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Nominations for VANTAGE SOAR Awards Close Jan. 1!

Have you nominated for the 2019 [VANTAGE SOAR Awards](#) yet? Let us know about a person or organization that has improved the lives of older adults in Summit County by January 1, 2019.

Make your nomination before it's too late!

You can nominate yourself, an organization you work for, a senior living facility, business, city, or someone in Summit County who is helping seniors to age positively with independence and dignity. In May, we will celebrate final nominees and award individuals in 7 categories during a dinner at The Tangier.



Meals on Wheels is Sharing the Love with Subaru

For the eleventh year running, the Meals on Wheels network is participating in the Subaru Share the Love Event. Now through January 2, for every new Subaru vehicle purchased or leased, Subaru will donate \$250 to the customer's choice of participating charities. Over the past decade, Subaru and its retailers have helped Meals on Wheels to deliver nearly 2 million meals nationwide to seniors in need.

[Read More](#)



We're Partnering with Summit Co. DJFS to Help Seniors Understand SNAP

Senior SNAP benefits offer nutrition assistance to eligible, low-income seniors. With funding from the National Council on Aging, Summit County DJFS and VANTAGE are providing information on SNAP benefits and other senior services at events across Summit County through 2020. Contact VANTAGE to ask about hosting an event.

The first Seniors, Sandwiches & SNAP event is Dec. 12 at 11:30 at the Green Library. [Register for Free](#)



Preparing for Cold Weather

Cold weather months are upon us – it's important for seniors to be prepared. Ice and snow can make it difficult for older adults to get out of the house. As the weather gets colder, make sure the seniors in your life know these ten tips.

[Read More](#)



Coding is the Career of Choice for Some Older Adults

Think older adults are not cut out for tech-related careers? Think again. These days, many older adults are embracing and excelling at technology use. See how some are turning their passion for technology into new career paths.

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7 Questions Answered About Encore Careers

Encore careers can be a great option for older adults who are looking for a way to continue working and enjoy retirement. An encore career is a position for individuals age 50 and older designed to meet unmet needs in the community.

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5 Ways to Show Your Appreciation During National Family Caregivers Month

Last month was National Family Caregivers Month. Even though November is over, we can still show the caregivers in our lives how much they mean to us. Try some of these tips to let a caregiver know you appreciate all that they do.

[Read More](#)

Here's What We've Been Up to



Holiday Food Baskets

With the generous support of Keith Sechler and Keystone Financial and the clients of Lee Hyder & Associates, we were once again able to provide holiday food baskets and turkeys to some of our clients! Thank you for helping our seniors have a happy and healthy holiday season!



WAKR Senior Luncheon

We had a great time at the WAKR Senior Luncheon providing information about the Subaru Share the Love Event. If you buy or lease a Subaru now through Jan. 2 and choose Meals on Wheels, Subaru will donate \$250!

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VANTAGE Aging

2279 Romig Road | Akron, Ohio 44320
330-253-4597 | giving@vantageaging.org

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