

# Monthly Announcements and Reminders from Meals on Wheels Northeast Ohio:

- ◇ **We hope you like our new menu! To further ensure that your meals are nutritionally balanced, when you choose your meal entrée you will receive the corresponding sides listed. Meal items will continue to be individually packaged for your convenience.**
- ◇ **Try to not make appointments on your meal delivery day. We can not always reschedule meal delivery.**
- ◇ **Two working days notice is needed to cancel or reschedule delivery. Redelivery is not possible the next day.**
- ◇ **Remember to give your menu to the driver. If we do not receive a menu, you will receive cooks choice at your next delivery. Menu's are no longer taken over the phone.**
- ◇ **We are readjusting our delivery routes. The delivery time you are used to may change. Please make sure you are home and available on your delivery day.**
- ◇ **We CAN NOT leave your meal if you are not home.**
- ◇ **You must sign for your meal when it is delivered.**
- ◇ **Entrees that have a \* contain your bread choice. You will not need to order bread to go with this meal.**

**Substitutions may need to be made due to product availability.**

**2019**

Name:  
Route  
Day:  
Filled by:



**SPECIAL MESSAGE ON BACK**

# June Menu

800-466-8010

[mowcustomercare@vantageaging.org](mailto:mowcustomercare@vantageaging.org)

[www.vantageaging.org](http://www.vantageaging.org)

# Choose your Meals & Quantities below.

Meal Choice \_\_\_\_\_ \* includes bread choice      Quantity

Sweet & Spicy Meatballs Buttered Noodles Broccoli	
Pancakes/Syrup Sausage Links Baked Apples	
Fajita Chicken w/Peppers/Onions/Tortilla * Spanish Rice Wax Beans	
Ham w//pineapple Plerogies/Onions Lima Beans	
Hamburger/Bun * Quartered Redskin Potatoes Green Beans	
Breaded Chicken Patty Sliced Carrots Beets	
Meatloaf w/gravy Mashed Potatoes Bean Medley	

\* includes bread choice

# Choose your Milk, Dessert, and Bread Quantities below.

Milk Choice \_\_\_\_\_      Quantity

2 % Milk 8oz	
1% Milk	
Skim Milk	
1% Chocolate Milk	

Dessert Choice \_\_\_\_\_      Quantity

Banana	
Lorna Doones	
Yogurt	
Animal Crackers	
Assorted Fruit Cup	
Assorted Juice	
Pudding	

Bread Choice \_\_\_\_\_      Quantity

Wheat Bread	
White Bread	
Assorted Cereal	

Name:  
Route:  
Day: