roasted Diced Tomatoes** [Tomatoes, Tomato Juice, Salt, Calcium Chloride, Citric Acid], **Onions, Cilantro, Lime Juice**

**SWEET ITALIAN SAUSAGE:** **Pork, Water, Salt, Flavorings, Monosodium Glutamate, Sugar, Oleoresin, Paprika, (BHA, BHT, Citric Acid added to help protect flavor), Green Pepper, Onions, Marinara Sauce** (Tomatoes, sugar, sea salt, corn starch, olive oil, dehydrated onion, spices, dehydrated garlic, citric acid, natural flavorings).

**CHICKEN CORDON BLEU:** Boneless, skinless, breast of chicken with rib meat (containing up to 8% of a solution of water, seasoning (sugar, salt, dehydrated chicken broth, dehydrated garlic, dehydrated onion), vinegar with natural flavor, seasoning (modified potato starch, flavoring), sodium phosphates), Filling (pasteurized-process Swiss/American cheese [Swiss cheese (cultured milk, salt, enzymes), American cheese (cultured milk, salt, enzymes), cream, sodium phosphates], cooked ham water added (pork, water, salt, dextrose, sodium lactate, sodium phosphates, sodium erythorbate, sodium diacetate, sodium nitrite)), Breading (bleached wheat flour, whey, yellow corn flour, dextrose, salt, blend of Romano and Parmesan cheese (pasteurized cows milk, cheese cultures, salt, sodium silicoaluminate, sorbic acid, enzymes), yeast, spices, soybean oil, oleoresin paprika, annatto extract, sodium silicoaluminate, garlic powder, onion powder, natural flavor), Batter (water, enriched bleached wheat flour [wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid], modified food starch, yellow corn flour, salt, leavening [sodium acid pyrophosphate, sodium bicarbonate]). COMMON ALLERGENS PRESENT: Milk, Wheat, Soy..

**BREADED BEEF STEAK w/Country Gravy:** Beef, Salt. Battered with: Water, wheat flour, salt, whey, flavors, hydrolyzed yeast, disodium inosinate, disodium guanylate. Breaded with: Wheat Flour, soybean oil, salt, leavening (sodium bicarbonate, yeast, dextrose, lecithin, malt syrup), salt, whey, flavors, hydrolyzed yeast, disodium inosinate, disodium guanylate **COUNTRY GRAVY** ( WHEY, MALTODEXTRIN, BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORNSTARCH, MODIFIED TAPIOCA STARCH, SALT, NONFAT MILK, BLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SKIM MILK, CORN SYRUP, SOYBEAN OIL, NATURAL FLAVORS, XANTHAN GUM, HYDROLYZED SOY, CORN AND WHEAT PROTEINS, COLOR ADDED, SPICE, SODIUM CASEINATE, CITRIC ACID, YEAST EXTRACT, DISODIUM INOSINATE/DISODIUM GUANYLATE, SUGAR AND THIAMINE HYDROCHLORIDE. CONTAINS: WHEAT, MILK, SOY INGREDIENTS.)

**BEEF HOT DOG/CONEY SAUCE:** Beef, water, salt, less than 2% of the following: flavoring, potassium lactate, sodium diacetate, sodium phosphate, sugar, sodium erythorbate, sodium nitrite, oleoresin of paprika, **Coney Sauce ground beef, ground sausage, onions, green peppers, celery, Salt Free(SF) seasoning** (Dehydrated onion, dehydrated garlic, spices, dehydrated carrots, orange peel, dehydrated red bell pepper, red pepper, natural flavor. **Italian Seasoning, Thyme, Basil Garlic Powder, Tomato Puree**(Tomato Concentrate (Water, Tomato Paste), Citric Acid.), Hot Sauce, Tomato Paste( Less Than 2% Of: Spices, Natural Flavors, Citric Acid ), Ketchup (Tomato concentrate, high fructose corn syrup, vinegar, corn syrup, salt, onion powder, spice, and natural flavors. ), brown sugar, pepper, yellow mustard, **Low Sodium Beef Base** (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion

Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.), Cider Vinegar

**CREAMED CHICKEN: Shredded Chicken** (Boneless, skinless chicken white meat), **Flour** (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT), **Margarine** (Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk), **Salt Free Chicken Soup Base** (Roasted Chicken Dark Meat with Chicken Juices, Sugar, Chicken Fat, Maltodextrin, Hydrolyzed Soy Protein, Hydrolyzed Corn Protein, Yeast Extract, Onion Powder, Turmeric, Flavoring (Contains Canola Oil), Disodium Inosinate, Disodium Guanylate, Thiamine Hydrochloride, Corn Syrup Solids. Contains Soy) **White Pepper, Onions, Celery, Carrots, Flour** (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT), , **Milk 2%** (reduced fat milk, Vitamin A Palmitate and D3 added)

**PANCAKE WRAP:** GROUND TURKEY, MECHANICALLY SEPARATED TURKEY & TEXTURED VEGETABLE PROTEIN LINK  
INGREDIENTS: GROUND TURKEY, MECHANICALLY SEPARATED TURKEY, WATER, TEXTURED VEGETABLE PROTEIN PRODUCT (SOY PROTEIN CONCENTRATE, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN), CONTAINS LESS THAN 2% OF SALT, POTASSIUM LACTATE, POTASSIUM ACETATE, SPICES, SODIUM PHOSPHATE, POTASSIUM CHLORIDE, SUGAR, CARAMEL COLOR, SODIUM DIACETATE, SODIUM NITRITE. BATTER INGREDIENTS: WATER, WHOLE WHEAT FLOUR, SUGAR, SOYBEAN OIL, CONTAINS LESS THAN 2% OF LEAVENING, (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), NATURAL AND ARTIFICIAL SWEET MAPLE FLAVOR (MODIFIED CORN STARCH, ACESULFAME POTASSIUM, NATURAL FLAVORING, MAPLE SYRUP, CARAMEL COLOR), EGG YOLK, SALT, ARTIFICIAL FLAVOR, SOY FLOUR. FRIED IN VEGETABLE OIL. CONTAINS WHEAT, SOY, EGG

**PARMESAN CRUSTED CHICKEN: Chicken Thigh, Italian Breadcrumbs** BREAD CRUMBS (ENRICHED FLOUR [FLOUR, MALTED BARLEY, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, VEGETABLE OIL [SOYBEAN AND/OR COTTONSEED AND/OR CORN AND/OR CANOLA OILS], WATER, SALT. CONTAINS 2% OR LESS OF: YEAST, HONEY, MOLASSES, SUGAR, WHEAT GLUTEN, WHEY, SOY FLOUR, WHOLE WHEAT FLOUR, RYE FLOUR, CORN FLOUR, OAT BRAN, CORN MEAL, RICE FLOUR, POTATO FLOUR, BUTTER, DOUGH CONDITIONERS [MONO- AND DIGLYCERIDES, SODIUM AND/OR CALCIUM STEAROYL LACTYLATE, SOY LECITHIN, CALCIUM CARBONATE], YEAST NUTRIENTS [AMMONIUM SULFATE, CALCIUM SULFATE, MONOCALCIUM PHOSPHATE], VINEGAR, NONFAT MILK, BUTTERMILK, LACTIC ACID, CALCIUM PROPIONATE AND POTASSIUM SORBATE [PRESERVATIVES], SESAME SEEDS, SUNFLOWER SEEDS, EGGS), OAT FLOUR, SALT, DRIED PARSLEY, SPICES, ONION POWDER, GARLIC, NATURAL FLAVOR. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat, Soy, **Parmesan Cheese**

**CHILI: Ground Beef, Onion, Celery, Green Peppers, Black Pepper, , Low Sodium Beef Base** (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.), Cider Vinegar, **Tomato Paste** (Tomato Paste, Less Than 2% Of: Spices, Natural Flavors, Citric Acid), **Diced Tomatoes** (Tomatoes, Tomato Juice, Salt, Calcium Chloride, Citric Acid), **Sugar, Chili Powder** (CHILI PEPPER, SALT, SPICES, GARLIC, AND SILICON DIOXIDE (ADDED TO MAKE FREE FLOWING)), **Kidney Beans** (Prepared Kidney Beans, Water, Sugar, Dextrose, Salt, Calcium Chloride (Firming Agent), and Disodium EDTA (Promotes Color Retention)), **Cumin, Hot Sauce** (Aged Red Cayenne Peppers, Vinegar, Salt, Xanthan Gum, Garlic)

**BBQ RIBLET:** Ground Pork (Not More Than 30% Fat), Honey Barbecue Sauce: (High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Corn Syrup, Honey, Molasses, Water, Salt, Natural Flavor, Modified Corn Starch, Natural Hickory Smoke Flavor, Spices, Onion Powder, Garlic Powder, Sodium Benzoate (Preservative), Caramel Color, Sugar), Water, Textured Vegetable Protein Product: (Soy Protein Concentrate, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), And Cyanocobalamin (B12)), Seasoning: (Tomato Powder, Dextrose, Brown Sugar, Artificial Vinegar (Malic Acid, Sodium Acetate, Lactose, Fumaric Acid, Artificial Flavorings), Powdered Worcestershire Sauce (Corn Syrup Solids, Salt, Garlic Powder, Sugar, Spices, Soy Sauce Solids (Wheat, Soybeans, Salt, Maltodextrin, Caramel Color), Tamarinds, Flavor), Spices, Spice Extractive, Onion Powder, Smoke Flavor, Garlic Powder), Honey, Salt, And Sodium Phosphates. CONTAINS: WHEAT, SOY, MILK

**TURKEY: Turkey Breast**, (contains up to 15% of a solution of turkey broth, salt, sugar, sodium phosphate.)

**PIZZA CASSEROLE: Rotini Pasta** (SEMOLINA (WHEAT), DURUM FLOUR (WHEAT), NIACIN, FERROUS SULFATE (IRON), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID. Contains Wheat), **Ground Beef, Onions, Garlic, Green Peppers, Diced Pepperoni** (BHA, BHT with Citric Acid Added to Help Protect Flavor For Foodservice Use Ingredients: Pork, Beef, Salt, Contains 2% or less of Water, Dextrose, Spices, Lactic Acid Starter Culture, Oleoresin of Paprika, Garlic Powder, Sodium Nitrite, BHA, BHT, Citric Acid.), **Mozzarella Cheese** (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, POWDERED CELLULOSE ADDED TO PREVENT CAKING, AND NATAMYCIN ADDED AS A MOLD INHIBITOR. COMMON ALLERGENS PRESENT: Milk, **Pizza Sauce** (Tomato Puree (Water, Tomato Paste), Salt, Citric Acid, Basil)

**FRENCH TOAST:** Bread (Enriched Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Yeast, Honey, Less Than 2% Of: Salt, Canola and/or Soybean Oil, Ammonium Sulfate, Dough Conditioner [Ascorbic Acid, Enzymes], Yellow Corn Flour, Color [Turmeric Extract, Annatto Extract], Calcium Propionate [Preservative]), Water, Eggs, Sugar, Less Than 2% Of: Whey, Salt, Soybean And/or Canola Oil, Natural Flavors, Soy Lecithin, Anhydrous Milkfat. CONTAINS: EGG, MILK, SOY, WHEAT.

**SAUSAGE LINK:** PORK, WATER, SALT, SPICES. STUFFED INTO SHEEP CASING

**SPAGHETTI WITH MEATSAUCE:** **Spaghetti** (Semolina, Durum Flour, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid), **Sauce: Ground Beef, Tomato Puree**(Tomato Concentrate (Water, Tomato Paste), Citric Acid.), Hot Sauce, **Tomato Paste**( Less Than 2% Of: Spices, Natural Flavors, Citric Acid ), **Ketchup** (Tomato concentrate, high fructose corn syrup, vinegar, corn syrup, salt, onion powder, spice, and natural flavors. ), brown sugar, pepper, yellow mustard, **Low Sodium Beef Base** (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.), Cider Vinegar, **Tomato Paste** (Tomato Paste, Less Than 2% Of: Spices, Natural Flavors, Citric Acid), **Ketchup** (Tomato concentrate, high fructose corn syrup, vinegar, corn syrup, salt, onion powder, spice, and natural flavors), **Diced Tomatoes** (Tomatoes, Tomato Juice, Salt, Calcium Chloride, Citric Acid), **Celery, Onions, Black Pepper, Parsley, Oregano, Basil, Minced Garlic, Garlic Powder, Salt Free Seasoning** (Dehydrated onion, dehydrated garlic, spices, dehydrated carrots, orange peel, dehydrated red bell pepper, red pepper, natural flavor..), **Italian Seasoning** (Italian Seasoning Is A Blend Of Marjoram, Thyme, Rosemary, Savory, Sage, Oregano, And Basil.), **Grate Parmesan Cheese** (Pasteurized part skim milk, cheese culture, salt, enzymes, calcium chloride, powdered cellulose added to prevent caking. CONTAINS: MILK.),

**LOADED BAKED POTATO SOUP:** **Margarine** (,(Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk), **Flour** (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT), **Onions, Water, Celery, Salt Free Chicken Soup Base** (Roasted Chicken Dark Meat with Chicken Juices, Sugar, Chicken Fat, Maltodextrin, Hydrolyzed Soy Protein, Hydrolyzed Corn Protein, Yeast Extract, Onion Powder, Turmeric, Flavoring (Contains Canola Oil), Disodium Inosinate, Disodium Guanylate, Thiamine Hydrochloride, Corn Syrup Solids. Contains Soy.), **Potatoes**, Dextrose, Disodium Pyrophosphate (added to maintain color), Potassium Sorbate (added to maintain freshness). **Granulated Garlic, Pepper, Milk 2%** (reduced fat milk, Vitamin A Palmitate and D3 added), **Carrots, Parsley, Salt Free Seasoning**( Dehydrated onion, dehydrated garlic, spices, dehydrated carrots, orange peel, dehydrated red bell pepper, red pepper, natural flavor), **Bacon Pieces** (Cured with water, salt, sugar, sodium phosphates, sodium erythorbate, sodium nitrite, MAY CONTAIN honey), **Green Onions, Cheddar Cheese** (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO (VEGETABLE COLOR). POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING. CONTAINS: Milk)

**HAM/GREEN BEAN/POTATO CASSEROLE:** **Diced Ham** (CURED WITH: Water, Dextrose, Salt, Modified Food Starch, Potassium Lactate, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite), **Scalloped Potatoes:** POTATO (DRY), SEASONING {WHEY, LACTOSE, WHEAT FLOUR, FOOD STARCH-MODIFIED, SALT, SUNFLOWER OIL, ONION, CORN SYRUP SOLIDS, CHEESE [SEMISOFT AND CHEDDAR (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)], SOY LECITHIN, SPICE, SODIUM PHOSPHATE, DIPOTASSIUM PHOSPHATE, MONO AND DIGLYCERIDES, BUTTERMILK SOLIDS, GARLIC, SILICON DIOXIDE TO PREVENT CAKING, HYDROLYZED CORN AND SOY PROTEIN, DISODIUM INOSINATE, DISODIUM GUANYLATE, BUTTER, ENZYME MODIFIED BUTTEROIL, AUTOLYZED YEAST EXTRACT, YELLOW 5, ARTIFICIAL FLAVOR, YELLOW 6, THIAMIN HYDROCHLORIDE (VITAMIN B1), SPICE AND COLORING, SODIUM CASEINATE}. FRESHNESS PRESERVED WITH SODIUM BISULFITE. CONTAINS: MILK, SOY, WHEAT AND SULFITE INGREDIENTS, **Green Beans** (Green Beans, Water, Salt and Zinc Chloride for stabilization of color)

**BAKED CHICKEN:** Boneless, skinless chicken breast filets with rib meat, water, seasoning [maltodextrin, salt, sugar, chicken stock, vegetable stock (carrot, onion, celery), flavors, carrot powder and garlic powder], modified food starch, sodium phosphates, soy protein concentrate, sea salt.

**BEEF HOTDOG:** : Beef, water, salt, less than 2% of the following: flavoring, potassium lactate, sodium diacetate, sodium phosphate, sugar, sodium erythorbate, sodium nitrite, oleoresin of paprika

**UNCRUSTABLE STRAWBERRY:** Peanut Butter: Peanuts, Sugar, Contains 2% or Less of: Molasses, Fully Hydrogenated Vegetable Oils (Rapeseed and Soybean), Mono and Diglycerides, Salt. Bread: Unbleached Whole Wheat Flour, Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Contains 2% or Less of: Wheat Gluten, Soybean Oil, Salt, Dough Conditioners (Distilled Mono and Diglycerides, Sodium Stearoyl Lactylate, DATEM, Enzymes [with Wheat Starch, Ascorbic Acid, Calcium Peroxide]). Strawberry Jam: Sugar, Strawberries, Contains 2% or Less of: Pectin, Citric Acid, Potassium Sorbate (Preservative).

**UNCRUSTABLE GRAPE:** Peanut Butter: Peanuts, Sugar, Contains 2% or Less of: Molasses, Fully Hydrogenated Vegetable Oils (Rapeseed and Soybean), Mono and Diglycerides, Salt. Bread: Unbleached Whole Wheat Flour, Enriched Unbleached Flour (Wheat

Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Contains 2% or Less of: Wheat Gluten, Soybean Oil, Salt, Dough Conditioners (Distilled Mono and Diglycerides, Sodium Stearoyl Lactylate, DATEM, Enzymes [with Wheat Starch, Ascorbic Acid, Calcium Peroxide]). Grape Jelly: Sugar, Grape Juice, Contains 2% or Less of: Pectin, Citric Acid, Potassium Sorbate (Preservative)

## **BREADS/ROLLS:**

**Sub Bun:** INGREDIENTS: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Contains 2% or less of the following: Corn Syrup, Wheat Gluten, Salt, Soybean Oil, Calcium Propionate (Preservative), Calcium Sulfate, Monocalcium Phosphate, Monoglycerides, Ascorbic Acid. CONTAINS: WHEAT, SOY

**Dinner Roll:** Contains: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Corn Syrup, Wheat Gluten, Yeast, Soy Oil, Salt, Contains 2% or less of the following: Mono-Diglycerides, Calcium Sulfate, Monocalcium Phosphate, Calcium Propionate (A Preservative), Corn Flour, Spice Oils, (Paprika, Turmeric), Lecithin, Ammonium Sulfate, Enzyme, Ascorbic Acid, Soy Lecithin. CONTAINS: WHEAT, SOY

**Hot Dog Bun:** INGREDIENTS: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Wheat Gluten, Salt, Calcium Sulfate, Calcium Propionate (Preservative), Monoglycerides, Monocalcium Phosphate, Ascorbic Acid, Ammonium Sulfate. CONTAINS: WHEAT, SOY

**Italian Bread:** INGREDIENTS: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Corn Syrup, Contains 2% or less of the following: Wheat Gluten, Soybean Oil, Salt, Monoglycerides, Lactic Acid, Calcium Sulfate, Monocalcium Phosphate, Acetic Acid, Ammonium Sulfate, Corn Flour, Canola Oil, Calcium Propionate (Preservative), Ascorbic Acid, Soy Lecithin. CONTAINS: WHEAT, SOY

**Wheat Bread:** Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Corn Syrup, Yeast, Wheat Bran, Wheat Gluten, Rolled Whole Wheat, Soy Oil. Contains 2% or less of each of the Following: Whole Rye Meal, Wheat Germ, Salt, Honey, Molasses, Mono-Diglycerides, Cultured Wheat Flour, Calcium Sulfate, Enzymes, Ammonium Sulfate, Ascorbic Acid, Calcium Peroxide, Soy Lecithin. Contains: Wheat, Soy

**White Bread:** INGREDIENTS: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Corn Syrup, Yeast, Contains 2% or less of the following: Soybean Oil, Salt, Monoglycerides, Calcium Sulfate, Ascorbic Acid, Calcium Propionate (Preservative), Ammonium Sulfate, Soy Lecithin. CONTAINS: WHEAT, SOY

**Hamburger Bun:** Contains: Enriched Flour (Wheat Flour, Malt Barley Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Corn Syrup, Soy Oil, Yeast Contains 2% or less of the following: Salt, Wheat Gluten, Mono-Diglycerides, Calcium Sulfate, Monocalcium Phosphate, Calcium Propionate (A Preservative), Ammonium Sulfate, Enzyme, Ascorbic Acid, Calcium Peroxide, Soy Lecithin.

**Flour Tortilla:** Enriched Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Water, Palm Oil, Sugar, Salt, Sodium Bicarbonate, Sodium Aluminum Phosphate, Potassium Sorbate (a preservative), Fumaric Acid, Mono & Diglycerides, Calcium Propionate (a preservative), Enzyme, Dough Conditioner (Sodium Metabisulfite). COMMON ALLERGENS PRESENT: Wheat

**Buttermilk Biscuit:** ENRICHED FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALMOIL, BUTTERMILK, SUGAR, PALM KERNEL OIL, BAKING SODA, NONFAT MILK, SODIUM ACID PYROPHOSPHATE, WHEY PROTEIN CONCENTRATE, SALT, SODIUM ALUMINUM PHOSPHATE, WHEY, SODIUM CASEINATE, NATURAL AND ARTIFICIAL FLAVOR. COMMON ALLERGENS PRESENT: Milk, Wheat.

**Croissant:** Enriched Flour (Wheat Flour, Malted BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SUGAR, SOY LECITHIN, MONO- AND DIGLYCERIDES, POTASSIUM SORBATE PRESERVATIVE, CITRIC ACID PRESERVATIVE, ARTIFICIAL FLAVOR, BETA-CAROTENE COLOR, VITAMIN A PALMITATE), HIGH FRUCTOSE CORN SYRUP, CONTAINS LESS THAN 2 % OF EACH OF THE FOLLOWING: YEAST, SALT, WHEY, CALCIUM PROPIONATE PRESERVATIVE, CALCIUM SULFATE, DEXTROSE, SUGAR, WHEAT FLOUR, MALTODEXTRIN, ENZYMES, NATURAL AND ARTIFICIAL FLAVORS, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, ACACIA (GUM ARABIC), CALCIUM PHOSPHATE, HIGH OLEIC CANOLA OIL, CAPRIC ACID AND CAPRYLIC ACID TRIGLYCERIDE BLEND. COMMON ALLERGENS PRESENT: Wheat, Soy, Milk..

**RYE BREAD:** Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Rye Flour, Yeast, Contains 2% or less of the following: Salt, Wheat Gluten, Soybean Oil, Whole Grain Rye Flour, Lactic Acid, Monocalcium Phosphate, Phosphoric Acid, Acetic Acid, Ground Caraway Seeds, Calcium Propionate (Preservative), Vinegar, Monoglycerides, Ammonium Sulfate.

**CORN MUFFIN:** ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WATER, SOYBEAN OIL, EGGS, DEGERMINATED YELLOW CORN MEAL,

NONFAT MILK, MODIFIED FOOD STARCH, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, CORN STARCH, MONOCALCIUM PHOSPHATE ),HIGH FRUCTOSE CORN SYRUP (GLUCOSE-FRUCTOSE SYRUP), SALT, NATURAL FLAVOR, PROPYLENE GLYCOL, POTASSIUM SORBATE AND SODIUM PROPIONATE (TO RETAIN FRESHNESS), XANTHAN GUM. CONTAINS: WHEAT, EGG, MILK INGREDIENTS

**OYSTER CRACKERS** Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin, Mononitrate, [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid), Soybean Oil with TBHQ for Freshness, contains 2% or less of Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Sugar, Salt, Malt Extract, Nonfat Dry Milk, Soy Lecithin.

**IW Wheat Bread** Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Coarse Cracked Wheat, Whole Wheat Flour, Honey, Wheat Gluten, Fully Refined Soybean Oil, Salt, Calcium Propionate (to retain freshness), Dough Improver (Malted Wheat Flour, Enzymes and 2% or Less of Ascorbic Acid), Calcium Sulfate, Enzymes, Ascorbic Acid.

**IW White Bread** Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Wheat Gluten, Fully Refined Soybean Oil, Granulated Sugar, Salt, Dough Improver (Malted Wheat Flour, Enzymes and 2% or Less of Ascorbic Acid), Calcium Propionate (to retain freshness), Calcium Sulfate, Enzymes

**Whole Wheat Tortilla** Water, Whole Wheat Flour, Bleached Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Blend of Vegetable Oils (Soybean Oil and Hydrogenated Cottonseed Oil), Potato Starch with Monoglyceride, Contains 2% or less of the following: Vital Wheat Gluten, Leavening (Sodium Bicarbonate, Calcium Acid Pyrophosphate, Monocalcium Phosphate), Sugar, Sea Salt, Calcium Propionate (preservative), Fumaric Acid, Mono and Diglycerides, Potassium Sorbate (preservative).

**BLUEBERRY MUFFIN** ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, BLUEBERRIES, WATER, SOYBEAN OIL, EGGS, NONFAT MILK, MODIFIED FOOD STARCH, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, CORN STARCH, MONOCALCIUM PHOSPHATE), HIGH FRUCTOSE CORN SYRUP (GLUCOSE-FRUCTOSE SYRUP) SALT, NATURAL FLAVORS, PROPYLENE GLYCOL, POTASSIUM SORBATE AND SODIUM PROPIONATE (TO RETAIN FRESHNESS), CITRIC ACID, GUM ACACIA, XANTHAN GUM. CONTAINS: WHEAT, EGG, MILK INGREDIENTS

**WHOLE WHEAT BUN:** Whole Wheat Flour, Water, Wheat Flakes, Wheat Gluten, Sugar, Yeast, Honey, Contains 2% or less of the following: Soybean Oil, Salt, Cultured Wheat Flour, Mono & Diglycerides, Ethoxylated Mono & Diglycerides, Wheat Starch, Vinegar, Calcium Sulfate, Ascorbic Acid.

## **FRUIT**

**Pears:** Diced Pear In Pear Juice. Northwest Diced Bartlett Pears Are Canned In Natural Pear Juice, There Is No Sugar Added.

**Peaches:** Choice Diced Yellow Cling Peaches In Pear Juice

**Applesauce:** Apples, Water

**Fruit Cocktail:** Choice Fruit Cocktail In Extra Light Syrup. - - Product Benefits: Fruit Cocktail Is A Blend Of Peaches, Pears, Grapes, Pineapple, And Cherries Packed With Sucralose And Water.

**Mandarin Oranges:** Mandarin orange segments, water and sugar.

**Pineapple:** Pineapple, Pineapple Juice

**Tropical Fruit:** Pineapple Chunks, Red Papaya, Yellow Papaya And Gua Va; Has A Fresh Cut Appearance; Packed In A Light Syrup & Passion Fruit Juice.

