



# VANTAGE POINT

## Newsletter

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## More Seniors, Sandwiches & SNAP Events in August!

VANTAGE Aging and the Summit County Department of Job and Family Services are traveling all across Summit County to help seniors understand SNAP benefits and enrollment. SNAP is

the nation's largest federal food assistance program and it helps ensure individuals and families have access to enough nutritious foods.

Did you know that 2 out of 5 people who are eligible for SNAP are not enrolled? That means that a lot of people are missing out on their benefits. Don't be one of them!

Find out if you are eligible for SNAP and learn about all of the benefits that come with being enrolled. Plus, hear about additional resources for seniors. Register for an event to receive a free lunch by calling 330-253-4597 or [sign up online](#).

[Register for an Event](#)



## **Put Hunger in Park Sponsorships Are Available**

On September 12, the Put Hunger in Park Food Truck Festival will support the needs of seniors in Stark, Wayne, and Summit Counties!

We are inviting you to join us in our mission to ensure that no senior is left hungry or alone. Consider sponsoring this exciting event, which includes food trucks, giveaways, and activities for all ages. Sponsorship comes with many valuable marketing perks to reach even more people than the 2,500 attending the event.

Let us know how you would like to get involved with Put Hunger in Park by calling 330-253-4597 today!

[View Sponsorships](#)



## How to Talk About Your Professional Strengths and Weaknesses

Learning about your strengths and weaknesses can help an employer see how your skills match the job. You need to be prepared to talk about them. Learn the best way to answer this tough interview question [here](#).

[Read More](#)



## 5 Tips for Helping Aging Parents Stay at Home

Because every household's situation is unique, navigating what to do to help aging parents can be confusing. Start with small, concrete tasks that promote safe and healthy living environments.

[Read More](#)



## 9 Money Smart Way to Eat Healthy

Eating healthy is especially important as we age. One of the biggest challenges with maintaining a healthy diet is the cost of nutritious foods. While some foods can get expensive, there are ways you can eat healthy meals on a budget.

[Read More](#)



## **Signs of Depression in Older Adults, And What to Do if You Suspect It**

Depression is not a normal part of aging. Recognizing depression starts with understanding the signs and symptoms. Find out how you can help a loved one here.

[Read More](#)



## **How Can Our Staffing Experts Help You?**

Do you work for a business in Greater Cleveland that is hiring? Encore Staffing Network specializes in connecting experienced professionals to meaningful jobs. As experts in staffing solutions, we handle most employer responsibilities so that your business can focus on success.

[Learn More](#)



## **Age Friendly Akron Survey**

We are conducting a survey of adults ages 50 and over to determine how Age Friendly our community is. Please take a moment to answer these questions based on the Akron neighborhood where you live.

[Take the Survey](#)



## **Join RSVP as a Prevention Program Leader**

The Retired and Senior Volunteer Program is looking for people to lead prevention program classes in Summit County. Do you have experience with a chronic illness or healthcare? Lead our chronic disease management classes, fall prevention classes, or Brown Bag Medication Review program to help seniors in your community stay healthy at home.

Call 330-253-4597 x166 or [click here](#) to learn more.

[View 2019 Community Engagement Package](#)





## **Workforce Project Director John Roberts Explains Paid Training Program**

Want to know how you can re-enter the workforce with hands-on experience and training opportunities? John Roberts explains on WCTV. The program is available in 38 Ohio counties.

[Watch Episode](#)



## **Stark/Wayne Meals on Wheels Volunteers Needed**

Do you have a few hours to spare to help deliver meals to seniors in your neighborhood? We need your help in Stark and Wayne Counties!

[Sign up here](#)

[subscribe](#)

[support](#)

[our work](#)

### **VANTAGE Aging**

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