

## Please Choose Desserts

<b>Regular Gelatin 4oz Cal25</b> <i>Ingredients:</i> Water, gelatin, citric acid, potassium sorbate (preservative), aspartame*, acesulfame potassium, salt, sodium citrate. If strawberry or raspberry: artificial flavor, red 40; if black	<b>Qty</b>
<b>Sugar Free Gelatin 4oz Cal5</b> <i>Ingredients:</i> Water, sugar, gelatin, citric acid, potassium sorbate (preservative), salt, acesulfame potassium, salt, sodium citrate. If strawberry or raspberry: artificial flavor, red 40; if black	
<b>Mini Red Velvet Cupcake 1-each Cal100</b> <i>Ingredients:</i> cake mix [sugar, enriched bleached wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), egg whites (dried), palm oil, soybean oil, propylene glycol, mono- and diesters, mono and diglycerides, soybean lecithin, BHT, citric acid, dextrose, baking powder (sodium acid pyrophosphate, sodium bicarbonate, cornstarch, monocalcium phosphate monohydrate, calcium sulphate), emulsifiers, modified food starch, vital wheat gluten, whey powder, salt, sodium bicarbonate, sodium aluminum phosphate, natural and artificial flavors, xanthan gum, sorbitan monostearate, gelatinized wheat starch, baking soda, non-fat dry milk, cellulose, polysorbate 60, monocalcium phosphate, dicalcium phosphate, glucose solids, guar gum, flavor, tricalcium phosphate, FD&C yellow 5 & 6], water, cream cheese [cultured cream and milk, salt, xanthan, carob bean and guar gums], eggs, artificial color [water, potassium sorbate (preservative), propylene glycol, glycerine, FD&C red 40 and blue 1], butter [pasteurized cream, salt], milk [vitamin D3], natural and artificial flavors [water, ethyl alcohol, polysorbate 80], cocoa (alkalized), corn starch, guar & xanthan gums.	
<b>Strawberry Cookie 1-each Cal160</b> <i>Ingredients:</i> Whole wheat flour, sugar, enriched bleached flour (wheat flour, niacin, reduced iron, thiamin mononitrate [vitamin b1], riboflavin [vitamin b2], and folic acid), palm oil and high oleic canola oil, water, dextrose, whole oat flour, corn syrup. Contains 2% or less of each of the following: soy flour, whey (milk), molasses, natural and artificial flavors, baking soda, eggs, soybean oil, salt, sorbic acid (to preserve freshness), cinnamon, soy lecithin, corn starch, egg whites. Fruit filling: corn syrup, dried strawberry, water, sugar, natural flavor, cinnamon, malic acid, sorbic acid (to	
<b>Banana—1 each Cal105</b>	
<b>Grape Juice 4oz Cal96</b> <i>Ingredients:</i> Filtered water, grape juice, juice concentrate	
<b>Orange Juice 4oz Cal96</b> <i>Ingredients:</i> Filtered water, orange juice, juice concentrate	

## Please Choose Beverages

<b>Whole Milk 8oz Cal150</b> <i>Ingredients:</i> Milk, Vitamin D3	<b>Qty</b>
<b>2 % Milk 8oz Cal130</b> <i>Ingredients:</i> Reduced fat milk, vitamin A Palmitate, Vitamin D3	
<b>1 % Milk 8oz Cal110</b> <i>Ingredients:</i> Low fat milk, vitamin A palmitate, vitamin D3.	
<b>Skim Milk 8oz Cal90</b> <i>Ingredients:</i> Nonfat milk, Vitamin A Palmitate, Vitamin D3	
<b>Chocolate Milk 8oz Cal140</b> <i>Ingredients:</i> Low fat milk, liquid sugar (sugar, water), contains less than 1% of: cocoa (processed with alkali), corn starch, salt, carrageenan, natural flavor, vitamin A palmitate, vitamin D3.	
<b>Yogurt Cup Cal80</b> <i>Ingredients:</i> Cultured Pasteurized Grade A Low Fat Milk, Sugar, Modified Corn Starch. Contains less than 1% of: Kosher Gelatin, Citric Acid, Vegetable and Fruit Juice (for color), Potassium Sorbate Added to Maintain Freshness, Natural Flavor, Vitamin A Acetate, Vitamin D3.	