**DRIED APRICOTS:** Apricots, Sulfur dioxide added for color retention and as a preservative

**APRICOTS:** Apricots, Water, Pear Juice Concentrate.

## **RED DELISH APPLE**

## **YELLOW DELISH APPLE**

## **PEACH**

## **KIWI**

## **ORANGE**

## **CANTALOUPE**

## **WATERMELON**

## STRAWBERRIES

## RAISINS

## VEGETABLES

**5 way mixed Vegetables** Corn, Peas, Diced Carrots, Cut Green Beans, Lima Beans, Salt.

**ASIAN BLEND VEGETABLE:** Broccoli, Green Beans, Mushrooms, Red Peppers, Onions

**BAHAMA BLEND:** Broccoli, Green Beans, Yellow Carrots, Red Peppers

**Baked Beans:** Bacon (Cured With: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.), **water,** Navy Beans, Onions, **White Pepper, Salt Free Beef Soup Base** (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.), **Brown Sugar** (Sugar, molasses.), **Dry Mustard** (mustard flour). **Cider Vinegar** (apple cider vinegar and filtered water), **Molasses, Liquid Smoke** (Water, natural hickory smoke flavor), **Honey, mustard** (Water, Distilled Vinegar, Mustard Seed, Salt, Mustard Bran, Turmeric, Paprika, Natural Flavors.), **Hot Sauce** Aged Red Cayenne Peppers, Vinegar, Salt, Xanthan Gum, Garlic), **White Pepper, Browning Sauce** (Caramel color (sulfites), water, vegetable base (water, carrots, celery, cabbage, onion, parsley, turnips, parsnips), less than 2% of: spices, salt, mustard seed, sodium benzoate as a preservative., **Ketchup** (Tomato Concentrate, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Less Than 2% Of: Spice, Onion Powder, Natural Flavors...

**BEAN MEDLEY** Green Beans, Wax Beans, Carrots, Dark Red Kidney Beans, Green Peas, Baby Lima Beans.

## BEETS

### Broccoli

### Brussel Sprouts

**California Blend:** Cauliflower, Broccoli, Carrots

**Capri Blend:** Carrots, Green Beans, Zucchini, Squash

### Cauliflower

**Cauliflower Bake:** Cauliflower, **Cheese Sauce (Swiss Cheese (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES. CONTAINS: Milk.), Cheddar Cheese (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO (VEGETABLE COLOR). POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING. CONTAINS: Milk), Pepper Jack Cheese (Pasteurized milk, jalapeno peppers, cheese culture, salt, enzymes. COMMON ALLERGENS PRESENT: Milk.) Provolone Cheese (Pasteurized milk, cheese culture, salt, enzymes. COMMON ALLERGENS PRESENT: MILK.), Dry Mustard, Egg Shade Food Coloring (Water, FD&C Yellow #5, Yellow #6, citric acid and sodium benzoate., Thyme, White Pepper, Celery, Onion, Salt Free Chicken Soup Base (Roasted Chicken Dark Meat with Chicken Juices, Sugar, Chicken Fat, Maltodextrin, Hydrolyzed Soy Protein, Hydrolyzed Corn Protein, Yeast Extract, Onion Powder, Turmeric, Flavoring (Contains Canola Oil), Disodium Inosinate, Disodium Guanylate, Thiamine Hydrochloride, Corn Syrup Solids. Contains Soy.) Italian Breadcrumbs (BREAD CRUMBS (ENRICHED FLOUR [FLOUR, MALTED BARLEY, NIACIN, FERROUSSULFATE, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMINB2), FOLICACID], HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, VEGETABLE OIL [SOYBEAN AND/OR COTTONSEED AND/OR CORN AND/OR CANOLA OILS], WATER, SALT. CONTAINS 2% OR LESS OF: YEAST, HONEY, MOLASSES, SUGAR, WHEAT GLUTEN, WHEY, SOY FLOUR, WHOLE WHEAT FLOUR, RYE FLOUR, CORN FLOUR, OAT BRAN, CORN MEAL, RICE FLOUR, POTATO FLOUR, BUTTER, DOUGH CONDITIONERS [MONO- AND DIGLYCERIDES, SODIUM AND/OR CALCIUM STEAROYL LACTYLATE, SOY LECITHIN, CALCIUM CARBONATE], YEAST NUTRIENTS [AMMONIUM SULFATE, CALCIUM SULFATE, MONOCALCIUM PHOSPHATE], VINEGAR, NONFAT MILK, BUTTERMILK, LACTIC ACID, CALCIUM PROPIONATE AND POTASSIUM SORBATE [PRESERVATIVES], SESAME SEEDS, SUNFLOWER SEEDS, EGGS), OAT FLOUR, SALT, DRIED PARSLEY, SPICES, ONION POWDER, GARLIC, NATURAL FLAVOR. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat, Soy), Margarine (Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk)**

**CHEF CUT California Tipper:** Broccoli, Cauliflower, Carrots.

**Chef Cut Key Largo Vegetable** Green Beans, Carrots, Yellow Carrots, Red Peppers

## Corn

**Corn O'Brien:** Corn, onions, red peppers

**DILL PICKLE CHIP:** FRESH CUCUMBERS, WATER, VINEGAR, SALT, CONTAINS LESS THAN 2% OF CALCIUM CHLORIDE, SODIUM BENZOATE (PRESERVATIVE), SPICES (CONTAINS MUSTARD), DEHYDRATED ONION, DEHYDRATED GARLIC, POLYSORBATE 80, TURMERIC EXTRACT (COLOR), NATURAL FLAVOR, DEHYDRATED DILL

**French Cut Green Beans**

**FRESH TOMATOES**

**GLAZED CARROTS:** Carrots, Brown Sugar

**Green Beans** (Green Beans, Water, Salt and Zinc Chloride for stabilization of color)

**ITALIAN BLEND VEGETABLE:** Zucchini, Carrots, Cauliflower, Italian Green Beans, Lima Beans

**Italian Green Beans**

**Key Largo Vegetable Blend:** Green Beans, Carrots, Yellow Carrots, Red Peppers

**Lima Beans**

**MARGARINE (ADDED TO VEGETABLES):** Margarine (Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk)

**Mexican Corn:** Corn, Fajita Blend Peppers & Onions (Red peppers, green peppers, yellow peppers, onions)

**MEDITERRANIAN BLEND** Green Beans, Carrots, Cauliflower, Red Peppers, Yellow Peppers, Onions

**ONION/RED ONION**

**Oriental Vegetables:** beans, broccoli, onions, mushrooms, red peppers

**PACIFIC BLEND VEGETABLES** Broccoli, Yellow Carrots, Carrots, Sugar Snap Peas

**Peas & Carrots:** peas, carrots

**Peas:**

**Prince Edward Blend:** green beans, wax beans, carrots

**SAN FRANCISCO BLEND VEGETABLE:** Broccoli, Carrots, Yellow Carrots, Red Peppers

**SCANDINAVIAN BLEND:** Peas, Zucchini, Green Beans, Carrots, Onions.

**SAUERKRAUT** Cabbage, water, salt, less than 1/10 of 1% sodium benzoate and sodium bisulfite as preservatives.

**SHREDDED LETTUCE**

**Sliced Carrots:**

**SPINACH**

**STEWED TOMATOES:** Diced Tomatoes (Tomatoes, Tomato Juice, Salt, Calcium Chloride, Citric Acid), **Salt Free Seasoning**( Dehydrated onion, dehydrated garlic, spices, dehydrated carrots, orange peel, dehydrated red bell pepper, red pepper, natural flavor), , **Low Sodium Beef Base** (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.), **Tomato Paste**( Less Than 2% Of: Spices, Natural Flavors, Citric Acid ), **Celery, Onions, Green Peppers, Black Pepper, Garlic, Sugar, Italian Seasoning** (Italian Seasoning Is A Blend Of Marjoram, Thyme, Rosemary, Savory, Sage, Oregano, And Basil.), **Hot Sauce** (Aged Red Cayenne Peppers, Vinegar, Salt, Xanthan Gum, Garlic)

**Sugar Snap Peas**

**Wax Beans**

**Winter Blend:** Broccoli, Cauliflower

**Potatoes/Starch**



**Oven Roasted Potatoes:** Potatoes, Dextrose, Disodium Pyrophosphate (added to maintain color), Potassium Sorbate (added to maintain freshness). **Black Pepper, Garlic Powder, Paprika, Salt Free Garden Seasoning** (Dehydrated onion, dehydrated garlic, spices, dehydrated carrots, orange peel, dehydrated red bell pepper, red pepper, natural flavor).

**GARLIC ROASTED POTATOES:** Potatoes, Dextrose, Disodium Pyrophosphate (added to maintain color), Potassium Sorbate (added to maintain freshness), **Garlic**

**Parslied Potatoes:** Potatoes, Dextrose, Disodium Pyrophosphate (added to maintain color), Potassium Sorbate (added to maintain freshness), parsley

#### **Baked Potato**

**ROASTED REDSKIN POTATOES**POTATOES, RED BELL PEPPER, ONION, GREEN BELL PEPPER, OLIVE OIL, CONTAINS LESS THAN 2% OF CITRIC ACID, DEHYDRATED GARLIC AND ONION, MALTODEXTRIN, NATURAL FLAVORS (INCLUDING GRILL AND SMOKE FLAVORS), PAPIKA, SALT, SUGAR, SPICES.

**DICED REDSKIN POTATO:** Potatoes, Dextrose, Disodium Dihydrogen Pyrophosphate (Added to maintain color), Potassium Sorbate (Added to maintain freshness).

