



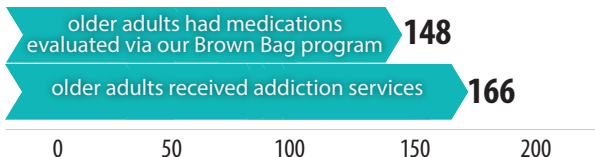
# Mature Services' Public Impact

Mature Services provides high-quality programs to empower the economic, social, physical, and mental well-being of adults as they age.

415 South Portage Path • Akron, OH 44320  
330-253-4597 • [www.matureservices.org](http://www.matureservices.org)

## Stay Home-Stay Healthy!

**Avenues to Recovery** offers assistance in both mental health counseling and alcohol and substance abuse treatment and prevention programs. *The result:*



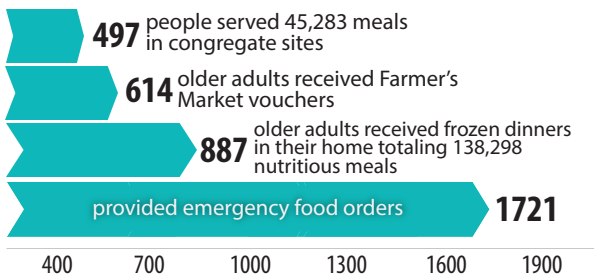
**Community Impact:** By supporting older adults' ability to be self-managed and independent for a longer period of time, we are maximizing personal control over daily life and delaying or eliminating relocation to institutional environments.

**Homecare Services** provides in-home assistance to older adults with disabilities to help them remain self-sufficient and independent in their own homes. *The result:*



**Community Impact:** Homecare services cost an average of \$2,000 per year compared to Nursing Home costs of \$75,000 per year often paid for by Medicaid dollars supported by our communities. Homecare focuses on self-sufficiency and wellness, including fall prevention, working to make the home environment safe and reduce hospital visits due to falling.

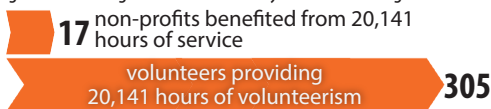
**Nutrition Services** provides hot meals at congregate dining centers and home delivered meals. A Farmer's Market program provides vouchers to purchase fresh fruit and vegetables at local farmer's markets each summer. An Emergency Food Pantry provides 3 days' worth of food to anyone in need every 30 days. *The result:*



**Community Impact:** Older adults receiving proper nutrition will reduce hospital and nursing home admissions due to health issues relating to poor diet and preventing an increase in costs to Medicare and Medicaid. Our unique menu of tasty food options provides older adults with an opportunity to make their own healthy food choices, increasing the likelihood that they will eat the food provided to them.

## Stay Home - Stay Involved!

**Volunteers** help Mature Services directly by volunteering bi-monthly. **RSVP** coordinates volunteer opportunities for adults ages 55+ to provide meaningful assignments throughout the community with our host agencies. *The result:*



150 200 250 300 350

**Community Impact:** Studies show that there are positive health benefits linked to volunteerism, including a reduction in mortality, increases in physical function, muscular strength and levels of self-rated health. Volunteering also reduces symptoms of depression and an increase in life-expectancy which improves health outcomes and cost savings.

## Stay Home - Stay Independent!

**Job Club** is an intensive job seeking course that provides assistance with goal setting, resume development, interviewing, cold calling and finding unadvertised jobs.



75 100 125 150 175 200

**Community Impact:** Improving upon interviewing and computer skills provides for the availability of a more skilled workforce to our communities. The improvement in skill sets generates more job offers with higher wages and provides for improvements in economic development and better search outcomes.

**Senior Community Service Employment Program (SCSEP)** provides paid work experience at non-profit and government agencies to low income individuals ages 55 and over. *The result:*



1000 4000 8000 12000 16000 18000

**Community Impact:** By participating in training programs and SCSEP, older adults can serve in non-profits, government agencies, and other community groups in various capacities. This creates not only the economic benefit of employment, but social benefits as well, providing an innovative strategy for engaging older professionals to help support community assets.

## How can you help?

### Donate

- Our Senior Love Fund, an endowment with the Akron Community Foundation to support unfunded programs
- Cash and in-kind donations to support causes you are most connected to

### Hire our Social Enterprises

- Mature Staffing Systems provides temporary to permanent job placement for people 40+
- Encore specializes in providing retired professionals in capacity building projects for non-profits
- Cleaners to the Rescue provides help for major cleaning jobs, including moving and spring cleaning
- Festive Food Catering offers specially prepared menu options for small and large group catered events