## Choice of Bread

<b>Wheat Bread 2 slices Cal140</b> <i>Ingredients:</i> enriched wheat flour [flour, malted barley flour, reduced iron, niacin, thiamin mononitrate (vitamin b1), riboflavin (vitamin b2), folic acid], water, high fructose corn syrup, yeast, salt, soybean oil, mono- and diglycerides, calcium propionate (preservative), calcium sulfate, soy lecithin, citric acid, date, grain	
<b>White Bread 2 slices Cal130</b> <i>Ingredients:</i> Enriched wheat flour [flour, malted barley flour, reduced iron, niacin, thiamin mononitrate (vitamin b1), riboflavin (vitamin b2), folic acid], water, high fructose corn syrup, yeast, salt, soybean oil, mono- and diglycerides, calcium propionate (preservative), calcium sulfate, soy lecithin, citric acid, date, grain	

# SAMPLE



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## Please Choose Entrees

<b>Herb Pork 3oz Cal215</b> Ingredients: Pork, coated with: salt, dextrose, hydrolyzed soy protein, corn syrup solids, onion powder, caramel color, garlic powder, spice, soybean oil, natural flavor Salt, dextrose, food starch-modified, chicken fat, palm oil and soybean oil, monosodium glutamate, onion powder, turmeric, spice and natural flavorings, disodium inosinate and disodium guanylate, oleoresin paprika	Qty
<b>Grill Chicken Panini 3oz Cal370</b> Ingredients: Chicken, Rib Meat, Water, Soybean Oil, Food Starch Modified, Salt, Sodium Phosphate, Flavorings, and Soy Lecithin. Panini ingredients: Water, Whole Wheat Flour, Enriched Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Cherry Strudel Filling (water, sugar, corn syrup, modified corn starch, cherries, citric acid, sodium citrate, black carrot and black currant juice concentrate added for color, malic acid, salt, invert sugar, sodium benzoate [preservative], natural flavor, gellan gum, xanthan gum, locust bean gum, carrageenan), Sugar, Soybean Oil. Contains 2% or less of: Yeast, Nonfat Milk, Salt.	
<b>BBQ Ribs 3oz (2 bones) Cal160</b> Ingredients: Pork, water, salt, sodium tripolyphosphate BBQ sauce ingredients: High fructose corn syrup, tomato paste, distilled vinegar, water, food starch-modified, salt, contains less than 2% of pineapple juice concentrate, caramel color, molasses, corn syrup, spices, natural flavors, sodium benzoate (a preservative), garlic*, sugar, dextrose, celery, tamarind. *dehydrated. common allergens present:	
<b>Cheese Lasagna Roll w/ Marinara 3oz Cal200</b> Ingredients: Ricotta Cheese (Pasteurized Whey, Pasteurized Milk, Vinegar, Carrageenan [Stabilizer]), Enriched Semolina Flour (Durum Wheat, Niacin, Ferrous Sulfate, Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid), Water, Heavy Whipping Cream (Cream, Milk, Carrageenan), Contains Less Than 2% Of: Parmesan Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Romano Cheese (Pasteurized Cow's Milk, Cheese Cultures, Salt, Enzymes), Butter (Cream, Natural Flavorings [Lactic Acid, Starter Distillate, Culturoma]), Eggs, Modified Food Starch, Onion, Garlic, Parsley, Citric Acid, Salt Marinara Sauce ingredients: Tomato Puree (Water, Tomato Paste), Diced Tomatoes, Less Than 2% Of: Sugar, Soybean Oil, Salt, Spice, Dried Garlic, Dried Onion, Olive Oil, Citric Acid, Sea Salt, Natural Flavor.	
<b>4- Boneless Wings 3oz Cal226</b> Ingredients: Boneless, skinless chicken breast chunks with rib meat, water, wheat flour, seasoning (salt, sugar, maltodextrin, garlic powder, disodium inosinate and disodium guanylate, natural flavors), modified food starch, sodium phosphates. BREADED WITH: Bleached wheat flour, water, modified food starch, wheat flour, rice flour, salt, wheat gluten, spices, yeast extract, dextrose, yellow corn flour, powder, leavening (sodium acid pyrophosphate, sodium bicarbonate), garlic powder, maltodextrin, sugar, natural flavor, yeast, extractives of paprika and turmeric, natural color. Breeding set in vegetable oil.	
<b>Country Fried Steak w/ Country Gravy 3oz Cal315</b> Ingredients: Beef, Water, Textured Vegetable Protein (Soy Protein, Soybean Oil, Soy Lecithin, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper, Calcium, Vitamin B6, Vitamin B12), Contains 2% or less of: Autolyzed Yeast, Dextrose, Disodium Inosinate and Disodium Guanylate, Extra Virgin Olive Oil, Soy Sauce, Maltodextrin, Natural Flavors, Onion, Salt, Skim Milk, Sodium Phosphate, Sodium Bicarbonate, Methylcellulose, Modified Corn Starch, Soybean Oil, Potato Flour, Salt, Soy Flour, Soybean Oil, Spices, Yellow Corn Meal, Breadcrumbs (Wheat Flour, Modified Food Starch, Palm Oil, Maltodextrin, Salt, Corn Syrup Solids, Contains 2% or less of: Spice, Sodium Caseinate, Dipotassium Phosphate, Dextrose, Titanium Dioxide, Mono and Diglycerides, Artificial Flavor, Beta Carotene, Caramel Color, Yellow 6, Sodium Hexametaphosphate, Silicon Dioxide)	
<b>Egg Frittata 3oz Cal120</b> Ingredients: Whole eggs, water, egg whites, ham with natural juices -smoke flavor added, pasteurized process cheddar cheese, onion, cream cheese, red peppers, green peppers, modified food starch, salt, xanthan gum, natural flavor, citric acid, and annatto	
<b>French Toast w/ Chicken Sausage 3oz Cal300</b> Ingredients: BREAD: Whole wheat flour, water, wheat gluten, sugar, yeast, soybean oil, salt, ethoxylated mono and diglycerides, calcium propionate (preservative), calcium sulfate, monocalcium phosphate, corn starch, soy lecithin, azodicarbonamide. EGG BATTER: Whole eggs, whey (milk), sugar. Contains 2% or less of the following: salt, natural vanilla flavor (water, alcohol, propylene glycol, invert syrup, natural flavors, vanilla extract and caramel color), xanthan gum, citric acid. CINNAMON GLAZE: soybean oil, sugar, cinnamon, vegetable mono and diglycerides, salt natural flavors, beta carotene (color), vitamin A palmitate. Sausage ingredients: Boneless dark chicken, seasoning [salt, dextrose, spices, beef flavor (contains salt, autolyzed yeast extract, beef extract), maltodextrin, beef fat, modified corn starch, onion powder, yeast extract, natural flavor, garlic powder, sodium succinate, beef gelatin, gum arabic, ascorbic acid], modified food starch, water, sodium phosphates, caramel color, natural flavors. Blanched in vegetable oil.	