**Baked Potato Skin:** Baked potato skins (some residual potato pulp)

**Scalloped Potatoes:** POTATO (DRY), SEASONING {WHEY, LACTOSE, WHEAT FLOUR, FOOD STARCH-MODIFIED, SALT, SUNFLOWER OIL, ONION, CORN SYRUP SOLIDS, CHEESE [SEMISOFT AND CHEDDAR (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)], SOY LECITHIN, SPICE, SODIUM PHOSPHATE, DIPOTASSIUM PHOSPHATE, MONO AND DIGLYCERIDES, BUTTERMILK SOLIDS, GARLIC, SILICON DIOXIDE TO PREVENT CAKING, HYDROLYZED CORN AND SOY PROTEIN, DISODIUM INOSINATE, DISODIUM GUANYLATE, BUTTER, ENZYME MODIFIED BUTTEROIL, AUTOLYZED YEAST EXTRACT, YELLOW 5, ARTIFICIAL FLAVOR, YELLOW 6, THIAMIN HYDROCHLORIDE (VITAMIN B1), SPICE AND COLORING, SODIUM CASEINATE}. FRESHNESS PRESERVED WITH SODIUM BISULFITE. CONTAINS: MILK, SOY, WHEAT AND SULFITE INGREDIENTS.

**O'Brien Potatoes:** Potatoes, Dextrose, Disodium Pyrophosphate (added to maintain color), Potassium Sorbate (added to maintain freshness), onions, green peppers

**Hashbrowns:** Hashbrown Potatoes, **Black Pepper, Garlic Powder, Paprika, SF Garden Seasoning** (Dehydrated onion, dehydrated garlic, spices, dehydrated carrots, orange peel, dehydrated red bell pepper, red pepper, natural flavor.)

**German Potato Salad:** Potatoes, Dextrose, Disodium Pyrophosphate (added to maintain color), Potassium Sorbate (added to maintain freshness), **Bacon (Cured With: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.), Parsley, Onions, Black Pepper, Vinegar, Sugar, Mayonnaise** (Soybean Oil, Egg Yolk, Water, Distilled Vinegar, High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium EDTA (To Protect Flavor), Garlic\*, Onion\*. \*Dried CONTAINS: Egg,

**Pierogis with Onions:** Water, wheat flour, enriched durum four [durum flour, niacin, ferrous sulfate, thiamine mono-nitrate, riboflavin, Folic acid], potato flakes [potatoes, mono- and diglycerides, sodium acid pyrophosphate, citric acid, sodium Bisulfite], cheddar cheese blend [cheddar cheese (milk, cheese cultures, salt, enzymes). Whey corn syrup solids, Partially hydrogenated soybean oil, buttermilk, butter (cream, salt), salt, disodium phosphate, sodium caseinate, Citric acid, natural flavor, autolyzed yeast extract, monosodium glutamate, yellow 5, yellow 6, disodium inosinate, Disodium guanylate], dextrose, salt, partially hydrogenated soybean and cottonseed oils, margarine [soybean oil, Water, salt, partially hydrogenated soybean oil, mono-and diglycerides, lecithin, sodium benzoate (a preservative), Citric acid, artificial flavor, beta carotene, vitamin a palmitate, calcium disodium edta (to protect flavor), And onion **Allergy Info** Wheat, Milk, Soy

**Mashed Potatoes**POTATO (DRY), CANOLA OIL, SALT, CONTAINS LESS THAN 2% OF: ARTIFICIAL COLORS, MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVOR. FRESHNESS PRESERVED WITH SODIUM BISULFITE, CITRIC ACID, AND BHT. COMMON ALLERGENS PRESENT: Milk

**Garlic Mashed Potatoes: Mashed Potatoes**POTATO (DRY), CANOLA OIL, SALT, CONTAINS LESS THAN 2% OF: ARTIFICIAL COLORS, MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVOR. FRESHNESS PRESERVED WITH SODIUM BISULFITE, CITRIC ACID, AND BHT. COMMON ALLERGENS PRESENT: Milk. **Garlic**

**Baby Bakers:** Potatoes, Olive Oil, Contains Less Than 2% Of Garlic Powder, Maltodextrin, Natural Flavor, Onion Powder, Salt, Spice, Sugar, Vinegar Powder (Maltodextrin, Vinegar)

**Spanish Rice: Brown Rice** (long grain, brown rice), **onions, Cilantro, lime juice, green peppers, celery, black pepper, diced tomatoes** (Tomatoes, Tomato Juice, Salt, Calcium Chloride, Citric Acid), **Low Sodium Beef Base** ((Roasted Beef with Juices, Flavor

(Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.), **water, chili powder** (CHILI PEPPER, SALT, SPICES, GARLIC, AND SILICON DIOXIDE (ADDED TO MAKE FREE FLOWING)), **garlic powder, Cumin, Hot Sauce** (Aged Red Cayenne Peppers, Vinegar, Salt, Xanthan Gum, Garlic), **Taco Seasoning** (DEXTROSE, SALT, CORN FLOUR, CHILI PEPPER, CUMIN, ONION POWDER, GARLIC POWDER, OREGANO, CITRIC ACID, SILICON DIOXIDE (AS ANTICAKING AGENT), AND EXTRACTIVES OF PAPRIKA.)

**Brown Rice:** Long grain parboiled brown rice

**Augratin Potatoes:** POTATO (DRY), SEASONING {WHEAT FLOUR, MALTODEXTRIN, SALT, FOOD STARCH-MODIFIED, WHEY, PARTIALLY HYDROGENATED SOYBEAN OIL, NONFAT MILK, ONION, CORN SYRUP SOLIDS, CHEESE (CHEDDAR AND BLUE [PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES]), SUNFLOWER OIL, CONTAINS LESS THAN 1% OF NATURAL FLAVOR (CONTAINS WHEAT, SOYBEANS AND CELERY SEED), GARLIC, SODIUM CASEINATE, LIPOLYZED CREAM, SPICE, HYDROLYZED CORN AND SOY PROTEIN, SOY LECITHIN, SODIUM PHOSPHATE, AUTOLYZED YEAST EXTRACT, SUGAR, ARTIFICIAL FLAVOR, CARAMEL COLOR, YELLOW 5, YELLOW 6, DISODIUM INOSINATE, DISODIUM GUANYLATE, THIAMIN HYDROCHLORIDE (VITAMIN B1), BUTTER, YEAST EXTRACT}. FRESHNESS PRESERVED WITH SODIUM BISULFITE. CONTAINS MILK, SOY, WHEAT AND SULFITE.

**NOODLES:** Durum Semolina, Durum Flour, Egg Yolks, Niacin, Ferrous Sulfate (Iron), Thiamine Mononitrate, Riboflavin, Folic Acid.

**RICE PILAF: Enriched Parboiled Rice**(long grain rice, iron (ferric orthophosphate), thiamin (thiamin Mononitrate), Folate (folic acid), whole grain parboiled brown Rice; Enriched orzo (durum wheat semolina, natural flavor, niacin, iron (ferrous sulfate), Thiamin (Thiamine mononitrate), Riboflavin, Folate (folic Acid), seasoning blend (salt, corn maltodextrin, autolyzed yeast extract, onion powder, garlic powder, turmeric (color). May contain Milk and Soy

**SKIN ON MASHED POTATOES:** RED SKIN POTATO (DRY), POTATO (DRY), NATURAL AND ARTIFICIAL FLAVOR, SALT, CANOLA OIL (PRESERVED WITH CITRIC ACID AND BHT), NONFAT DRY MILK, CONTAINS 2% OR LESS OF THE FOLLOWING: MONO AND DIGLYCERIDES, ARTIFICIAL COLOR, FOOD STARCH (MODIFIED). FRESHNESS PRESERVED WITH SODIUM BISULFITE AND BHT. CONTAINS MILK AND SULFITE INGREDIENTS

**MASHED SWEET POTATOES:** POTATO (DRY), SWEET POTATO(DRY), BROWN SUGAR, SUGAR, SALT, CONTAINS 2% OR LESS OF: NATURAL AND ARTIFICIAL FLAVOR, GUAR AND XANTHAN GUM, MONO AND DIGLYCERIDES, SPICE, VITAMIN A (ACETATE), ARTIFICIAL COLOR (YELLOW 5, YELLOW 6, RED 40, BLUE 1). FRESHNESS PRESERVED WITH SODIUM BISULFITE AND BHT. CONTAINS SOY AND SULFITE INGREDIENTS

**CREAMED POTATOES:** Potatoes, Dextrose, Disodium Pyrophosphate (added to maintain color), Potassium Sorbate (added to maintain freshness). **Margarine** (Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk), **Flour** (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT), **Milk 2%** (reduced fat milk, Vitamin A Palmitate and D3 added), **White Pepper**

**POTATO DICED ROSEMARY GARLIC REDSKIN:** Potatoes, Canola Oil, Olive Oil, Salt, Garlic, Rosemary, Potato Flour, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

