



VANTAGE POIN'

Newsletter

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1 DAY

OCTOBER 3

8-12 FRIENDS

SHARING A TABLE

1000s of VOICES

SHAPING GREATER AKRON'S FUTURE



We're Proud to be a Super Host for On the Table Akron!

Your voice matters! On the Table Akron is your chance to talk about the issues, big and small, that impact our collective quality of life. Participate in a conversation to have a say in what would make our community a better place for all.

On the Table Greater Akron is organized by Akron Community Foundation, with support from the John S. and James L. Knight Foundation. You can find a full list of conversations on the [On the Table Akron website](#).

[Find a Conversation](#)



Do You Need Confidence While Job Searching? Try these tips.

If you're feeling a little unsure on your job search, you might need a confidence boost. Here's how you can get the self-assurance you need to land the job you want.

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Thank You to Everyone Who Supported Put Hunger In Park!

The third annual Put Hunger in Park Food Truck Fundraiser was a success! Thank you to everyone who supported, attended, sponsored and donated.

All proceeds will help feed seniors in need in Stark, Summit, and Wayne Counties!

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Road to Wellness Part 2: When Depression Puts a Roadblock on Wellness

Behavioral Health expert Gizelle Jones shares insight and remedies for older adults experiencing depression.

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How to Get the Most Out of Your SNAP Benefits

SNAP is a great way to make sure you get the fresh and nutritious foods you and your loved ones need to stay healthy at home. Stretch your benefits with these suggestions.

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We Need Volunteers to Teach Wellness Programs

Could you help individuals gain confidence and improve their health as a wellness program teacher? We need Retired and Senior Volunteers to run our fall prevention and chronic disease management classes. You do not have to be a health care professional to participate.

Contact Erica at 330-253-4597 x166
or ebanks@vantageaging.org to learn more.



SNAP, Community Legal Aid at free lunches

Join us at the Ohio Means Jobs in Akron this month for tons of great resources including, SNAP food assistance, living wills and power of attorney, and programs like Meals on Wheels and job training for older adults. Make your reservation for October 3, 8, or 22.

[View Events](#)



Just Released: 2020 Sponsorship Package

With more ways to support seniors than ever, you are not going to want to miss the chance to

boost your visibility while making a difference in the community. Whether your goal is to get face-to-face with potential customers, increase social media engagement, or provide employees with the opportunity to give back, we tailor your package for just the right fit.

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