## FEBRUARY

### Please Choose «TOTAL Meal

<b>Mashed Potatoes 4oz Cal130</b> Ingredients: Potatoes, Water, Margarine (liquid and hydrogenated soybean oil, water, contains less than 2% of vegetable mono and diglycerides, soy lecithin, citric acid, natural flavor, vitamin A palmitate added), Nonfat Milk Solids, Salt, Potassium Sorbate to protect flavor, Titanium Dioxide, Sodium Pyrophosphate to maintain color, Modified Corn Starch, Glucono Delta Lactone, Xanthan Gum. Garlic	Qty
<b>Potato Rounds 4oz Cal130</b> Ingredients: Potatoes, Water, Margarine (liquid and hydrogenated soybean oil, water, contains less than 2% of vegetable mono and diglycerides, soy lecithin, citric acid, natural flavor, vitamin A palmitate added), Nonfat Milk Solids, Salt, Potassium Sorbate to protect flavor, Titanium Dioxide, Sodium Pyrophosphate to maintain color, Modified Corn Starch, Glucono Delta Lactone, Xanthan Gum. Garlic	
<b>Garden of Eatin' 4oz Cal130</b> Ingredients: Potatoes, Water, Margarine (liquid and hydrogenated soybean oil, water, contains less than 2% of vegetable mono and diglycerides, soy lecithin, citric acid, natural flavor, vitamin A palmitate added), Nonfat Milk Solids, Salt, Potassium Sorbate to protect flavor, Titanium Dioxide, Sodium Pyrophosphate to maintain color, Modified Corn Starch, Glucono Delta Lactone, Xanthan Gum. Garlic	
<b>Cheddar Cheese 4oz Cal190</b> Ingredients: Cheddar Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Butter (Cream, Natural Flavorings [Lactic Acid, Starter Distillate, Culturoma]), Eggs, Modified Food Starch, Onion, Garlic, Parsley, Citric Acid, Salt	
<b>Red Beans 4oz Cal130</b> Ingredients: Red Beans, Water, Salt, Zinc Chloride (for color stabilization) dehydrated garlic, black pepper, dehydrated onion, spices, red pepper.	
<b>Green Beans 4oz Cal120</b> Ingredients: Green Beans, Water, Salt, Zinc Chloride (for color stabilization) dehydrated garlic, black pepper, dehydrated onion, spices, red pepper.	
<b>Carrots 4oz Cal130</b> Ingredients: Carrots	
<b>Harvard Beets 4oz Cal150</b> Ingredients: Beets, water, high fructose corn syrup, vinegar, salt, natural flavorings. cornstarch,	
<b>Broccoli 4oz Cal150</b> Ingredients: Broccoli	

### Please Choose «TOTAL Meal

<b>Italian Veggie Blend 4oz Cal40</b> Ingredients: Boccoli, Cauliflower, Carrots, Italian Green Beans, Lima Beans	Qty
<b>Green Beans 4oz Cal20</b> Ingredients: Green Beans, Water, Salt, Zinc Chloride (for color stabilization) dehydrated garlic, black pepper, dehydrated onion, spices, red pepper.	
<b>Carrots 4oz Cal130</b> Ingredients: Carrots	
<b>Harvard Beets 4oz Cal150</b> Ingredients: Beets, water, high fructose corn syrup, vinegar, salt, natural flavorings. cornstarch,	
<b>Broccoli 4oz Cal150</b> Ingredients: Broccoli	

Please have your menu ready for your driver