**CHEESY POTATOES:** **Potatoes** Potatoes, Dextrose, Disodium Pyrophosphate (added to maintain color), Potassium Sorbate (added to maintain freshness). **Cheese Sauce (Swiss Cheese** (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES. CONTAINS: Milk.), **Cheddar Cheese** (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO (VEGETABLE COLOR). POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING. CONTAINS: Milk), **Pepper Jack Cheese** (Pasteurized milk, jalapeno peppers, cheese culture, salt, enzymes. COMMON ALLERGENS PRESENT: Milk.) **Grate Parmesan Cheese** (Pasteurized part skim milk, cheese culture, salt, enzymes, calcium chloride, powdered cellulose added to prevent caking. CONTAINS: MILK.), **Colby Jack Cheese** (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Color (in Colby Cheese). CONTAINS: Milk.),

**RICE PILAF WITH ORZO:** Enriched long grain parboiled rice (enriched with iron {ferric orthophosphate}, niacin, thiamine mononitrate and folic acid), enriched orzo pasta (semolina wheat flour, niacin, iron {ferrous sulfate}, thiamine mononitrate, riboflavin, folic acid), corn syrup solids, hydrolyzed yeast protein, purified sea salt, malt powder, potassium chloride, sugar, chicken fat, chicken meat , natural & artificial flavor, dehydrated onion, spices, sodium alginate, spice extractives, disodium inosinate & guanylate, contains less than 2% silicon dioxide (anticaking). Contains: Wheat & Soy, **Water**

## **DESSERT**

**Unsweetened Lemon Cookie** Enriched Wheat Flour (Bleached Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Maltitol, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Sorbitol, Modified Corn Starch, Egg Whites, Natural and Artificial Flavors, Lemon Fruit (Corn Syrup, Lemon Peel, Lemon Puree, Pectin, Phosphoric Acid, Artificial Flavor, Citric Acid, Yellow #5, Sodium Benzoate), Salt, Baking Soda, Baking Powder (Sodium Acid Pyrophosphate, Sodium

Bicarbonate, Corn Starch, Monocalcium Phosphate), Citric Acid, Yellow #5.

**CONTAINS: WHEAT, SOY, EGGS**

**Shortbread Cookie:** Enriched Wheat Flour (Bleached Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils with TBHQ and Citric Acid Added to Help Protect Flavor), Margarine (Palm Oil, Water, Soybean Oil, Salt, Mono and Diglycerides, Annatto [for color], Calcium Disodium ETA [Preservative], Artificial Butter Flavor, Vitamin A Palmitate), Corn Flour, Corn Starch, Natural and Artificial Flavors (Contains Milk), Salt, Soy Lecithin, Baking Soda. **CONTAINS: WHEAT, SOY & MILK.**

**Pudding:** Sugar, Dextrose, food starch modified, tetrasodium pyrophosphate, and less than 2% of each of the following disodium phosphate, salt, mono and diglycerides, natural and artificial flavor, guar gum, xanthan gum and color: Chocolate contains dutch cocoa(processed with alkali) and Monocalcium Phosphate; vanilla contains corn syrup Solids, and partially hydrogenated soybean oil; lemon contains citric acid. 2% milk

**SUGAR FREE CHOCOLATE PUDDING Food Starch Modified, Dutch Cocoa** (processed with alkali), **Tetrasodium Pyrophosphate, Whey, Disodium Phosphate, Corn Syrup Solids, Contains 2% or less of each of the following: Monocalcium Phosphate, Mono and Diglycerides, Natural & Artificial Flavor, Aspartame\*** (Non-Nutritive Sweetener), **Nonfat Dry Milk, Partially Hydrogenated Soybean Oil, Titanium Dioxide** (for color), and Xanthan Gum. Contains Milk \*Phenylyketonurics: Contains Phenylalanine

**Baked Apples: Sliced Apples, Brown Sugar , white Sugar**

**Gelatin:** Sugar, corn sugar, Gelatin and less than 2% each of the following sodium citrate, fumaric acid, natural and artificial flavor, ascorbic acid and FD&C color Yellow #5 = Lemon, Lime; Yellow #6 Orange, Peach; Red #40 Cherry, Grape, Peach, Raspberry, Strawberry, Watermelon; Blue #1 Berry Blue, Cherry, Grape Lime; Lemon, Lime, Orange and Peach contain Citric Acid

**Sugar Free Gelatin:** Gelatin, Citric Acid, Fumaric Acid, Aspartame, Natural & Artificial Flavor, Sodium Citrate, Cellulose and color: Yellow #5 = Lemon, Lime; Yellow #6 Orange; Red #40 Cherry, Raspberry, Strawberry; Blue #1 Lime;

**BROWNIES: Sugar, Enriched Bleached Flour** (Bleached Wheat Flour, Niacin, Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid), **Soybean Oil, Cocoa** (Processed with Alkali), **Vegetable Shortening** (contains one or more of the following: Canola and/or Palm Oil), **With Preservative (TBHQ), Contains 2% or less of each of the following: Calcium Carbonate, Salt, Corn Starch, Egg White, Egg Yolk, Leavening** (baking Soda), **Xantham Gum, Natural and Artificial Flavoring, Sodium Lauryl Sulfate** **CONTAINS Wheat & Egg**

**SUMMER BERRY CHEESECAKE SALAD: Sugar Free Mousse Mix** (Sorbital, Maltodextrin, Partially Hydrogenated Palm Kernal Oil, Polylyene Glycol Esters of Fats and Fatty Acids, Food Starch Modified, Sodium Caseinate (a milk derivative), Acetylated Monoglycerides, and Less than 1% of each of the following: Dipotassium phosphate, Sodium, Aluminosilicate, Citric Acid, Carob bean gum, Salt, and Artificial Flavoring) Contains Milk, **Blueberries, Strawberries**

**CHOCOLATE CHIP COOKIE:** ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SEMI-SWEET CHOCOLATE CHIPS (SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, SOY LECITHIN, VANILLA EXTRACT, MILK), MARGARINE (PALM OIL, WATER, CONTAINS 2% OR LESS OF: SALT, MONO- AND DIGLYCERIDES, NATURAL FLAVOR, CITRIC ACID, VITAMIN A PALMITATE ADDED, BETA CAROTENE [COLOR]), EGGS, BUTTER (CREAM [MILK], SALT), CONTAINS 2% OR LESS OF: MOLASSES, WATER, BAKING SODA, SALT, NATURAL AND ARTIFICIAL FLAVOR. CONTAINS: EGGS, MILK, SOY, WHEAT. MADE IN A BAKERY THAT ALSO PROCESSES PEANUTS AND TREE NUTS (ALMONDS, COCONUT, MACADAMIS NUTS, PECANS, AND WALNUTS).

**CARNIVAL COOKIE:** ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, MARGARINE (PALM OIL, WATER, SOYBEAN OIL, CONTAINS 2% OR LESS OF SALT, MONO- & DIGLYCERIDES, NATURAL FLAVORS [INCLUDES MILK], CITRIC ACID, VITAMIN A PALMITATE ADDED, BETA CAROTENE [COLOR]), CANDY (CHOCOLATE [SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, BUTTER OIL, SOY LECITHIN, VANILLIN], SUGAR, ARTIFICIAL COLORING [INCLUDES YELLOW 5 LAKE, YELLOW 6 LAKE, BLUE 2 LAKE, RED 40 LAKE, BLUE 1 LAKE, YELLOW 6, YELLOW 5, BLUE 1], GUM ARABIC, CORN SYRUP, CONFECTIONER'S GLAZES), SEMI-SWEET CHOCOLATE CHIPS (SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, SOY LECITHIN, VANILLA), EGGS, CONTAINS 2% OR LESS OF: MOLASSES, BAKING SODA, SALT, WATER, NATURAL AND ARTIFICIAL FLAVOR .CONTAINS: WHEAT, MILK, SOY, EGGS

**APPLE BERRY CRISP: Apples** (Apples, Ascorbic Acid, Citric Acid, Salt. COMMON ALLERGENS PRESENT: None), **Blueberries. Oatmeal** (100% rolled oats), **Brown Sugar, Cinnamon, Nutmeg, Margarine** (Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk), **Flour** (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT),

**YOGURT PARFAIT: Yogurt**(Cultured Pasteurized Grade A Low Fat Milk, Sugar, Modified Corn Starch, Kosher Gelatin, Natural Flavor, Potassium Sorbate Added to Maintain Freshness, Vitamin A Acetate, Vitamin D3.) **Strawberries**(Strawberries, Sugar, Water, Starch, Ticaloid Gum, Red #40, Citric Acid and Strawberry Flavor.)

**LEMON BAR:** CRUST: ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, SUGAR, DEXTROSE, SALT, NATURAL FLAVOR, WHEY, COLOR ADDED, SOY FLOUR, EGG. FILLING: SUGAR, EGG YOLK WITH SODIUM SILICOALUMINATE, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHEAT STARCH, SOYBEAN OIL. CONTAINS LESS THAN 2% OF THE FOLLOWING: EGG WHITE, MODIFIED CORN STARCH, DRIED CORN SYRUP, CITRIC ACID, LEMON JUICE SOLIDS, SALT, BAKING SODA, NATURAL AND ARTIFICIAL FLAVOR, NONFAT MILK, SOY FLOUR. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat, Soy.

