

## Monthly Announcements and Reminders from Meals on Wheels of Northeast Ohio:

- ⇒ We have adjusted routes, you may have a new driver and a new delivery time. Thanks for understanding.
- ⇒ Substitutions may need to be made due to product availability.
- ⇒ Thank you for working hard to get your menu's to the driver. If a menu is not received we will repeat your previous choices.
- ⇒ If you are not going to be home on your scheduled delivery day, you must call 2 business days in advance of your delivery day to reschedule.
- ⇒ Deliveries are made between 9am—4pm.

Name:  
Route:  
Day:  
Filled by:



SPECIAL MESSAGE ON BACK

# October Menu

800-466-8010

[customercare@vantageaging.org](mailto:customercare@vantageaging.org)

[www.vantageaging.org](http://www.vantageaging.org)

## Choose your Meals & Quantities below.

Meal Choice	Quantity
French Toast with Syrup * Sausage Links # Baked Apples	
Spaghetti with Meatsauce Italian Green Beans Cauliflower	
Salisbury Steak with Gravy Mashed Potatoes Brussel Sprouts	
Sloppy Joe on Bun * Augratin Potatoes Corn	
Baked Chicken Rosemary Potatoes California Blend Vegetables	
Salsa Chicken Spanish Rice Green Beans	

# contain pork \* counts as a bread item

## Choose your Milk, Dessert, and Bread Quantities below.

Milk Choice	Quantity
2 %	
1%	
Skim	
Chocolate	

Dessert Choice	Quantity
Lorna Doones	
Yogurt	
Pears	
Pineapple	
Peaches	
100% Juice Box	
Craisins	

Bread Choice	Quantity
Wheat Bread	
White Multi Grain	

Name:

Route:

Day: