



VANTAGE POINT

Newsletter

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What We Can Do Together

As we wrap up Older Americans Month, we would like to take a moment to recognize all of the individuals, partners, and communities who help us promote positive aging. Thank you for supporting the needs of our aging population in so many ways!

There are a lot of opportunities for getting involved with VANTAGE. Want to see how you can be a part of the impact? All of the ways we can partner to provide more senior services across Ohio are outlined in our newest blog article. See what we can do together!

[Read Blog Article](#)



Helping Seniors Access Fresh Produce

In Ohio, nearly 18% of residents 60 and older struggle with food security, meaning they do not have reliable access to a sufficient amount of affordable, nutritious food. See how VANTAGE is working towards more solutions to senior hunger than ever.

[Read More](#)



15 Fun Ways to Stay Active

Staying active is both enjoyable and good for our health as we age. Now that the weather is getting warmer, you might be looking for new ways to stay active. Check out opportunities with the Retired and Senior Volunteer Program in Summit and Medina Counties.

[Learn More](#)



Meals on Wheels Needs Volunteers!

Can you spare a few hours a week to help feed seniors in your neighborhood? We need more volunteers in Stark and Wayne Counties. You could deliver meals, help out in our kitchen or offices, or even sign your business or church up to Adopt-a-Route.

[Sign Up](#)



SNAP Education Wii Tournaments and More

Have a good time while learning about senior SNAP food assistance at one of our Seniors & SNAP events throughout June. We've partnered with Job and Family Services to host Wii Tournaments, Bingo, and more across Summit County as part of an initiative to share information on SNAP.



[View Events](#)



Alcohol and Drug Use in Older Adults

Alcohol and drug use in older adults is a growing issue. However, many are not receiving recovery services. Alcohol and drug abuse can cause a variety of problems for older adults, and it is important to understand how individuals can take the steps to a healthy path.

[Read More](#)



Mark Your Calendars for GIVE65

GIVE65 is a 3-day crowdfunding event from July 9-11 that raises funds desperately needed for Home Wellness Solutions. Consider donating to help seniors stay in their homes. Your dollars could be matched by Home Instead for an even bigger impact.

[Preschedule your donation before July 8](#)

[View 2019 Community Engagement Package](#)



**Join Us at the Senior Health
& Services Fair**

Be sure to stop by the VANTAGE Senior Health & Services Fair on June 12 at our headquarters on Romig Road. There will be an on-site farmer's market and tons of great community resources. Thank you to all of our sponsors!

[Learn More](#)

Looking for Meals on Wheels Site Coordinators

Could you help manage our Stark County nutrition centers? We are looking for Meals on Wheels Site Coordinators in Canton, Massillon, and Akron.

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VANTAGE Aging

2279 Romig Road | Akron, Ohio 44320
330-253-4597 | giving@vantageaging.org

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