**FRUITED FLUFF WITH STRAWBERRIES:** **Fluff:** (Sorbitol, Maltodextrin, Partially Hydrogenated Palm Kernel Oil, Propylene Glycol Esters of Fats and Fatty Acids, Food Starch Modified, Sodium Caseinate (a milk derivative), Acetylated Monoglycerides, and Less than 1% of each of the following: Dipotassium Phosphate, Corn Starch, Mono & Diglycerides, Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Tetrasodium Pyrophosphate, Xanthan Gum, Disodium Phosphate, Aspartame (a non nutritive sweetener), sodium bicarbonate, sodium aluminosilicate, citric Acid, Carob Bean Gum, Salt and Artificial flavoring), IQF Strawberries

**SUGAR COOKIE:** ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, MARGARINE (PALM OIL, WATER, SOYBEAN OIL, CONTAINS 2% OR LESS OF: SALT, MONO- AND DIGLYCERIDES, NATURAL FLAVORS [INCLUDES MILK], CITRIC ACID, VITAMIN A PALMITATE ADDED, BETA CAROTENE [COLOR]), EGGS, CONTAINS 2% OR LESS OF: INVERT SUGAR, SALT, BAKING SODA, SOY FLOUR. CONTAINS: EGG, MILK, SOY, WHEAT.

**SUGAR FREE CHOCOLATE CHIP COOKIE:** Maltitol syrup, enriched wheat flour (bleached flour, niacin, reduced iron, thiamine mononitrate, riboflavin and folic acid), vegetable shortening (partially hydrogenated soybean and cottonseed oils), sorbitol, sugar free chocolate chips (maltitol, cocoa butter, chocolate liquor, calcium carbonate, calcium caseinate, dairy oil, soy lecithin [an emulsifier], and natural flavors), egg whites, food starch-modified, natural and artificial flavors, baking soda, salt, caramel color. CONTAINS: WHEAT, SOY, EGGS, MILK,

**ANGEL FOOD CAKE:** Sugar, wheat starch, egg white, enriched Bleached Flour (bleached flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), leavening (monocalcium, phosphate, baking soda). Corn Starch, Salt, Artificial flavor, Whipping aid (sodium Lauryl, sulfate)

**OATMEAL RAISIN COOKIE:** SUGAR, ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MARGARINE (PALM OIL, WATER, SOYBEAN OIL, CONTAINS 2% OR LESS OF: SALT, MONO-AND DIGLYCERIDES, NATURAL FLAVORS [CONTAINS MILK], CITRIC ACID, VITAMIN A PALMITATE ADDED, BETA CAROTENE [COLOR]), ROLLED OATS, RAISINS, EGGS, MOLASSES, DEXTROSE, WATER, CONTAINS 2% OR LESS OF: COCONUT, WHEAT STARCH, BAKING SODA, SALT, CINNAMON, SOY FLOUR. CONTAINS: COCONUT, EGG, MILK, SOY, WHEAT.

**PUMPKIN FLUFF:** **Pumpkin Solid, Evaporated Milk**(Milk, dipotassium phosphate, carrageenan and Vitamin D3. ALLERGEN INFORMATION: CONTAINS MILK.), **Fluff:** (Sorbitol, Maltodextrin, Partially Hydrogenated Palm Kernel Oil, Propylene Glycol Esters of Fats and Fatty Acids, Food Starch Modified, Sodium Caseinate (a milk derivative), Acetylated Monoglycerides, and Less than 1% of each of the following: Dipotassium Phosphate, Corn Starch, Mono & Diglycerides, Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Tetrasodium Pyrophosphate, Xanthan Gum, Disodium Phosphate, Aspartame (a non nutritive sweetener), sodium bicarbonate, sodium aluminosilicate, citric Acid, Carob Bean Gum, Salt and Artificial flavoring)

## **SALADS:**

**GARDEN COTTAGE CHEESE:** **Cottage Cheese** (Cultured Nonfat Milk, Milk, Cream, stabilizer (whey, corn starch, sorbitol, guar gum, citric acid, locust bean gum, carrageenan, soy Lecithin, sodium phosphate, potassium phosphate, salt, natural flavor, enzymes), **carrots, onions, celery, green peppers, cucumbers, Mayonnaise** (Soybean Oil, Egg Yolk, Water, Distilled Vinegar, High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium EDTA (To Protect Flavor), Garlic\*, Onion\*. \*Dried CONTAINS: Egg).

**POTATO SALAD:** **Diced Potatoes** (Potatoes, Dextrose, Disodium Pyrophosphate (added to maintain color), Potassium Sorbate (added to maintain freshness), **celery, onions, mustard** (Water, Distilled Vinegar, Mustard Seed, Salt, Mustard Bran, Turmeric, Paprika, Natural Flavors.), celery seed, **Salt Free Seasoning** (Dehydrated onion, dehydrated garlic, spices, dehydrated carrots, orange peel, dehydrated red bell pepper, red pepper, natural flavor, **white pepper, sweet pickle relish** (CUCUMBERS, SUGAR, WATER, VINEGAR, SALT, CONTAINS LESS THAN 2% OF SPICES (CONTAINS MUSTARD AND CELERY SEED), CALCIUM CHLORIDE, ALUM, XANTHAN GUM, POTASSIUM SORBATE (PRESERVATIVE), DEHYDRATED RED BELL PEPPER, POLYSORBATE 80, NATURAL FLAVOR, TURMERIC EXTRACT (COLOR), **dill pickle relish** (Cucumbers, water, vinegar, salt, lactic acid, calcium chloride, malic acid, xanthan gum, alum, natural and artificial flavors, garlic powder, potassium sorbate (preservative), polysorbate 80, turmeric (color), **diced hard cooked egg, salad dressing,** (Soybean Oil, Water, High Fructose Corn Syrup, Distilled Vinegar, Modified Food Starch, Egg Yolk, Salt, Paprika, Calcium Disodium EDTA (To Protect Flavor). CONTAINS: Egg). **Mayonnaise** (Soybean Oil, Egg Yolk, Water, Distilled Vinegar, High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium EDTA (To Protect Flavor), Garlic\*, Onion\*. \*Dried CONTAINS: Egg), **Black Pepper, Sugar, Italian Dressing** (Water, High Fructose Corn Syrup, Distilled Vinegar, Salt, Soybean Oil, Contains less than 1% of Xanthan Gum, Garlic\*, Onion\*, Bell Pepper\*, Spices, Potassium Sorbate and Calcium Disodium EDTA (Preservatives), Yellow 5, Yellow 6. \*Dried)

**OLD BAY CAULIFLOWER SALAD:** Cauliflower, Celery, Peas, Red Onion, Black Pepper, Old Bay (Celery Salt, Celery Seed, spices including red pepper and black pepper and Paprika), Mayonnaise (Soybean Oil, Egg Yolk, Water, Distilled Vinegar, High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium EDTA (To Protect Flavor), Garlic\*, Onion\*. \*Dried CONTAINS: Egg), Red Pepper Flakes

**BEAN SALAD:** Green Beans, Wax Beans, Kidney Beans (Prepared kidney beans, water, sugar, dextrose, salt, calcium chloride added as a firming agent, and disodium EDTA added to preserve color), Carrots, Celery, Onions, Black Pepper, Celery Seed, Red Wine Vinegar (Red Wine Vinegar and Filtered Water), Sugar, Vegetable Oil (Soybean Oil.) Italian Seasoning (Herbs), Italian Dressing (Water, High Fructose Corn Syrup, Distilled Vinegar, Salt, Soybean Oil, Contains less than 1% of Xanthan Gum, Garlic\*, Onion\*, Bell Pepper\*, Spices, Potassium Sorbate and Calcium Disodium EDTA (Preservatives), Yellow 5, Yellow 6. \*Dried)

**TOMATO SALAD:** Vegetable Oil (Soybean Oil.), Cider Vinegar (apple cider vinegar and filtered water), White Pepper, Garlic, Onion, Fresh Diced Tomatoes

**CORN RELISH:** Corn, Sugar, Green Peppers, Onions, Celery, Black Pepper, Celery Seed, Garlic, Parsley, Salt Free Seasoning (Dehydrated onion, dehydrated garlic, spices, dehydrated carrots, orange peel, dehydrated red bell pepper, red pepper, natural flavor, sweet pickle relish (CUCUMBERS, SUGAR, WATER, VINEGAR, SALT, CONTAINS LESS THAN 2% OF SPICES (CONTAINS MUSTARD AND CELERY SEED), CALCIUM CHLORIDE, ALUM, XANTHAN GUM, POTASSIUM SORBATE (PRESERVATIVE), DEHYDRATED RED BELL PEPPER, POLYSORBATE 80, NATURAL FLAVOR, TURMERIC EXTRACT (COLOR), dill pickle relish (Cucumbers, water, vinegar, salt, lactic acid, calcium chloride, malic acid, xanthan gum, alum, natural and artificial flavors, garlic powder, potassium sorbate (preservative), polysorbate 80, turmeric (color), Italian Dressing (Water, High Fructose Corn Syrup, Distilled Vinegar, Salt, Soybean Oil, Contains less than 1% of Xanthan Gum, Garlic\*, Onion\*, Bell Pepper\*, Spices, Potassium Sorbate and Calcium Disodium EDTA (Preservatives), Yellow 5, Yellow 6. \*Dried)

**CREAMY CUCUMBER SALAD:** Cucumbers, Onions, Sugar, Salad Dressing, (Soybean Oil, Water, High Fructose Corn Syrup, Distilled Vinegar, Modified Food Starch, Egg Yolk, Salt, Paprika, Calcium Disodium EDTA (To Protect Flavor). CONTAINS: Egg), Sour Cream (Cultured Cream, Contains Less than 2% Of: Whey, Food Starch-Modified (Corn), Sodium Tripolyphosphate, Guar Gum, Carrageenan, Calcium Sulfate, Locust Bean Gum, Potassium Sorbate (a preservative). CONTAINS: Milk.

**CUCUMBER SALAD :** Cucumbers, Sugar, Black Pepper, Cider Vinegar, Vegetable Oil, Onions, Celery Seed, Garlic Powder, Basil, Oregano, Italian Dressing (Water, High Fructose Corn Syrup, Distilled Vinegar, Salt, Soybean Oil, Contains less than 1% of Xanthan Gum, Garlic\*, Onion\*, Bell Pepper\*, Spices, Potassium Sorbate and Calcium Disodium EDTA (Preservatives), Yellow 5, Yellow 6. \*Dried

**MARINATED CARROT SALAD:** Carrots, Celery, Cider Vinegar, Onions, Green Peppers, Sugar, Celery Seed, Black Pepper, Mustard (Water, Distilled Vinegar, Mustard Seed, Salt, Mustard Bran, Turmeric, Paprika, Natural Flavors.), Tomato Soup (TOMATO PUREE (WATER, TOMATO PASTE), HIGH FRUCTOSE CORN SYRUP, WHEAT FLOUR, WATER, CONTAINS LESS THAN 2% OF: SALT, POTASSIUM CHLORIDE, FLAVORING, CITRIC ACID, LOWER SODIUM NATURAL SEA SALT, ASCORBIC ACID (VITAMIN C), MONOPOTASSIUM PHOSPHATE, CELERY EXTRACT.), Italian Dressing (Water, High Fructose Corn Syrup, Distilled Vinegar, Salt, Soybean Oil, Contains less than 1% of Xanthan Gum, Garlic\*, Onion\*, Bell Pepper\*, Spices, Potassium Sorbate and Calcium Disodium EDTA (Preservatives), Yellow 5, Yellow 6. \*Dried), Italian Seasoning (Herbs),

**COLD RICE SALAD:** Brown Rice (long grain, brown rice), .), Italian Dressing (Water, High Fructose Corn Syrup, Distilled Vinegar, Salt, Soybean Oil, Contains less than 1% of Xanthan Gum, Garlic\*, Onion\*, Bell Pepper\*, Spices, Potassium Sorbate and Calcium Disodium EDTA (Preservatives), Yellow 5, Yellow 6. \*Dried), Black Pepper. Green Peppers, Onion, Peas

**CREAMY COLESLAW:** shredded cabbage, shredded carrots, Coleslaw Dressing (SOYBEAN OIL, SUGAR, CORN CIDER VINEGAR, WATER, EGG YOLK, SALT, MUSTARD SEED, XANTHAN GUM)

**ITALIAN COLESLAW:** shredded cabbage, shredded carrots, Italian Dressing (Water, High Fructose Corn Syrup, Distilled Vinegar, Salt, Soybean Oil, Contains less than 1% of Xanthan Gum, Garlic\*, Onion\*, Bell Pepper\*, Spices, Potassium Sorbate and Calcium Disodium EDTA (Preservatives), Yellow 5, Yellow 6. \*Dried),

**BROCCOLI SALAD:** Broccoli, Onion, Sugar, Bacon (Bacon cured with: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite), Cheddar Cheese (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO (VEGETABLE COLOR). POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING. CONTAINS: Milk), sweet pickle relish (CUCUMBERS, SUGAR, WATER, VINEGAR, SALT, CONTAINS LESS THAN 2% OF SPICES (CONTAINS MUSTARD AND CELERY SEED), CALCIUM CHLORIDE, ALUM, XANTHAN GUM, POTASSIUM SORBATE (PRESERVATIVE), DEHYDRATED RED BELL PEPPER, POLYSORBATE 80, NATURAL FLAVOR, TURMERIC EXTRACT (COLOR), Mayonnaise (Soybean Oil, Egg Yolk, Water, Distilled Vinegar, High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium EDTA (To Protect Flavor), Garlic\*, Onion\*. \*Dried CONTAINS: Egg), Milk 2% (reduced fat milk, Vitamin A Palmitate and D3 added)

**PEA & CHEESE SALAD:** Peas, Celery, Onions, Chopped Eggs, Mustard (Water, Distilled Vinegar, Mustard Seed, Salt, Mustard Bran, Turmeric, Paprika, Natural Flavors.), Italian Dressing (Water, High Fructose Corn Syrup, Distilled Vinegar, Salt, Soybean Oil, Contains less than 1% of Xanthan Gum, Garlic\*, Onion\*, Bell Pepper\*, Spices, Potassium Sorbate and Calcium Disodium EDTA (Preservatives), Yellow 5, Yellow 6. \*Dried), Salad Dressing, (Soybean Oil, Water, High Fructose Corn Syrup, Distilled Vinegar, Modified Food Starch, Egg Yolk, Salt, Paprika, Calcium Disodium EDTA (To Protect Flavor). CONTAINS: Egg), Mayonnaise (Soybean

Oil, Egg Yolk, Water, Distilled Vinegar, High Fructose Corn Syrup, Salt, Mustard Seed, Calcium Disodium EDTA (To Protect Flavor), Garlic\*, Onion\*. \*Dried CONTAINS: Egg), **Cheddar Cheese** (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO (VEGETABLE COLOR). POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING. CONTAINS: Milk), **sweet pickle relish** (CUCUMBERS, SUGAR, WATER, VINEGAR, SALT, CONTAINS LESS THAN 2% OF SPICES (CONTAINS MUSTARD AND CELERY SEED), CALCIUM CHLORIDE, ALUM, XANTHAN GUM, POTASSIUM SORBATE (PRESERVATIVE), DEHYDRATED RED BELL PEPPER, POLYSORBATE 80, NATURAL FLAVOR, TURMERIC EXTRACT (COLOR), **Ranch Dressing** (Soybean Oil, Water, Cultured Buttermilk (Cultured Lowfat Milk, Salt), High Fructose Corn Syrup, Salt, Egg Yolk, Contains Less than 1.5% of Cultured Buttermilk Solids\*, Distilled Vinegar, Monosodium Glutamate, Lactic Acid, Xanthan Gum, Onion\*, Sugar, Polysorbate 60, Phosphoric Acid, Sodium Benzoate and Potassium Sorbate (Preservatives), Spices, Garlic\*, Natural and Artificial Flavors, Disodium Inosinate, Disodium Guanylate. \*Dried CONTAINS: Egg, Milk.)

#### **GRAVY/SAUCES:**

**BEEF GRAVY:** **Flour** (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT), **Margarine** (Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk), **Water, Black Pepper, Low Sodium Beef Base** (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.),

**POULTRY GRAVY:** **Flour** (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT), **Margarine** (Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk), **Water, Black Pepper, Low Sodium Chicken Base** (Roasted Chicken Dark Meat with Chicken Juices, Sugar, Chicken Fat, Maltodextrin, Hydrolyzed Soy Protein, Hydrolyzed Corn Protein, Yeast Extract, Onion Powder, Turmeric, Flavoring (Contains Canola Oil), Disodium Inosinate, Disodium Guanylate, Thiamine Hydrochloride, Corn Syrup Solids. Contains Soy)

**SWISS STEAK SAUCE:** **Flour** (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT), **Margarine** (Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk), **Water, White Pepper, Low Sodium Beef Base** (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.), **Tomato Paste** (Tomato Paste, Less Than 2% Of: Spices, Natural Flavors, Citric Acid), **Salt Free Seasoning** (Dehydrated onion, dehydrated garlic, spices, dehydrated carrots, orange peel, dehydrated red bell pepper, red pepper, natural flavor.. ), **Browning Sauce** (Caramel color (sulfites), water, vegetable base (water, carrots, celery, cabbage, onion, parsley, turnips, parsnips), less than 2% of: spices, salt, mustard seed, sodium benzoate as a preservative)

**MUSHROOM GRAVY:** **Mushrooms, ; Flour** (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT), **Margarine** (Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk), **Water, Black Pepper, Low Sodium Beef Base** (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.),

**ONION GRAVY:** **Onions, ; Flour** (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT), **Margarine** (Vegetable Oil Blend (Palm Oil And Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey. Contains: Soybean, Milk), **Water, Black Pepper, Low Sodium Beef Base** (Roasted Beef with Juices, Flavor (Hydrolyzed Soy, Corn, and Wheat Protein, Corn Syrup Solids, Caramel Color, Thiamine Hydrochloride, Disodium Inosinate, Disodium Guanylate), Sugar, Beef Stock, Onion Powder, Beef Fat (BHA, Propyl Gallate, and Citric Acid added to improve stability), Beef Flavor (Beef Flavor, Gum Arabic), Garlic Powder, Caramel Color, Disodium Inosinate, Disodium Guanylate, Beef Extract, Natural Flavor. Contains Soy, Wheat.),